



2409-459

Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

No. 286, s.2024

**VIGAN CITY HEALTH OFFICE (PROJECT SIBOL) SAFEGUARDING AND
INFLUENCING OUR BIGUEÑOS YOUTH TOWARDS OPTIMUM LEVEL OF HEALTH
PROJECT**

To: Public Elementary and Secondary School Heads
All School Health and Nutrition Personnel
All Others Concerned

1. The Local Government of Vigan City through the City Health Office will be providing various health services to students through the **Project SIBOL (Safeguarding and Influencing Our Bigueños Youth Towards Optimum Level of Health)** on September 10, 2024 onwards. The kick-off activity of the said program will be held on **September 10, 2024 (Tuesday)** at **Nagsangalan Elementary School**.
2. The objective of the program is to ensure optimal health among young adolescents. The following are the services of the said program:
 - **HPV Vaccination** (9-14 year old Female Adolescents)
 - **Iron-Folic Supplementation** (Grade 7-12 Female Adolescents)
 - **Provision of Menstrual Kits** (Grade 4 & 5, Menstruating Females)
 - Grade 4 & 5 Classroom advisers are to identify and input the said menstruating females in this link: <https://bit.ly/GirlCodeRed2024>
 - **Hematocrit and Hemoglobin Testing** (Malnourished Children)
 - **Lecture on Fertility and Reproductive Health**
3. All eligible learners are required to have a parental consent to be signed by either their parent/guardian to be able to avail of the services. Attached is a copy of the consent form.
4. Enclosed is a copy of the letter of Dr. Loida Ranchez, MD, the program flow for the kick-off activity with the schedule of the rest of the schools in Vigan City for reference.
5. This will serve as locator slip for the school health and nutrition personnel in monitoring the conduct of the said activities.



Address: Mena Crisologo St. corner Rivero St., Brgy. IX, Vigan City, Ilocos Sur
Telephone No: (077) 722-20-23 / (077) 632-05-33
Email Address: vigan.city@deped.gov.ph
Website: www.depedviganacity.com

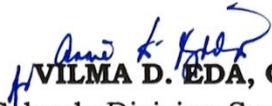
**Your Feedback is important to us. Visit this link bit.ly/SDOViganCityCSM
Lama/04192024**

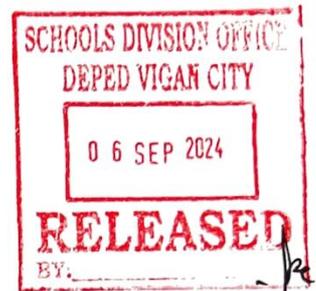




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6. Widest Dissemination of this memorandum is desired.


VILMA D. EDA, CESO V
Schools Division Superintendent



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Consent for Health Services

This is to express my approval for my child to receive free health services provided by the Department of Education, Department of Health, City Government of Vigan and this school.

These free Health Services that needs consent include the following:

Health Services	Other Details (Coverage and Schedule)	Pls. check (v) the services you want your child to receive
Date: _____ SY: _____ 1. School-Based Deworming (Pinag-purga) <i>Ref: Regional Memo dated June 1, 2017 re: School-Based Deworming and Weekly Iron w/ Folic Acid for Grade 7-10 female adolescents and DepEd Memo no. 80, s. 2015 re: Guidelines on the Implementation of the National School-Deworming Day</i>	Kinder to Grade 12, 1 st round -every July and 2 nd round – every January	<input type="checkbox"/>
2. School-Based Immunization (Bakuna) (starts every August) <i>Ref: DM 128, s. 2016 - Implementation of School-Based Immunization Program</i> • Please get immunization history from the immunization card and parents during enrolment	Measles and Rubella Vaccine (usually done in Grade 1 and Grade 7 both male and female students)	<input type="checkbox"/>
	Tetanus and Diphtheria Vaccine (usually done in Grade 1 and Grade 7 both male and female students)	<input type="checkbox"/>
	Human Papillomavirus Vaccine (HPV Vaccine) for Grade 4 females 9 to 13 y/o only	<input type="checkbox"/>
3. Medical and Oral Health Examination and Appropriate Intervention <i>Ref: DO no. 65, s. 2009 Implementation of Essential Health Care Program (EHCP) for the School Children</i>	Part of the School Health Program for the school children (DepEd and CHO)	<input type="checkbox"/>
4. Nutritional Status Assessment and Appropriate Intervention <i>Ref: DO no. 51, s. 2016 re: Implementation of the School-Based Feeding Program</i>	School Feeding Program (for Undernourished School Children) Health and wellness Program (Over nourished school children)	<input type="checkbox"/>
5. Iron folic Supplementation <i>Ref: Regional Memo dated June 1, 2017 re: School-Based Deworming and Weekly Iron w/ Folic Acid for Grade 7-12 female adolescents</i>	Iron supplements given to female students only in Grade 7 to 12 and ALS	<input type="checkbox"/>
6. Human Papilloma Virus Vaccination (HPV)	Vaccine to 9-14 years old female adolescent protection against genital warts and most cases of cervical cancer caused by HPV.	<input type="checkbox"/>
7. Hematocrit and Hemoglobin Testing	Laboratory test for malnourished children for Kinder to Grade 6 on the surveillance checking of blood workout for further health status management	<input type="checkbox"/>

Name of Student: _____
School: _____ Grade and Section: _____

Name and Signature of Parent/Guardian
Contact No: _____

Reason for Refusal/ Rason no apay nga saan palubosan ti anak/ubbing:

Date: _____

To: Schools Division Superintendent/City Mayor:

Name and Signature of Parent/ Guardian

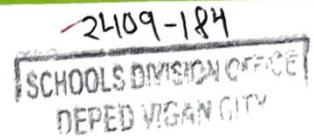


Republic of the Philippines
Province of Ilocos Sur
City of Vigan



September 4, 2024

VILMA D. EDA, CESO V
Schools Division Superintendent
Vigan School Division Office
Barangay IX, Vigan City



04 SEP 2024



Dear **Superintendent Eda**:

Greetings!

