



2507-301

Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Division Memorandum
No. 414, s. 2025

HEALTH INFORMATION ON HAND, FOOT AND MOUTH DISEASE

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Section/Unit Heads
Public Elementary and Secondary School Heads
All Others Concerned

1. In reference to Department of Health **Department Circular 2025-0050**, "Guidance on the Increasing Cases of Hand, Foot and Mouth Disease (HFMD)", this Office reminds all concerned on the importance of taking preventive measures in schools.
2. Relative to this, all schools are enjoined to observe the following practices to help protect learners, teachers and staff from HFMD:
 - a. Regular hand washing with soap and water.
 - b. Proper hand hygiene using alcohol-based sanitizer.
 - c. Wearing of face masks.
 - d. Covering the mouth and nose when sneezing and coughing.
 - e. Regular disinfection of classrooms and frequently touched surfaces.
3. HFMD cases should be reported to the Health and Nutrition Section through the accomplishment of monitoring form at this link: <https://tinyurl.com/HFMDisease-Monitoring-Tools>.
4. School heads are advised to closely coordinate and collaborate with parents and guardians in the conduct of protective measures to ensure the prevention of spread of the disease.
5. Please contact School Health and Nutrition Section Personnel: *Dr Arlyn D. Batulan* at contact number 09771031648, *Ms. Laurie Angela M. Agati* at contact number 09165138277 and *Ms. Maria Korynne P. Taborda* at contact number 09353915611 for issues, concerns and technical assistance.
6. Attached is a copy of IEC materials for your information.
7. Immediate dissemination of this memorandum is desired.

Vilma D. EDA
VILMA D. EDA, CESO V
Schools Division Superintendent



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Your Feedback is important to us. Visit this link bit.ly/SDOViganCityCSM



Iwasan ang HFMD!



Palaging maghugas ng kamay gamit ang tubig at sabon o alcohol-based hand sanitizer.



Iwasang hawakan ang mukha lalo na ang mata, ilong, at bibig.



Linisin at i-disinfect ang mga kagamitan.



Magpakonsulta sa health center kapag nakapansin ng sintomas sa iyong anak.



Sa Bagong Pilipinas,
**Bawat Buhay
Mahalaga**



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Madaling kumalat ang HFMD!



Nakukuha ito kapag pumasok ang virus sa **mata, ilong, o bibig**.
Maaaring mahawaan ng HFMD mula sa taong may impeksyon sa pamamagitan ng:



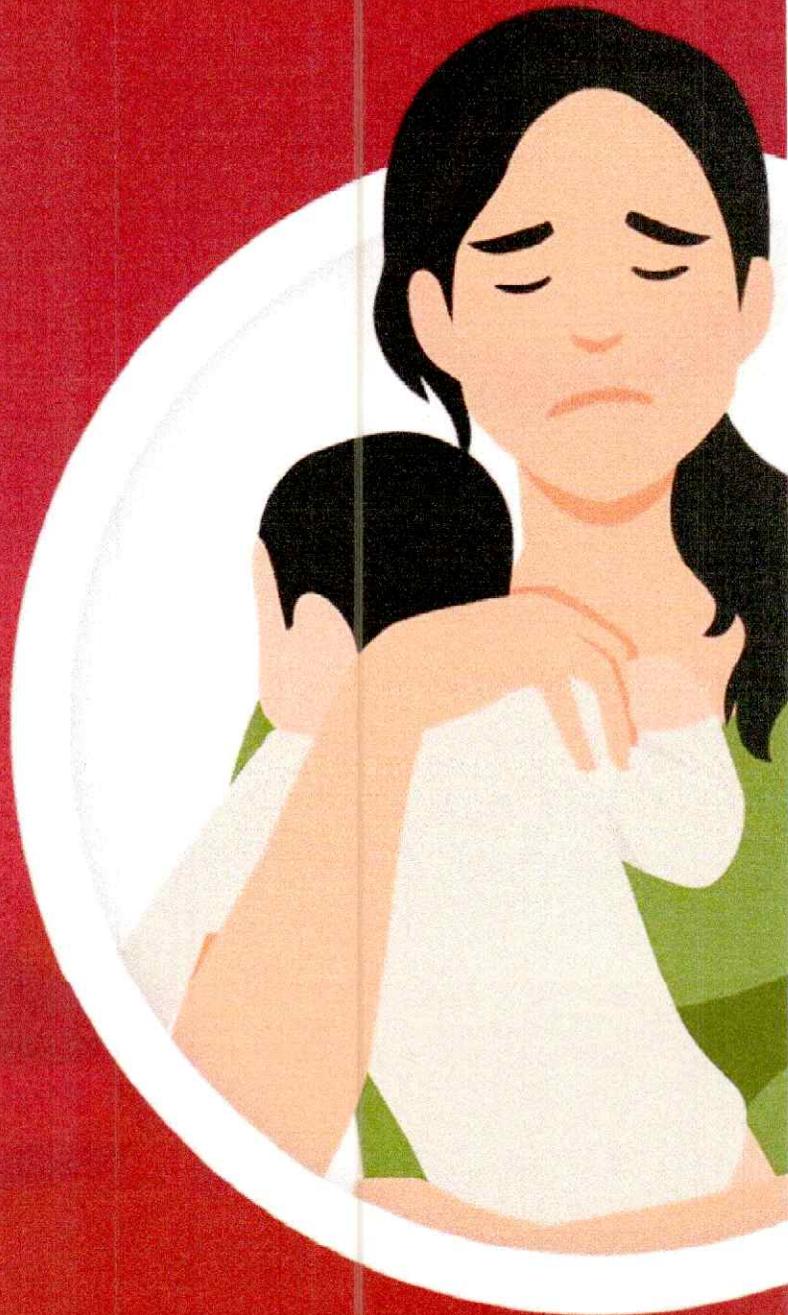
Paglanghap ng virus mula sa ubo o pagbahing ng maysakit



Paggamit ng parehong baso o kubyertos



Paghawak ng gamit o bagay na nabahingan



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Hand, Foot, and Mouth Disease (HFMD)

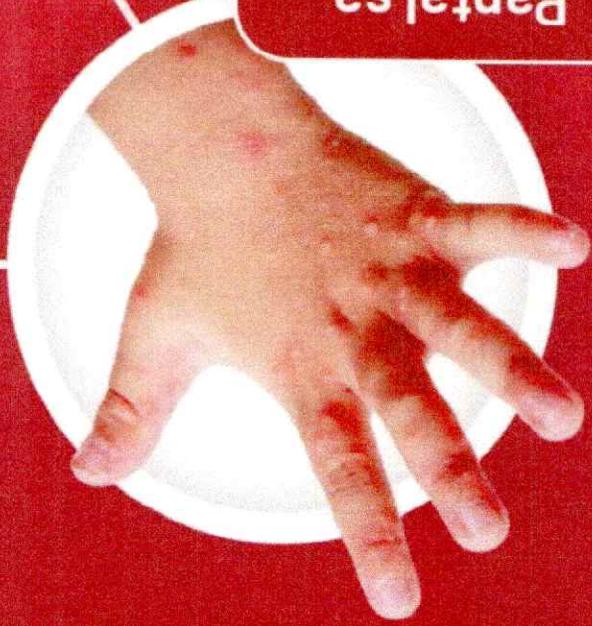
Ang HFMD ay isang nakakahawang sakit na kalimitang naapektuhan ang mga batang may edad 5 taon pababa. Bukod sa lagnat at ubo, nagdulot din ito ng **singaw sa bibig at pantal sa kamay at paa.**



Lagnat at ubo



Singaw



Pantal sa kamay at paa