



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

No. 55, s.2025

**DIVISION INTENSIVE TRAINING IN PREPARATION TO THE
2025 REGION 1 ATHLETIC ASSOCIATION (R1AA) MEET**

To: Assistant Schools Division Superintendent
Chief Education Supervisor (SGOD & CID)
Public & Private Elementary, Secondary Schools & SUC
All Others Concerned

1. Under Republic Act 10588, also known as the "Palarong Pambansa Act of 2013," it is the State's policy to support programs that enhance and promote the Palarong Pambansa as the primary means of providing in-school sports opportunities to improve the physical, intellectual, and social well-being of the youth. Also, in preparation to the Region 1 Athletic Association Meet tentatively schedule on March 10-15,2025, this office announces the conduct of the intensive training from February 7-March 6,2025.
2. The training aims to:
 1. enhance the competence level of student-athletes in their respective events;
 2. familiarize house rules imposed by the delegation;
 3. raise the overall performance in the 2025 R1AA Meet; and
 4. establish teamwork and camaraderie among members in the team and in the entire delegation in general.
3. Parent's permit of athletes must be secured and submitted to the coaches before the conduct of training
4. Coaches are directed to submit all documentary requirements of athletes, coaches, assistant coaches and chaperones on February 7,2024 to the Division Screening and Accreditation Committee for the evaluation of the credentials. The files can be download in this link <https://tinyurl.com/3647hbus>.
5. School Health and Nutrition Section will conduct physical and dental examinations of athletes and coaches starting on **February 7, 2025 to February 14, 2025** at Ilocos Sur National High School. Prior to the conduct of the medical examinations, schools are instructed to prepare the master list of athletes (per grade level) and submit through this link <https://tinyurl.com/bdh2vemp>. Medical and dental forms needed such as MC Form 1, MC Form 2, MC Form 3 and Dental Health Record. Athletes should bring their parent's consent and medical history forms (MC Form 2) signed by their parents/guardians. The following documents can also be



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downloaded through <https://tinyurl.com/3647hbus>. **NO SIGNED FORMS, NO MEDICAL/DENTAL CHECK UP.**

6. Athletes from archery, athletics and swimming must meet the minimum qualifying standard based on the DepEd Memorandum 20 & 21 s. 2024 titled *Conduct of 2024 Palarong Pambansa competitions & Updates in DepEd Order 20 s. 2024* respectively. Failure to do so shall forfeit their participation in the Regional Meet.

7. This Office also reiterates the submission of the training plan during the event to be submitted on or before February 7, 2025. Attached is the training plan template for reference.

8. To ensure that the "No Disruption of Classes Policy" will be observed, schools are enjoined to make necessary arrangements to preclude any disruption of classes and ensure normal school operations. Make-up classes shall be promptly arranged by the respective school heads and homeroom advisers to ensure that learner-athletes will catch up with missed lessons and other school works". In addition, schools concerned are advised to provide Self-Learning Modules (SLMs) and Learning Activity Sheets (LASs) to the learner athletes as part of intervention measures for classes missed. Moreover, owing to the schedule of the 2025 R1AA intensive training, this office directs all affected schools to conduct the early quarterly examination for the athletes.

9. Athletes, coaches, assistant coaches, chaperones & technical officials are advised to bring their tumblers, eating utensils, food containers and sleeping paraphernalia during the training. Coaches per event are requested to prepare at least 4 food containers and 4 rice containers that will suffice the quantity of meals for their respective athletes while the host schools are advised to prepare their respective pantries.

10. Athletes are not allowed to go home at night time, likewise coaches, assistant coaches, and chaperones are also required to stay with their athletes following the prescribed schedule in the duration of the intensive training.

11. Identified billeting school shall ensure the classroom cleanliness and security. During the day, billeting rooms shall still be utilized as classroom for students to ensure the observance of DepEd Order No. 09, s. 2005 "Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith", which outlines crucial guidelines for educational activities to maximize students' learning time and ensure adherence to curriculum standards.

12. In strict compliance with DepEd Order No. 40, s. 2012 also known as the Child Protection Policy, coaches and assistant coaches of the individual and dual events shall accompany their athletes in going to the training venue for the safety and security of the athletes. School heads are advised to report immediately to the Division Legal Designate or Learner Rights and Protection Focal Person any incidents of bullying, abuse, and harassment of athletes for corresponding sanction or administrative charges.



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13. Division section heads of the personnel involved in the management of the training are directed to adopt alternative work arrangement during training to ensure operational efficiency.

14. This memorandum serves as the **Locator Slip** to all the identified participants except for the gymnastics team who are directed to submit authority to travel in compliance with DepEd Order 43 s. 2022 title Omnibus Travel Guidelines for all personnel of the Department of Education.

15. Enclosed is the Participants to the 2025 R1AA Intensive Training, Playing Venue, Billeting School and Monitoring-in-Charge, Medical and Mess Team, Division Screening and Accreditation Committee, Training Plan Template, Medical Examination Schedule & Directory for R1AA Intensive Training for reference.

16. Coaches, asst. coaches, chaperones, medical and mess members, monitoring members and billeting school in-charge who are classroom teachers will be granted with service credits pursuant to DepEd Memorandum No. 35. s 2003 on the Revised DepEd Order for Granting Service Credits for Teachers while non-teaching personnel will be granted Compensatory Time-Off (CTO) pursuant to CSC/DBM Joint Circular No. 2, s. 2014.