To ensure optimum health among our young adolescents, the City Health Office will be providing various health services to our students through **Project SIBOL (Safeguarding and Influencing Our Bigueños Youth Towards Optimum Level of Health Project)**. The project includes **HPV Vaccination** (9-14 Female Adolescents), **Iron-Folic Supplementation** (Grade 7-12 Female Adolescents), **Provision of Menstrual Kits** (Grade 4-Grade 5 Female Who are Menstruating), **Hematocrit and Hemoglobin Testing** (Malnourished Children) and **Conduct of Lecture on Fertility and Reproductive Health**.

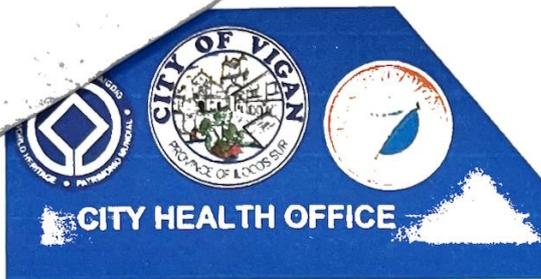
Relative to this, we would like to request **Nagsangalan Elementary School** to be our host and venue for our kick-off activity on **September 10, 2024**. We will be providing snacks and t-shirts for the said activity. Mr. Jen0 Josef Figuracion (09171758401) of the City Health Office will closely coordinate with your office regarding the details of the activity. We've attached the flow of the program and the schedule for other schools for your comment and approval.

Thank you and we look forward working with you!

Respectfully yours,


LOIDA A. RANCHES, MD

"Our obligation to the past is to ensure a better future."



Republic of the Philippines
Province of Ilocos Sur
City of Vigan



PROGRAM FLOW

I. Program Proper

Prayer National Anthem Vigan Hymn	AUDIO VISUAL PRESENTATION
Opening Message	HON. JANINA CARINE MEDINA-FARIÑAS Chairperson, Committee on Health, Sanitation and Nutrition
Inspirational Messages	HON. JOSE "BONITO" SINGSON, JR City Mayor
	HON. ADA JOANA FE ARTAJOS Chairperson, Committee on Education
	ENGR. JOHN C. FOZ, CE, SE Provincial Team Leader, Department of Health – Ilocos Sur
	VILMA D. EDA, CESO V Schools Division Superintendent
Rationale of the Project	MR. JENO JOSEF FIGURACION Nurse I – National Immunization Program Coordinator
Ceremonial Activity *HPV Vaccination *Weekly Iron-Folic Acid Supplementation *Provision of Menstrual Kit	CITY OFFICIALS, MEMBER OF THE CITY HEALTH BOARD, CITY HEALTH OFFICE STAFF, GUESTS
Word of Thanks	MS. ANA CASTOR Principal, Nagsangalan Elementary School

II. Adolescent Health Services

Medical and Dental Check-up Peer to Peer Education	CITY HEALTH OFFICE, DEPED AND OTHER PARTNERS
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**From DepEd
Masters of Ceremony**

"Our obligation to the past is to ensure a better future."



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Schedule of Project SIBOL (Safeguarding and Influencing Our Bigueños Youth Towards Optimum Level of Health Project)

DATE	TIME	SCHOOL
September 10, 2024	8:00 AM – 11:30 AM	Nagsangalan Elementary School
	2:00 PM – 4:00 PM	Raois Elementary School
September 16, 2024	9:00 AM – 11:30 AM	Pantay Integrated School
	2:00 PM – 4:00 PM	Jose Singson Elementary School
September 26, 2024	9:00 AM – 11:30 AM	San Julian Elementary School
	2:00 PM – 4:00 PM	Capangpangan Elementary School
October 2, 2024	9:00 AM – 11:30 AM	Bulala Paratong Elementary School
	2:00 PM – 4:00 PM	Tamag Elementary School
October 4, 2024	9:00 AM – 11:30 AM	Cabaroan Cabalangean Elementary School
	2:00 PM – 4:00 PM	Camangaan Elementary School
October 9, 2024	9:00 AM – 11:30 AM	Rugsuanan Puroc Elementary School
	2:00 PM – 4:00 PM	Ayusan Paoa Elementary School
October 11, 2024	9:00 AM – 11:30 AM	Gov. Evaristo Singson II Memorial School
	2:00 PM – 4:00 PM	Mindoro Elementary School
October 16, 2024	9:00 AM – 11:30 AM	Burgos Memorial School East
	2:00 PM – 4:00 PM	Salindeg Pong-ol Barraca Elementary School
October 18, 2024	9:00 AM – 4:00 PM	Burgos Memorial School West
October 21, 2024	9:00 AM – 4:00 PM	Vigan Central School
To be identified (4 days)	9:00 AM – 4:00 PM	Ilocos Sur National High School
To be identified (2 days)	9:00 AM – 4:00 PM	Vigan National High School East
To be identified (1 day)	9:00 AM – 4:00 PM	Vigan National High School West

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