



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

DIVISION MEMORANDUM
No. 89, s. 2025

**PARTICIPATION TO THE 1-DAY PROGRAM
"TRAIN SMART: ATHLETES DEVELOPMENT ACTIVITY"**

To: Public and Private Elementary and Secondary School Heads
Selected Coaches and Athletes
All Others Concerned

1. The Department of Education Vigan City is pleased to acknowledge the initiative of the Juanas United Ilocana Women (Juanas Ilocanas) in their letter dated February 24, 2025, inviting our selected coaches and athletes to attend the one-day program titled "Train Smart: Athlete Development Activity" at the Ilocos Sur National High School Gymnasium on March 3, 2025, at 3:00 PM.
2. This program will familiarize young learners and their coaches with athlete health and injury prevention.
3. The participants in this activity are selected coaches and athletes. Enclosed is the slot allocation per event for your reference to this activity.
4. Attached also is the letter of the sponsoring organization for your reference.
5. Immediate dissemination of and strict compliance to this Memorandum is desired.

Vilma D. Eda
VILMA D. EDA, CESO V
Schools Division Superintendent



Address: Mena Crisologo St. corner Rivero St., Brgy. IX, Vigan City, Ilocos Sur
Telephone No: (077) 722-20-23 / (077) 632-05-33
Email Address: vigan.city@deped.gov.ph
Website: www.depedvigancity.com

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SLOT ALLOCATION			
No.	SPORTS EVENT	Athlete	Coach/Asst. Coach
Elementary			
1	Arnis	1	1
2	Athletics	1	1
3	Badminton	1	1
4	Baseball	1	1
5	Basketball	1	1
6	Chess	1	1
7	Dancesports	1	1
8	Football	1	1
9	Lawn Tennis	1	1
10	Swimming	1	1
11	Table Tennis	1	1
12	Taekwondo	1	1
13	Volleyball	1	1
Secondary			
1	Archery	1	1
2	Arnis	1	1
3	Athletics	1	1
4	Badminton	1	1
5	Baseball	1	1
6	Basketball	1	1
7	Billiards	1	1
8	Boxing	1	1
9	Chess	1	1
10	Dancesports	1	1
11	Futsal	1	1
12	Lawn Tennis	1	1
13	Paragames	1	1
14	Pencak Silat	1	1
15	Sepak Takraw	1	1
16	Swimming	1	1
17	Table Tennis	1	1
18	Taekwondo	1	1
19	Volleyball	1	1
20	Wrestling	1	1
21	Wushu	1	1
Total Participants		34	34
		68	



JUANA UNITED ILOCANA WOMEN ASSOCIATION INC.

SEC RN: 2022110076510-05
VIGAN CITY, ILOCOS SUR
ILOCOS SUR, 2700

24 February 2025

DR. VILMA D. EDA, CESO V
Schools Division Superintendent
Department of Education Division Office
Heritage City of Vigan

202-1475
EMPOWERED
Biguena



Dear **Dr. Eda:**

Greetings!

The Juanas United Ilocana Women Inc. (*Juanas Ilocanas*) is a SEC-registered and accredited non-government organization operating in the City of Vigan. As we have implemented various humanitarian and community service programs focusing on women, family, and youth development, we have been awarded as one of the top ten (10) NGOs in the City for the year 2024.

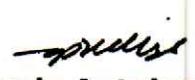
In line with this, we would like to bring our 1-day program "**Train Smart: Athletes Development Activity**" to the schools in our City. This program will familiarize our young learners and their coaches with athlete health and injury prevention, which we believe is important in their holistic development as athletes.

We are offering this to at least *fifty (50) participants* from the Department of Education Vigan City Division, specifically your sports coordinators, learner athletes, and coaches/trainers, to join us in our proposed activity on **3 March 2025, 3:00 PM - 5:00 PM @ISNHS GYMNASIUM**. If this proposal merits your favor, may we respectfully request for the SDO to provide a venue that can accommodate the learners and participants. Likewise, our NGO will bring simple snacks and refreshments for the participants.

Should you have any concerns, please do not hesitate to call Ms. Marie/Sir Giro at 09171572000 or 0908-2052793. Thank you very much for your usual support.

Respectfully,
Juanas United Ilocana Women Inc.


Ms. Ada Juana Fe Artajos, MPA
Organization President


Ms. Maria Antoinette Pugrad
Organization Vice-President

 juanasunitedilocanas@gmail.com



<https://www.facebook.com/JuanasIlocanas>



0898-010-7548