17. Immediate dissemination of this memorandum is desired.

V. D.
VILMA D. BDA, CESO V
Schools Division Superintendent

Incl:

Participants to the 2025 R1AA Intensive Training
Playing Venue, Billeting School and Monitoring-in-Charge
Medical and Mess Team
Division Screening and Accreditation Committee
Training Plan Template
Medical Examination Schedule
Directory Of The 2025 R1AA Intensive Training
To be indicated in the Perpetual Index
under the following subject:

ATHLETES OFFICIALS CONTEST RULES AND REGULATIONS CRITERIA SPORTS TRAINING CHILD PROTECTION
SGOD/DSD



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PARTICIPANTS TO THE 2025 R1AA INTENSIVE TRAINING

No.	NAME OF ATHLETE	SCHOOL	GRADE LEVEL/ GENDER	NAME	ROLE	OFFICIAL STATION	
ARCHERY							
1	Nemuel Josh M. Yabes	ISNHS	Secondary Boys	Kenneth Matthew V. Obrero Kniethel R. Rabara Paula Louise Catura	Coach	ISNHS	
2	James Kale D. Manangdang	ISNHS			Technical Official	ISNHS	
3	Joshua Clyde Amarin	ISNHS			Technical Official	ISNHS	
4	Marc Justine Cabradilla	ISNHS					
5	Jhandie Gail N. Amistad	ISNHS	Secondary Girls	Jonathan H. Delos Reyes Julio Amistad Leslie T. Perper	Trainer		
6	Eunice Anne C. Ragasa	ISNHS			Coach	ISNHS	
7	Alliyah Beatriz R. Racca	ISNHS			Chaperone	ISNHS	
8	Karen J. Avila	ISNHS					
ARNIS							
1	Joshua Migelle Alias	PIS	Elementary Boys	Jukonn Niño A. Rivad	Coach	PIS	
2	Ivan Rainer Rafanan	PIS					
3	Karl Khiency Pinget	PIS			Roel Rabang	Technical Official	PIS
4	C-Jhay Gonzales	PIS	Elementary Girls	Rhoda Ped	Coach		
5	Decerie Quintip	PIS					PIS
6	Adrea Mae Alias	PIS					
7	Jacob Cyrus Amarin	ISNHS	Secondary Boys	Christian Arca	Coach	ISNHS	
8	Marck Emmanuel Banez	ISNHS					
9	Cian Joshua Carpio	ISNHS					
10	Carl Ejay Pacia	ISNHS					
11	Cyril Jacob Argallon	VNHSE					
12	Khenya Roma De Peralta	UNP	Secondary Girls	Clouette Pantaleon Josephine Rabaca	Coach	ISNHS	
13	Shane Angela Saribay	UNP			Technical Official	ISNHS	
14	Camille Joy Redoble	UNP					
15	Vinette Tullas	ISNHS					
16	Louriane Alota	ISNHS			Mark Jairus Pagdilao	Trainer	
ATHLETICS							
1	Andrei Cagurangan	VCS	Elementary Boys	Johnny Ulibas Rodelio Rivera	Coach	RPES	
2	Zian Kurt Perilla	STA			Asst. Coach	SJES	
3	Clyde Nino Sander Singson	BMSW					
4	Prince Jarhen Teaño	BMSW					
5	Eighten Neir Rotor	RPES					
6	Xian Kurt Dela Cruz	SJES					
7	Mateo Jake Agapinan	GESIIMS					



8	Allen Dave Peralta	SJES					
9	Christian Lorenz Ramat	RPES					
10	Jambert Repollo	GESIIMS					
11	Adrian Josh Abella	RPES					
12	Rudimark Alones	SJES		June Villa	Trainer		
13	Raiza Marie Casibang	RPES	Elementary Girls	Laila Raping	Coach	BMSW	
14	Athena Tadeo	BMSE		Marivic Raboy	Asst. Coach	BMSE	
15	Darlyn Medrano	BPES					
16	Angelica Bayuca	BMSW					
17	Jasmine Cortez	GESIIMS					
18	April Ann Collado	BMSW					
19	Britanny Kaye Suyat	GESIIMS					
20	Anjeline Yvonne Passion	SJES					
21	Paulene Reyes	SPBES					
22	Ian Lets Abero	RES					
23	Elisa Magno	GESIIMS					
24	Czarina Arce	CAPES			Roland Canta	Trainer	
25	King Limuel Quidolit	VNHSE		Secondary Boys	Jefferson Rabaca	Coach	VNHSE
26	John Mark Azcueta	ISNHS	Lester Jehn Agtutubo		Asst. Coach	ISNHS	
27	Dexter Ponce	ISNHS					
28	John Mark Fortozo	ISNHS					
29	Peter Jules Tabangcura	ISNHS					
30	Jhan Symon Altares	ISNHS					
31	Owen Axcel Bautista	ISNHS					
32	Jaris Jake Repollo	ISNHS					
33	Mark Yanis Palce	VNHSE					
34	Cyril Zabadeah Abella	VNHSE					
35	Rhenzel Amano	VNHSE					
36	Bryan Pinto	ISNHS					
37	Antonio Astronomo	VNHSE					
38	Mark Raven Pescador	ISNHS					
39	Renz Marione Rabula	ISNHS		Romeo Soriano	Technical Official	VNHSE	
40	Louise Crisel Reyes	ISNHS	Secondary Girls	Monette Refuerzo	Coach	VNHSE	
41	Reena Mescha Nuñez	ISNHS		Evelyn Paa	Asst. Coach	ISNHS	
42	Jenica Nadine Rojas	ISNHS					
43	Angelyn Baptista	VNHSE					
44	Rhihamah Josh De Guzman	ISNHS					
45	April Joy Dingle	ISNHS					
46	Nadine Amirah Aguila	ISNHS					
47	Angela Castillo	VNHSE					
48	Clarissa Trinidad	VNHSE					
49	Zamantha Follosco	ISNHS					
50	Cherry Macabeo	ISNHS					
51	Rexie Arhiane Vasquez	Lyceum					
52	Glydelyn Palacpac	VNHSE					
53	Zaisa Mae Fiest	ISNHS					
54	Julie Ann Baclig	ISNHS		Roland Canta	Trainer		



