



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

ADVISORY NO. 40, s. 2025

In compliance with DepEd Order (DO) No. 8, s. 2013
The advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.

NCPEP FIT-FUN CONFERENCE 2025

This is in reference to the letter of National Council for Physical Educators of the Philippines, Inc. (NCPEP) shall conduct the NCPEP Fit-Fun Conference 2025 with the theme, "*Move to the Beat: Mastering the Rhythm of Dance and Exercise*" on August 22 to 24, 2025 at Antique Vocational School.

The event will bring together renowned experts and resource speakers to explore the real-world applications of Physical Education and Sports in promoting healthy lifestyles, enhancing equality education, and advancing inclusive and equitable development - aligning with the United Nations Sustainable Development Goals (SDGs).

Target participants include all interested P.E. and Sports teachers, coordinators, supervisors and school heads. **Attendance of the participants shall be VOLUNTARY.**

Please be reminded that the participation of public schools to the above-mentioned activity shall be subject to the no-disruption-of-classes policy as stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith*.

Attached is the letter from NCPEP for reference.

SGOD/pgt/ADV_NCPEP
June 16, 2025





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Blk 38 Lot 8 Caloocan City



2506-878

NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP) INC.

June 13, 2025

VILMA D. EDA

Schools Division Superintendent

Division of Vigan City

Mena Crisologo St. cor. Rivero St. Barangay 9, Vigan City, Ilocos Sur

Ma'am:

Greetings!

The National Council for Physical Educators of the Philippines, Inc. (NCPEP) is excited to present the much-anticipated **NCPEP Fit-Fun Conference 2025**, with the theme **"Move to the Beat: Mastering the Rhythm of Dance and Exercise"** which will be held face-to-face from **August 22 to 24, 2025**, at **Antique Vocational School**.

The event will bring together renowned experts and resource speakers to explore the real-world applications of Physical Education and Sports in promoting healthy lifestyles, enhancing quality education, and advancing inclusive and equitable development—aligning with the United Nations Sustainable Development Goals (SDGs).

This professional learning opportunity is open to P.E. and Sports teachers, coordinators, supervisors, school principals, and graduate students. We believe that participation in this event will significantly enrich our educators' competencies, classroom strategies, and overall contribution to the holistic development of learners.

In line with this, may we respectfully request your office to issue an advisory allowing your MAPEH and Sports Track teachers to attend on official time, without disruption of classes, and subject to the usual rules and regulations of the Department.

Attached herewith is the 3-day program of activities and the official conference communication from NCPEP for your reference.

We sincerely appreciate your continued support for the advancement of Physical Education and the professional development of our teaching personnel.

Thank you very much, and we look forward to your favorable response.

Respectfully Yours,

Anna Lou M. Carreon

NCPEP President





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NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP) INC.

FIT-FUN Conference 2025

"Move to the Beat: Mastering the Rhythm of Dance and Exercise"

August 22 to 24, 2025

Day 1 (Aug 22, 2025)		
Facilitators: Jhan Mari Tan and Princess Anne Mendoza		
08:00am-9:00am	Registration	
09:00-9:30 am	Opening Program	NCPEP
9:30-10:30 am	Functional Exercise	Dr. Jerrwin A. Aguinaldo De La Salle University
10:30 am - 12:00 nn	"Sayaw Pilipinas: Dance Heritage Fitness" Session 1	Dr. Jun Alave Paranaque National High School/PUP
12:00 nn - 1:30 pm	Lunch Break	
1:30 - 3:30 pm	Session 2	Dr. Jun C. Alave Paranaque National High School/PUP
3:30 - 4:00 pm	Snacks	
4:00 - 5:00 pm	Dance Workshop 1	
Day 2 (Aug 23, 2025)		
Facilitators: Anna Lou M. Carreon/ Federico R. Arzadon Jr.		
08:00 am-9:00 am	Different Genre of Dance Aerobics for PE Class/ Workshop Session 1	Mr. Gicel Roger B. Salvilla Polytechnic University of the Philippines
9:00am -10:00	Workshop Session 2	
10:00 am-10:30am	Health Break	
10:30-12:00 nn	Social Ballroom dancing for P.E class	Dr. Ferdie T. Lubis Polytechnic University of the Philippines
12:00-1:30 pm	Lunch Break	
1:30- 3:30 pm	Workshop	
3:30 -4:00 pm	Snacks	
3:30-5:00	Circuit Training	Dr. Joana Marie Carina M. Gabunilas/ Dr. Geraldine Minas Polytechnic University of the Philippines
Day 3 (Aug 24, 2025)		
Facilitators: Geraldine C. Minas/ Justin Julian Cachola		
8:00 -9:00am	Ingress/Recap	
09:00 - 12:00 nn	Conditioning Exercise	Mr. Dane Ryan Maturan Accredited Coach Level 2 Aer Gymnastics Caybiga HS Ms. Jhan Mari Tan Accredited Coach Level 3 Aer Gymnastics
12:00-1:30 pm	Lunch Break	
1:30- 3:30 pm	Output Presentation	Participants
3:30-4:00	Snacks	
4:00-5:00	Closing Program Awarding of Certificates	

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FIT-FUN Conference 2025

"Move to the Beat: Mastering the Rhythm of Dance and Exercise"

August 22 to 24, 2025

Payment:

	Member	Non-Member
EARLY BIRD		
April 1, 2025- May 15, 2025	Php 3,500.00	4,000.00
May 16, 2025 - July 15, 2025	Php 4,000.00	4,500.00
REGULAR REGISTRATION		
July 16, 2025-August 20, 2025	4,500.00.00	5,000.00

Bank: Land Bank of the Philippines

Branch: A. Mabini St. Poblacion Caloocan City

Account Name: NATIONAL COUNCIL FOR PHYSICAL EDUCATORS OF THE PHILIPPINES (NCPEP), INC.

Account Number: 2911074527

GCASH # 09620780636 Princess Mendoza

QR Registration Form: <https://bit.ly/4leZ9QR>



Inclusions:

The registration cost includes lunch and afternoon snacks for the three-day conference and kits containing a PATHFIT 3 book (for the first 50 registrants), seminar ID, certificates of participation, e-handouts, attendance, and completion for those who participate in and complete the workshop activities.