



2508-243

Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

DIVISION MEMORANDUM

No. 532, s.2025

PARTICIPANT TO THE CONDUCT OF SUICIDE EDUCATION AND AWARENESS TRAINING

To: Public Secondary School Head (ISNHS)

1. In reference to **Regional Memorandum No. 980, s. 2025**, the Department of Education Regional Office I through the Department of Health- Ilocos Center for Health Development shall conduct a **“Suicide Education Awareness Training”** on **August 11-15, 2025** at the **Grand Lourds Hotel, Calasiao, Pangasinan**.

2. The training aims to equip education stakeholders with necessary knowledge and skills to recognize, prevent and respond effectively to suicide risks-particularly among children and adolescents.

3. Below is the pre-identified participant who signified her attendance to the said training:

Name of Participant	Position	School
Rowena P. Navarro, RGC	Guidance Counselor III	Ilocos Sur National High School

4. The participant is advised to check-in at 2:00 pm on August 11, 2025, and check-out at 12:00 pm on August 15. The first meal will be afternoon snack.

5. Board and lodging will be covered by the Department of Health. Participants transportation, per diems, and other incidental expenses are to be shouldered to the sending office subject to the usual accounting and auditing rules and regulations.

6. For inquiries, please contact Mr. Amante C. Ofiana Jr., Technical Assistant of the School Mental Health Program via email at amante.ofiana@deped.gov.ph or by phone at 0951-734-9662.

7. Immediate dissemination of this memorandum is desired.

Vilma D. Eda
VILMA D. EDA, CESO V
Schools Division Superintendent

SCHOOLS DIVISION OFFICE
DEPED VIGAN CITY
08 AUG 2025
RELEASED
BY: *[Signature]*

Encl: Regional Memorandum No. 980, s. 2025
Reference: None
To be indicated in the Perpetual Index under the following subjects:
ORIENTATION SEMINAR
SGOD/HRD/aff/DM_ParticipantsSuicide EducationAwarenessTraining
August 8, 2025

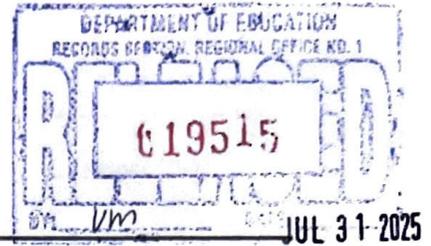


📍 Mena Crisologo St. corner Rivero St., Brgy. IX, Vigan City, Ilocos Sur
☎ (077) 722-20-23 / (077) 632-05-33
✉ vigan.city@deped.gov.ph
🌐 www.depedvigancity.com

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Republic of the Philippines
Department of Education
 REGION I



REGIONAL MEMORANDUM

No. 980 s. 2025

PARTICIPANTS FOR THE CONDUCT OF SUICIDE EDUCATION AND AWARENESS TRAINING

To: Schools Division Superintendents
 Division School Health Personnel

1. This refers to Regional Memorandum No. 864, s. 2025. The Department of Education Regional Office I through the Department of Health - Ilocos Center for Health Development shall conduct a **Suicide Education Awareness Training on August 11-15, 2025 at The Grand Lourds Hotel, Calasiao, Pangasinan.**
2. The training aims to equip education stakeholders with necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.
3. The following participants have been pre-identified and signified their attendance to the said training:

NAME	DESIGNATION	SCHOOLS DIVISION OFFICE / AREA OF ASSIGNMENT
AMANTE C. OFIANA JR., RPM	Technical Assistant II	DepEd Regional Office I
LUZVIMINDA B. ROSARO	Teacher III / Guidance Counselor Designate	Ilocos Norte
MA. LEONORA A. QUEMQUEM, LPT, RGC	Teacher III / Guidance Counselor Designate	
BERNADETTE M. LACSAMANA	Guidance Counselor Designate	La Union
JOYLEN GRACE D. MAZON	Guidance Counselor / Teacher III	Pangasinan I
CRISSA P. ZAMORANOS	Guidance Coordinator II	
REYCEYLEN L. MAYLAS, RPM, RGC	Guidance Coordinator III	Pangasinan II
MEL JOBELLE B. CERVANTES, LPT, RGC	Guidance Counselor I	
JANICE CHARMIN G. ALMENDARES	Nurse II	Ilocos Sur
SHIELA C. CARIÑO, RN	Nurse II	
JENNALYN B. ORLANDA	Nurse II	Alaminos City
ADELAIDA P. MANGLAL-LAN, RGC	Division Guidance Counselor II	Batac City



Flores St., Ca
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 www.depedregion1.com



Doc. Ref. Code	RM-ORD	Rev	00
Effectivity	11.18.2024	Page	1 of 2



VIENNA VENUS V. EGALLA, RN	Nurse II	Candon City
DR. CHRISTINE MARIE L. PEREDO	Medical Officer III	
SHERYLL ANN L. CACHO	Teacher III	Dagupan City
IRESH ERVIN Q. VELANO	Teacher III	
ROSALIE O. LINGALING	Guidance Coordinator III	Laoag City
ANNALISA FELIPE CRUZ	Nurse II	San Carlos City
XYLEE C. RESUELLO	Guidance Counselor III	
JENIE VIVA C. ANDRADE	Nurse II	San Fernando City
DANA EULYMPIA E. BATAYOLA, RGC	Guidance Coordinator III	
HAYDE M. MONTERO, RGC	Guidance Coordinator III	Urdaneta City
DR. LEILANI P. BAUTISTA, RGC	Guidance Counselor II	
ROWENA P. NAVARRO, RGC	Guidance Counselor III	Vigan City

4. Participants are advised to **check-in at 2:00 PM on August 11, 2025**, and **check-out at 12:00 PM on August 15**. The **first meal will be afternoon snack**.