BADMINTON						
1	Jericko Nathan Queypo	ISNHS	Secondary Boys	Maverick Perez	Trainer	ISNHS DWCV
2	Deneb A. Acellana	DWCV		Edward Henry M. Caoile Fredelino A. Cabanit Jr.	Coach	
3	Danne Kriel Rolle	ISNHS		Asst. Coach		
4	Treant Laurence Frando	ISNHS				
5	Mirasol R. Baquiran	ISNHS	Secondary Boys	Angelica R. Lapitan	Coach	ISNHS
6	Lorhaine De Los Santos	ISNHS				
7	Shanelle Anne Dimaandal	ISNHS				
8	Lei Jueshaine Madriaga	ISNHS				
9	Rhedrick Padua	VCS	Elementary Boys	Reynor T. Valderosa Ronald R. Pre Jr.	Coach	VCS
10	Robert Kendre Formoso	VCS		Asst. Coach	PIS	
11	Louie Jim Montano	PIS				
12	Andrei Jake Rabanal	PIS				
13	Marzea Greann Queypo	VCS	Elementary Girls	Editha P. Alejo	Coach	VCS
14	Apple Joy Azada	VCS		Anna Claire V. Barcesa	Asst. Coach	VCS
15	Ma. Andrea Alviar	VCS		Ammiel Dwane Alquetra	Technical Official	VNHSE
16	Jeanna Lovelle Remillo	VCS		Melvin Rodrigo Barre	Technical Official	ISNHS
BASEBALL						
1	Charles Xymon Arcena	NES	Elementary Boys	Aldrix S. Campos Joseph Bautista	Coach	NES
2	Rhaigne Pugal	NES		Asst. Coach	APES	
3	Whetly Jyrone Piscalbo	NES				
4	Grayson Cliff Fenol	NES				
5	Salvien Jimenez,	NES				
6	Dennis John Valdez II	NES				
7	Jhun Marco Jainar	NES				
8	Aaron John Quintos	NES				
9	Zion Daniel Anicas	NES				
10	Roel Elois Tabrilla	NES				
11	Excel Xraytos Lara	NES				
12	Marion Angelo Pastor	NES		Antonio Sta. Ana Ibabao		
13	Christian Karl H. Rabago	UNP	Secondary Boys	Anselmo Organo	Coach	UNP
14	Yeshua Jherald De Peralta	UNP		Jason Burlaza	Asst. Coach	UNP
15	Mark James T. Gudito	UNP				
16	Raphael Gerald D. Galapon	UNP				
17	Char Bhenrique Bautista	UNP				
18	Lee Drake Arce	UNP				
19	Noel Angelo Llanes	UNP				
20	Kyle Benedict Tactay	UNP				
21	Vince Gerome Bolante	UNP				
22	Dylan Carl V. Cuyo	UNP				
23	Amhriel G. Bautista	UNP				
24	Gomer Alconcel	UNP		Alvin Dela Paz	Trainer	
BASKETBALL						



1	James Bryan Esguerra	ISNHS	Secondary Boys	Raymart Bilgera	Coach	ISNHS
2	Jaylord A. Mercurio	ISNHS				
3	Jobel Joshua Villa	ISNHS				
4	Jesus Tychius D. Regalado	ISNHS				
5	Shalani Diaz	ISNHS	Secondary Girls	Mark Nickson Corpuz	Coach	ISNHS
6	Angela Grace Mayo	ISNHS				
7	Marielle Fate Labor	ISNHS				
8	Princess Espejo	ISNHS				
9	Carlos Anthony Abil	BMSE	Elementary Boys	Erwin A. Astraquillo	Coach	BMSE
10	Say Jay Mark Arzadon	BMSE				
11	Zian Axel Queng	BMSE				
12	Jan Gabriel Peralta	BMSE				
13	Joed Salazar	VCS	Elementary Boys	Jessie Ponce Jerick Cloyd Tactay	Coach Asst. Coach	VCS CAMES
14	Arwind Liwanag	VCS				
15	Vinxean Pzykhier R Gonzales	VCS				
16	Leonard M. Agcarao	VCS				
17	Alexander Asusano	VCS				
18	John Carl Bejarin	VCS				
19	Giovannie Kyle Gorospe	VCS				
20	Jhan Christopher Battad	VCS				
21	Jan Paolos Ballesteros	VCS				
22	John Louie Gumaru	VCS				
23	Mark James Pineda	VCS				
24	Jocker Vince Tobias	VCS				
25	Rhico James Arizabal	DWCV				
26	Simeon Victor Battad	DWCV				
27	Aldrich John Dumbrique	DWCV				
28	Tim Russel Fernando	DWCV				
29	Nathaniel Fernando	DWCV				
30	Donizon Norberte	DWCV				
31	Rein Vincent Quiba	DWCV				
32	Nikko Quitarano	DWCV				
33	Alwyn Kurt Rabanal	DWCV				
34	Akhiro Franz Reynon	DWCV				
35	Dwayne Mark Talania	DWCV				
36	Allexis Jhan Villegas	DWCV	Secondary Girls	Julie Kaye P. Pagal Diana Rose Robiñol	Coach Asst. Coach	ISNHS ISNHS
37	Karryl Escasiñas	ISNHS				
38	Carol Raceles	ISNHS				
39	Mariel Quirit	ISNHS				
40	Sunshine Armandico	ISNHS				
41	Zandra Paula Valencia	ISNHS				
42	Wendy Ragudo	ISNHS				
43	Andrea Jarata	ISNHS				
44	Kyla Marie Suyat Gragasin	ISNHS	Jake Codamon	Trainer		



45	Mika Jimenez	ISNHS				
46	Erika Mae Camba	ISNHS				
47	Maurine Jane Paa	ISNHS		Rino Manliguez	Technical Official	ISNHS
48	Clarette Quitevis	ISNHS		Raymund Espiritu	Technical Official	ISNHS

BILLIARDS

1	John Mark Torio	DWCV	Secondary Boys	Jayson Palacpac	Coach	ISNHS
2	John Carl Dela Cruz	ISNHS		Diane Mae Reyes	Chaperone	ISNHS
3	Trixia Keith Pascua	ISNHS	Secondary Girls	Joe Raffy Del Castillo	Coach	ISNHS
4	Runnel Julia Avecilla	ISNHS		Robin Padre	Trainer	

BOXING

1	Josh Clarence Taaca	ISNHS	Secondary Boys	Terry Ruizan	Trainer	
2	Edrin Borres	ISNHS		Marvelous Ragasa	Coach	ISNHS
3	Guiane Derick Borres	ISNHS		Norman Comia	Asst. Coach	ISNHS
4	Ric Hilner Taaca	ISNHS				
5	Homer Bello	ISNHS				
6	Allen Dave Mercado	ISNHS				
7	McKenzie Juno Rigunay	ISNHS				
8	Charles De Vera	ISNHS				
9	Eddie Boy Pizarro	ISNHS				
10	James Piano	ISNHS				

CHESS

1	Rylee Sean Racoma	BPES	Elementary Boys	Patrick Dulay	Trainer	
2	Cxian Bagasina	BPES		Benmarie Arrojo	Coach	BPES
3	Chryzan Aeryl Salum	GESIIMS	Elementary Girls	Mylene Agapinan	Coach	GESIIMS
4	Kayla Rae Arcena	VCS				
5	Kincent B. Racoma	ISNHS	Secondary Boys	Edward I. Presto	Coach	VNHSW
6	Christian Reindel L. Robinol	UNP		Louie Olanimo	Technical Official	ISNHS
7	Edshane Paiste	ISNHS	Secondary Girls	Mikko P. Ederon	Coach	ISNHS
8	Rizza Mae Palpal	ISNHS		Malenkov Lyndon Torres	Technical Official	ISNHS

DANCESPORTS

1	Maro Daneille A. Baylon	VCS	Elementary Boys	Jessa Nova G. Celana	Coach	VCS
2	Vhea G. Tabangin	VCS	Elementary Girls	Filipino Eben Dela Torre Jr.	Trainer	
3	Princess Mae Amay	VCS	Elementary Boys	Janeel Llanes	Coach	VCS
4	Zhen Jie Suero	VCS	Elementary Girls			
5	Dexter James Reyes	VNHSE	Secondary Boys	Jude Christopher Cabrales	Coach	VNHSE
6	Josephine Pinzon	VNHSE	Secondary Girls	Steven Lopez	Trainer	
7	John Paul Palacpac	ISNHS	Secondary Boys	Raymart John Ablog	Coach	ISNHS
8	Jennica Paz	ISNHS	Secondary Girls	Cesar Palacpac	Technical Official	ISNHS



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10	Andi C. Pascua	ISNHS				
11	Helleina Marri S. Reyno	ISNHS				
12	Margarita Ysabelle T. Rivera	ISNHS		Glenn Aludino	Technical Official	UNP

GYMNASTICS

1	Khayelyn Pearl Ilmeng	TES	Elementary Girls (WAG)	Marc Andrew Tomines	Trainer	MES CCES
2	Julia Caera Raposas	MES		Marco Clifford	Trainer	
3	Marlyn Jane Cuanico	BMSE		Margie Bulaoat	Coach	
4	Kiesha Romero	RES		Ma. Fatima Ponce	Technical Official	
5	Jamila Jane Maga	ISNHS	Secondary Girls (WAG)	Donalyn Cariño	Coach	ISNHS
6	Moises R. Pila III	CCES	Elementary Boys (MAG)	Richelle Acena Jeffrey Acena	Coach Technical Official	CAPES RES
7	Ezio Auditore Floresca	APES				
8	John Wayne Arubio	CAPES				
9	Khyle Palacpac	RES				
10	Lance Matheo Sales	ISNHS	Secondary Boys (MAG)	Victor Apatan	Coach	ISNHS
11	Jyvzn Labadan	ISNHS	Elementary Girls (RG)	Queenie Aslor Ma. Cristina C. Quional	Coach Technical Official	BMSW VCS
12	Jhone Udasco	ISNHS				
13	Princess Nathalie Degamo	GES				
14	Kristine Roque	BMSW				
15	Jhanea M. Punieg	VCS	Secondary Girls (RG)	Ryan Rapadas Amanda Regua Jennifer Agcamaran	Coach Chaperone Technical Official	ISNHS ISNHS VNHSW
16	Lorraine Cabotaje	ISNHS				
17	Mhyrnelin L. Tacud	ISNHS				
18	Jenevieve Quilana	ISNHS				
19	Chrystal Lane Piano	CAPES	Elementary Girls (AERO)	Ronalyn Baño Julius Agapinan	Coach Technical Official	JSES GESIIMS
20	Irah Layne Fernandez	GES				
21	Zenalyn Asusano	VCS				
22	Zian Mark Raposas	GES				
23	Angeline Bulaon	ISNHS	Secondary Girls (AERO)	Karen Valdez	Coach	ISNHS
24	Carmela Jane Roces	ISNHS	Secondary Boys (AERO)	Jeffrey Pido	Asst. Coach	ISNHS
25	John Carlo Amay	ISNHS				
26	Angelo Cabebe	ISNHS				
27	Justine Patubo	ISNHS				
28	Ryan Pascua	ISNHS				

LAWN TENNIS

1	Ian Paul A. Montano	VCS	Elementary Boys	Eddie James Fernandez	Technical Official	ISNHS
2	Clyde Xyljan A. Doria	VCS		Ma. Jesusa A. Managad	Coach	VCS
3	Rafaello Shann F. De Peralta	VCS		Alexis Ricanor	Technical Official	BMSE



4	Ashtone Daveriel T. Palos	VCS				
5	Cherry Anne M. Fernandez	VCS	Elementary Boys	Jasmin A. Ramos	Coach	VCS
6	Samantha Candice A. Caasi	VCS				
7	Cyriel Kelly M. Marquez	VCS				
8	Marianne Jade Y. Dela Rosa	VCS				
9	Noah-Vi Haven S. Datu	ISNHS	Secondary Boys	James Vincent C. Racsca	Coach	ISNHS
10	Tristhan Jazz R. Rapanut	UNP				
11	Marc Clarenz P. Reduque	ISNHS				
12	Adrian Mark R. Rabe	ISNHS				
13	Kyla Mae C. Paz	ISNHS	Secondary Girls	Charito Cachola	Coach	ISNHS
14	Jenberly R. Gorospe	ISNHS				
15	Sophia Nicole D. Rabang	ISNHS				
16	Althea Mae R. Rabe	ISNHS				

PARAGAMES

1	Jaymark S. Talingdan	ISNHS	Secondary Boys	Mary Mae Javier	Coach	ISNHS
2	John Mark F. Agapinan	ISNHS				
3	John Mark Rosario	ISNHS	Secondary Boys	Arnel Delos Santos	Coach	ISNHS
4	Levronne Farpali	ISNHS				
5	Jefferson Q. Reyes	ISNHS				
6	Meryl Joy D. Benzon	ISNHS	Secondary Girls	Lovely Ann Cardona	Coach	ISNHS
7	Godlyn Jhonthiel A. Alen	ISNHS				
8	Sofia A. Atalin	ISNHS				
9	Hannica Lien A. Neri	ISNHS				
10	Ydette F. Tugade	ISNHS	Secondary Girls	Caryn Quario	Coach	ISNHS
11	Josephine F. Vallo	ISNHS				
12	Roy Berth G. Dumaoal	ISNHS	Secondary Boys	Dexter Acena	Coach	ISNHS
13	Ronni P. Pangasinan Jr.	ISNHS				
14	Jeremy Y. Tabboga	ISNHS				
15	Markce David P. Lardizabal	VNHSW				
16	Reymil M. Palacpac	VNHSW				
17	John Wayne P. Advincula	ISNHS	Secondary Boys	Jefferson Gannaban	Trainer	ISNHS
18	Jasmine P. Rivera	ISNHS	Secondary Girls	Riza Amancio	Coach	ISNHS
19	Ryan Buccat	ISNHS	Secondary Girls			
20	Rhian Jho Rivad	ISNHS	Secondary Boys			
21	Mark Gerald R. Dar	ISNHS	Secondary Boys	Billy B.J Ramirez	Coach	ISNHS

PENCAK SILAT

1	Xyan Carl Rualizo	ISNHS	Secondary Boys	Ronald Perana	Trainer	ISNHS
2	Jann Raven Duldulao Arcano	ISNHS				
3	John Lord Ulita	ISNHS				
4	Daryl Sebastian Paz	ISNHS				
5	Vhien Jade Dela Cruz	VNHSW				



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6	Princess Jade Galla	DWCV	Secondary Girls	Liberita Cortez	Coach	ISNHS
7	Yves lorraine Filosofo	ISNHS		May Anne Lescano	Asst. Coach	ISNHS
8	Krishna Javier	ISNHS				
9	Kate Nicole Sabio	UNP				
10	Karell Ann Alejon	ISNHS		Jelou Barroga	Technical Official	ISNHS
SEPAK TAKRAW						
1	Gian Gray A. Apolinar	ISNHS	Secondary Boys	Nestor Calip	Trainer	ISNHS
2	Jhan Spencer F. Cadaoas	VNHSE		Inad Aaron Castillo	Coach	ISNHS
3	Carlo James A. Concepcion	ISNHS		Marcelino Rabe	Asst. Coach	ISNHS
4	Jhaverin A. Lucero	ISNHS				
5	Jielan P. Mainit	ISNHS				
6	Rainier Flourie T. Quitoriano	ISNHS				
7	Jovanni Miel A. Mariñas	ISNHS				
8	Reign Mark D. Sumabat	VNHSE				
9	Jeimar Ashlei A. Bareng	VNHSE				
10	Lor Mateo M. Raquel	ISNHS				
11	Mack Tyron Abella	VNHSE				
12	Kurt Michael A. Regua	ISNHS				
SWIMMING						
1	Bryle Jacob Arbilo	BMSW	Elementary Boys	Rodel H. Diaz	Trainer	BMSW
2	Xiarix Basuel	APES		Raphael Carlo A. Arabejo	Trainer	
3	Jaello Tricarlei T. Fieldad	RES		Shahanie Del Rosario	Coach	
4	John Carl Dela Cruz	JSES				
5	EJ Tamayo	STA				
6	Jove Vinci Pajas	BMSE				
7	Jade Gabrielle Fetalvero	DWCV	Elementary Girls	Estrelita Refuerzo	Coach	VCS
8	Lyanah Castaneda	BMSW		Jenel Lim	Asst. Coach	BMSW
9	Sofia Keith Frando	STA				
10	Jenicka Diane Soria	BMSW				
11	Hanahley Chloe Magalem	DWCV				
12	Fiona Marie Baulitan	DWCV				
13	Reign Shanaia Del Rosario	STA				
14	Aoife Norlum Neve Tactay	UNP				
15	Merkha Danaella Alcain	VCS				
16	Jeyan Freya Aquino	BMSW				
17	Rick Jireh Labor	ISNHS		Secondary Boys	Jessie Cortez	Coach
18	Prince Jared Blanco	ISNHS				
19	Allen Naitan Pico	ISNHS				
20	Zyrhed Phoenix Pajas	ISNHS				
21	Lorenzo Manuel Matig-a	UNP				
22	Chrysler Jefferson Sunico	ISNHS				
23	Ronald Quines	ISNHS				
24	Ian Darell Rabor	ISNHS				



25	Christner Joshua Sunico	ISNHS		Jerrick Saupan	Technical Official	ISNHS
26	Jasmine Chloe Callejo	ISNHS	Secondary Girls	Joanne S. Taculog	Coach	ISNHS
27	Chauntelle Kassie Arce	VNHSE				
28	Rica Janah Labor	ISNHS				
29	Trizia Juleen Aurellado	UNP				
30	Chloe Ayco	UNP				
31	Ro-vilyn Margarette Rigos	ISNHS				
32	Leicah Gemmiele Castañeda	ISNHS				

TABLE TENNIS

1	Lance Jake B. Paz	VCS	Elementary Boys	Brian Benneth Paz Daryl J. Almerido Lenie C. Nevado	Trainer Trainer Coach	VCS
2	Christian Brylle Tabangin	VCS				
3	Carlos Pugrad	SJES				
4	Yuri Tugade	SJES				
5	Ruviel Joenette Sudaria	SJES	Elementary Girls	Ruby F. Tugade	Coach	SJES
6	Seth Athalia Lacaden	VCS				
7	Athena Gascon	VCS				
8	Czoey Ianah Fieldad	SJES				
9	Dylan Casey Aler	ISNHS	Secondary Boys	Maverick Nino P. Parel	Coach	ISNHS
10	Richard Cadaoas	ISNHS				
11	David Rován Dumlao	ISNHS				
12	Gabriel Manalang	ISNHS				
13	Margarette Ong	ISNHS	Secondary Girls	Myrnalita P. Abad Jerry Rigunay	Coach Technical Official	ISNHS ISNHS
14	Kirby Paz	ISNHS				
15	Marielle Reynante	ISNHS				
16	Princess Kate Reynon	ISNHS				

TAEKWONDO

1	Arjen Nephi E. Arce	BMSW	Elementary Boys	John Astrologio Arjay A. De Guzman Gladys Luben	Trainer Coach Asst. Coach	CCES BMSW
2	Kieffer Liu Q. Rabena	UNP				
3	John Rainer Macose	RPES				
4	Liam Ferrer	UNP				
5	Dexus Pagalanan	UNP				
6	Aneika Quodala	UNP				
7	Jea Marla O. Patao	CCES	Elementary Girls	Jhovie R. Rafanan	Asst. Coach	NES
8	Noemi Abajo	UNP				
9	Hannah Amano	UNP				
10	Ara Tiffany Astraquillo	NES	Secondary Boys	Renz Vermil Q. Ayson	Coach	UNP
11	Carl Jairus Noriega	DWCV				
12	Reyzen Jake Raqueño	ISNHS				
13	Rowel M. Arcena	ISNHS				
14	Aron Kristopher V. Vega,	UNP				
15	Zaijin Gabriel S. Pilotin	ISNHS				



16	Lance Lheeven Xyann A. Benzon	ISNHS		Ann Claudeth M. Mabolo	Asst. Coach	ISNHS				
17	Kurt Jaden P. Cortez	UNP								
18	Rene Rose P. Aquino	UNP								
19	Jake Ashley S. Tacazon	UNP								
20	Lorden Angel P. Valle	ISNHS					Secondary Girls	George Michael Amano	Technical Official	UNP
21	Xandra Nichole T. Quitariano	UNP								
22	Angelene Marie Alias	ISNHS								
23	Aiofe Jeannette Cadiente	UNP								
24	Chedrich Zyrile C. Anicoche	ISNHS								
25	Xhyrah Dhyannah Jaramillo	ISNHS								
26	Aubrey Capinpin	ISNHS								
27	Althea Kate Lucero	UNP								
28	Dianne Mayor	UNP								
29	Angel Grace Vivit	UNP								
30	Zuie Ryel Biene Bracerros	DWCV		Eden Liezl De Peralta	Technical Official	UNP				

VOLLEYBALL

1	Mark Samuele B. Artates	VCS	Elementary Boys	Mc Cloyd P. Paa Theresa Tabangin	Coach Asst. Coach	VCS VCS
2	Darren Jake R. Belvis	VCS				
3	Jaylord Arcanghel B. Ascaño	VCS				
4	Dan Randolph A. Bravo	VCS				
5	Justine Prince A. Corpuz	VCS				
6	Erron S. Dispo	VCS				
7	John Steven P. Pareñas	VCS				
8	Rukawa James U. Cuade	VCS				
9	Eric Jhon Jr. L. Montano	VCS				
10	Justin Chris Petallo	VCS				
11	Prince John Rabara	VCS				
12	Rogine Luis Tejero	VCS				
13	Brigitte Garraine A. Alquetra	VCS	Elementary Girls	Elizabeth D. Aquino Jaycelle C. Villaruz	Coach Asst. Coach	VCS VCS
14	Queeniel S. Battad	VCS				
15	Julianne Babe R. Belvis	VCS				
16	Jennalyn A. Carpio	VCS				
17	Princess Dian E. Ferrer	VCS				
18	Sophia Joy P. Guzman	VCS				
19	Princess Joy R. Peralta	VCS				
20	Zyndee Ann Mae A. Rapisura	VCS				
21	Andrea Nicole P. Rosario	VCS				
22	Chriselle Gonzales	VCS				
23	Tajza Alexis Muirgheal T. Pineda	VCS				
24	Risha Mae Rabena	VCS				
25	Geoffrey Miles Aleson	ISNHS	Secondary Boys	Arvin O. Criste	Coach	ISNHS



26	John Lord C. Aleson	ISNHS	Secondary Girls	John Rey C. Menor	Asst. Coach	ISNHS								
27	Jayvee B. Battad	ISNHS		Secondary Girls	Julian Vicente	Trainer	ISNHS							
28	Christian P. Carino	ISNHS												
29	Ian Paulo A. Dispo	ISNHS												
30	Jasper A. Ibus	ISNHS												
31	Rolito R. Llanes Jr.	ISNHS												
32	James B. Lopez	ISNHS												
33	Lheimar Jeick R. Rabena	ISNHS												
34	Justine P. Reynon	ISNHS												
35	John Mardwyn L. Rojo	ISNHS												
36	Mc Clayton R. Somer	ISNHS												
37	Janice Racacho	ISNHS						Secondary Girls	Restituto Palacpac Bernadette S. Paiste	Coach	ISNHS			
38	Maxyn Revibes	ISNHS								Secondary Girls	Restituto Palacpac Bernadette S. Paiste	Asst. Coach	ISNHS	
39	Irish Zylie Mangaliman	ISNHS												
40	Veone Pido	ISNHS												
41	Princess Vanessa Rabilas	ISNHS												
42	Jasmine Cristobal	ISNHS												
43	Deniel Nathalie Rabang	ISNHS												
44	Dianne Chloie Reniego	ISNHS												
45	Lorraine Fronda	ISNHS												
46	Xyrille Ann Rivad	ISNHS	Secondary Girls	Jhon Arnel Crisologo Benedicto George Ariola John Carl Rabaca	Trainer	ISNHS								
47	Cristel Lantano	ISNHS			Secondary Girls		Jhon Arnel Crisologo Benedicto George Ariola John Carl Rabaca					Technical Official		
48	Jasmine Cristobal	ISNHS										Secondary Girls	Jhon Arnel Crisologo Benedicto George Ariola John Carl Rabaca	Technical Official

WRESTLING

1	Jason Benedict F. Barreda	ISNHS	Secondary Girls	Leo Obiena Wilvert John Ross R. Tabangin	Trainer	ISNHS				
2	Nicky Jayden Y. Dela Rosa	ISNHS			Secondary Girls		Leo Obiena Wilvert John Ross R. Tabangin	Coach		
3	Jan Michael V. Tabunot	ISNHS						Secondary Girls	Leo Obiena Wilvert John Ross R. Tabangin	
4	Karl R. Follante	DWCV								Secondary Girls
5	Ma. Cherina Danica V. Tabunot	ISNHS	Secondary Boys	Jennifer B. Quitevis		Coach				

WUSHU

1	Jameer Nathan Anies	ISNHS	Secondary Boys	Expedita R. Ruizan Angelo Arista Owen Mark Cagalingan II	Trainer	ISNHS								
2	Adrian Arellano	ISNHS			Secondary Boys		Expedita R. Ruizan Angelo Arista Owen Mark Cagalingan II	Trainer						
3	Matt Angelo Bulaoat	ISNHS						Secondary Boys	Expedita R. Ruizan Angelo Arista Owen Mark Cagalingan II	Coach				
4	Cyrus Rabena	ISNHS								Secondary Boys	Expedita R. Ruizan Angelo Arista Owen Mark Cagalingan II			
5	Lord Prince Buenaflor	ISNHS										Secondary Boys	Expedita R. Ruizan Angelo Arista Owen Mark Cagalingan II	
6	Scott Justine Benzon	ISNHS												Secondary Boys
7	Hainee Ruizan	ISNHS	Secondary Girls	Pamela Mariñas		Coach								
8	Zhyra Giron	ISNHS	Secondary Girls	Pamela Mariñas	Coach	ISNHS								



TRAINING VENUE, BILLETING SCHOOL AND MONITORING-IN-CHARGE

No.	EVENT	VENUE	MONITORING-IN-CHARGE	BILLETING SCHOOL	BILLETING MANAGER
1	Archery	Immaculate Conception Minor Seminary	Princess G.Torricer	ISNHS	Dennis Quillopo
2	Arnis	Burgos Memorial School West	Edgar Pescador	BMSW	Richard Agtutubo
3	Athletics- Elem	University of Northern Philippines Athletic Oval	Susiemar Rapisura	ISNHS	Glenn Tadena
	Athletics-Sec			BMSW	Richard Agtutubo
4	Badminton	University of Northern Philippines Gym	Edgar Pescador	VCS	Nora Paroligan
5	Baseball	University of Northern Philippines Athletic Oval	Eric Bilgera	NES	Ana Castor
6	Basketball- Elem	Immaculate Conception School of Theology / Pantay Daya Covered Court	Peter John A. Frial Dennis Quillopo	VCS	Nora Paroligan
	Basketball- Sec			ISNHS	Dennis Quillopo
7	Billiards	Ilocos Sur National High School	Felipa Regaspi	ISNHS	Efren Armandico
8	Boxing	Wild Stallion Gym, Brgy. IV, Vigan City	Eric L. Tapat	ISNHS	Ronald Alejo
9	Chess	3rd Floor SDO Vigan City Conference Hall	Aurelyn Fieldad	VCS	Leticia Pugrad
10	Dancesports- Elem	Vigan Central School	Gloria Cabotaje	VCS	Nora Paroligan
	Dancesports- Sec	Ilocos Sur National High School		ISNHS	Editha Bagcal
11	Football- Elem	University of Northern Philippines Athletic Oval	Aphrodite Hope Martinez	VCS	Nora Paroligan
	Football- Sec	University of Northern Philippines Athletic Oval		ISNHS	Raymond Florendo
12	Futsal	University of Northern Philippines Athletic Oval	Dr. Arlyn Batulan	ISNHS	Salvador Avisá
13	Gymnastics	Ilocos Norte Centennial Arena	Clarito Siababa	Ilocos Norte Centennial Arena	Editha Bagcal
14	Lawn Tennis	Vigan City, Tennis Court/ Quirino Stadium	Nelson Robiñol	VCS	Nora Paroligan
15	Paragames	University of Northern Philippines Athletic Oval/ Quirino Stadium	Elsie C. Amorin	ISNHS	Ma. Theresa Redondo
16	Pencak Silat	Ilocos Sur National High School	Solito Cortel	ISNHS	Glenn Tadena
17	Sepak Takraw	Vigan National High School East	Allan Q. Barrientos	VNHSE	Anita Presto
18	Swimming	Quirino Stadium, Bantay Ilocos Sur	Rommel Rabo	BMSW	Richard Agtutubo
19	Table Tennis	Vigan Conservation Complex	Pelagio F. Cardenas	VCS	Nora Paroligan
20	Taekwondo	University of Northern Philippines Gym	Eric L. Tapat	VCS	Nora Paroligan
21	Volleyball	San Julian Elementary School / Covered Court	Amelyn Abella	SJES	Pablo Bañaga Jr.
22	Wrestling	Wild Dogs MMA Gym, Balaleng Laudenia, Bantay, Ilocos Sur	Mac Lubert Rapacon	ISNHS	Aileen Manzano
23	Wushu	Wild Stallion Gym, Brgy. IV, Vigan City	Eric L. Tapat	ISNHS	Ronald Alejo



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26	John Lord C. Aleson	ISNHS		John Rey C. Menor	Asst. Coach	ISNHS
27	Jayvee B. Battad	ISNHS				
28	Christian P. Carino	ISNHS				
29	Ian Paulo A. Dispo	ISNHS				
30	Jasper A. Ibus	ISNHS				
31	Rolito R. Llanes Jr.	ISNHS				
32	James B. Lopez	ISNHS				
33	Lheimar Jeick R. Rabena	ISNHS				
34	Justine P. Reynon	ISNHS				
35	John Mardwyn L. Rojo	ISNHS		Julian Vicente	Trainer	
36	Mc Clayton R. Somer	ISNHS				
37	Janice Racacho	ISNHS	Secondary Girls	Restituto Palacpac Bernadette S. Paiste	Coach	ISNHS
38	Maxyn Revibes	ISNHS			Asst. Coach	ISNHS
39	Cristina M. Zamora	ISNHS				
40	Veone Pido	ISNHS				
41	Princess Vanessa Rabilas	ISNHS				
42	Jasmine Cristobal	ISNHS				
43	Deniel Nathalie Rabang	ISNHS				
44	Dianne Chloe Reniego	ISNHS				
45	Lorraine Fronda	ISNHS				
46	Xyrylle Ann Rivad	ISNHS		Jhon Arnel Crisologo Benedicto	Trainer	
47	Cristel Lantano	ISNHS		George Ariola	Technical Official	ISNHS
48	Jasmine Cristobal	ISNHS		John Carl Rabaca	Technical Official	ISNHS
WRESTLING						
1	Jason Benedict F. Barreda	ISNHS	Secondary Girls	Leo Obiena	Trainer	
2	Nicky Jayden Y. Dela Rosa	ISNHS		Wilvert John Ross R. Tabangin	Coach	ISNHS
3	Jan Michael V. Tabunot	ISNHS				
4	Karl R. Follante	DWCV				
5	Ma. Cherina Danica V. Tabunot	ISNHS	Secondary Boys	Jennifer B. Quitevis	Coach	ISNHS
WUSHU						
1	Jameer Nathan Anies	ISNHS	Secondary Boys	Expedita R. Ruizan	Trainer	
2	Adrian Arellano	ISNHS		Angelo Arista	Trainer	ISNHS
3	Matt Angelo Bulaoat	ISNHS		Owen Mark Cagalingan II	Coach	ISNHS
4	Cyrus Rabena	ISNHS				
5	Lord Prince Buenaflor	ISNHS				
6	Scott Justine Benzon	ISNHS				
7	Hainee Ruizan	ISNHS	Secondary Girls	Pamela Mariñas	Coach	ISNHS
8	Zhyra Giron	ISNHS				



MEDICAL AND MESS TEAM

No.	NAME	ROLE	OFFICIAL STATION
1	Dr. Arlyn D. Batulan	Medical Officer	SDO Vigan City
2	Dr. Mac Lubert R. Rapacon	Dental Officer	SDO Vigan City
3	Laurie Angela Agati	Delegation Nurse	SDO Vigan City
4	Ericha Baja	Delegation Nurse	ISNHS
5	Maria Korynne Taborda	Delegation Nurse	SDO Vigan City
6	Charmaine Antiporda	Delegation Nurse	ISNHS
7	Robert Pastor	Driver	SDO Vigan City
8	Marc Christopher Bravo	Driver	SDO Vigan City
9	Vivian Del Castillo	Procurement Officer	GES
10	Azenith Ramos	Procurement Officer	SPBES
11	Avelina Alon	Procurement Officer	TES
12	Ana Castor	Procurement Officer	NES
13	Elsie C. Amorin	Head Mess	SDO Vigan City
14	May Joy P. Suero	Asst. Head Mess	SDO Vigan City
15	Nestor Pascua	Mess	SDO Vigan City
16	Arthur Cabuyadao	Mess	VCS
17	Romel Ragil	Mess	SJES
18	Dennis Suero	Mess	SDO Vigan City
19	Edwin Anicas	Mess	NES
20	Sheila Geneveve Ancheta	Mess	VNHSW
21	Benebict Tabisula	Mess	ISNHS
22	Edward Llanes	Mess	ISNHS
23	Redentor Garcia	Mess	ISNHS
24	Marvin Ramirez	Mess	ISNHS
25	Jomar Saem	Supply-in-Charge	VNHSE
26	Mary Grace L. Corpuz	Mess	BMSW
27	Vic Pajarillo	Mess	VCS
28	Angelene Itchon	Mess	SDO Vigan City
29	Vinky Abigania	Mess	ISNHS
30	Jonathan Frando	Mess	ISNHS
31	Allan Quirapas - Casual	Mess	ISNHS
32	Christian Pajarillo	Mess	ISNHS - SHS
33	Marc Reiney Pablico	Mess	ISNHS - SHS



DIVISION SCREENING AND ACCREDITATION COMMITTEE

No.	NAME	ROLE	OFFICIAL STATION
1	Paulino B. Aninag Jr.	Chairperson	MES
2	Peter John A. Frial	Co-Chairperson	SDO Vigan City
3	Dr. Arlyn D. Batulan	Member	SDO Vigan City
4	Dr. Mac Lubert R. Rapacon	Member	SDO Vigan City
5	Rommel Rabo	Member	SDO Vigan City
6	Eric Bilgera	Member	RES
7	Dina Q. Rivad	Member	RPES
8	Pablo Bañaga Jr.	Member	SJES
9	Reynario Viloría	Member	VNHSW



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TRAINING PLAN TEMPLATE

- I. Title of Training:
- II. Date/Time/Duration:
- III. Venue:
- IV. Target Participants: (attach the list of participants)
- V. Rationale:

Include the current status of athletes and previous standing in the competitions.

VI. Objectives:

- Be more specific
 - There should be clear or quantifiable goals to be achieved per training session
- Example: On Day 1, runners must have attained 2 mins in 100-m dash

VII. Training Matrix:

VIII. Learning Modality(Of Learners):

IX. Recommendation:

Prepared by:

Signature over printed name
(Coach)

Signature over printed name
(Asst. Coach)

Reviewed by:

RODRIGO Q. REYES JR.
Chief Education Supervisor - SGOD
Division Sports Officer

Recommending Approval:

ANNIE D. PAGDILAO, EdD, CESO VI
Asst. Schools Division Superintendent

APPROVED:

VILMA D. EDA, CESO V
Schools Division Superintendent



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MEDICAL EXAMINATION SCHEDULE

DATE	EVENTS
February 7, 2025 (AM)	Athletics
February 7, 2025 (PM)	Basketball
February 10, 2025 (AM)	Taekwondo Wushu
February 10, 2025 (PM)	Football Table Tennis
February 11, 2025 (AM)	Swimming Wrestling
February 11, 2025 (PM)	Gymnastics Paragames
February 12, 2025 (AM)	Volleyball
February 12, 2025 (PM)	Baseball Badminton
February 13, 2025 (AM)	Pencak Silat Sepak Takraw Chess
February 13, 2025 (PM)	Lawn Tennis Boxing Billiards Archery
February 14, 2025 (PM)	Futsal Arnis Dance Sports



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DIRECTORY OF THE 2025 R1AA INTENSIVE TRAINING

No.	Name	Role	Contact No.
1	Vilma D. Eda, CESO V	Schools Division Superintendent	09175470229
2	Rodrigo Q. Reyes Jr.	Chief Education Supervisor / DSO	09171425266
3	Solito S. Cortel	Division Sports Officer – Alternate	09175281188
4	Elsie C. Amarin	Mess Chairperson	09177865511
5	Cherry Joy D. Garma	Division Legal Designate	09985643681
6	Dr. Arlyn Batulan	Medical Officer III	09771031648
7	Sherwin D. Fabre	Learner Rights and Protection Focal	09150023130



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