5. Requests for change of participant or representative, as well as notices of withdrawal from participation, must be submitted at least two (2) weeks prior to the scheduled activity. For the purpose of room allocation, **any replacement** participants be **preferably of the same gender**. Unregistered participants who arrive on the day of the activity will not be accommodated.

6. Board and lodging will be covered by the Department of Health. Participants transportation, per diems, and other incidental expenses are to be shouldered to the sending office subject to the usual accounting and auditing rules and regulations.

7. In consideration of the event being scheduled on a holiday, or suspension of work in their respective areas of assignment, it is requested that a Compensatory Time-Off be given to the attendees, subject to existing rules and regulations.

8. For inquiries, please contact **Mr. Amante C. Ofiana Jr.**, Technical Assistant II of the School Mental Health Program via email at amante.ofiana@deped.gov.ph or by phone at 0951-734-9662.

9. Immediate and wide dissemination of this Memorandum is desired.

TOLENTINO G. AQUINO
Director IV

Encl: As stated
Reference: RM_No.864 s.2025
Advisory from the Department of Health
To be indicated in the Perpetual Index
under the following subjects:

ORIENTATION
SEMINARS

ESSD/acojr/RM_ParticipantsForTheConductOfSuicideEducationAwarenessTraining
July 29, 2025



Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



July 21, 2025

DIR. TOLENTINO G. AQUINO

Regional Director
Department of Education Region 1
Flores St., Catbangen, San Fernando City
La Union, 2600

Dear **Dir. Aquino**:

Greetings of peace and wellness!

We wish to convey our sincere appreciation for your confirmation of participation in the upcoming *"Suicide Education and Awareness Training"* on **August 11-15, 2025** at The Grand Lourds Hotel, Calasiao, Pangasinan. In view of the final preparations, we kindly request that any changes in the list of confirmed participants be communicated to this Office at least two (2) weeks prior to the activity. For the purpose of room allocation, we respectfully request that any replacement participants be preferably of the same gender.

Kindly be informed that the following individuals from your esteemed office have signified their attendance.

Name	Designation	Area of Assignment
1. Mr. Amante C. Ofiana Jr., Rpm	Technical Assistant II	Department of Education Regional Office I
2. Ms. Luzviminda B. Rosaro	Teacher III	Department of Education – SDO Ilocos Norte Pinili National High School
3. Ms. Maria Leonora A. Quemquem, LPT, RGC	Teacher III/Guidance Counselor Designate	Department of Education - SDO Currimao National High School
4. Ms. Bernadette M. Laesamana	Guidance Counselor Designate	Department of Education - SDO La Union Bacnotan National High School
5. Ms. Joylen Grace D. Mazon	Guidance Counselor/Teacher III	Department of Education – SDO La Union
6. Ms. Crissa P. Zamoranos	Guidance Coordinator II	Department of Education - SDO I Pangasinan - Bued National High School
7. Ms. Reycelyn L. Maylas, Rpm, RGC	Guidance Coordinator III	Department of Education - SDO Pangasinan I
8. Ms. Mel Jobelle B. Cervantes, LPT, RGC	Guidance Counselor I	Department of Education - SDO Pangasinan II Mangaldan National High School
9. Ms. Janice Charmin G. Almendares	Nurse II	Department of Education - SDO Pangasinan II
10. Ms. Shiela C. Cariño, RN	Nurse II	Department of Education - SDO Ilocos Sur
11. Ms. Jennalyn B. Orlanda, RN, MAN	Nurse II	Department of Education - SDO Alaminos City
12. Ms. Adelaida P. Manglal-Jan, RGC	Division Guidance Counselor II	Department of Education - SDO The City of Batac
13. Ms. Vienna Venus V. Egalla, RN	Nurse II	Department of Education - SDO Candon City, Ilocos Sur
14. Dr. Christine Marie L. Peredo	Medical Officer III	Department of Education - SDO Candon City

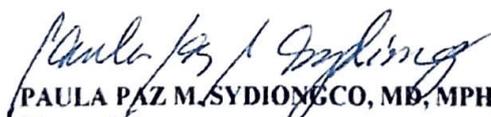
Name	Designation	Area of Assignment
15. Ms. Sheryll Ann L. Cacho	Teacher III	Department of Education - SDO Dagupan City
16. Mr. Iresh Ervin Q. Velano	Teacher III	Department of Education - SDO Dagupan City Bonuan Buquig National High School
17. Ms. Rosalie O. Lingaling	Guidance Coordinator III	Department of Education - SDO Ilocos Norte, Ilocos Norte National High School
18. Ms. Annalisa Felipe Cruz	Nurse II	Department of Education - SDO San Carlos City Pangasinan
19. Ms. Sheridan S. Manantam	Guidance Counselor III	Department of Education - SDO San Carlos City. Speaker Eugenio Perez National Agricultural School
20. Ms. Jenie Viva C. Andrade	Nurse II	Department of Education - SDO San Fernando City (La Union)
21. Ms. Dana Eulympia E. Batayola, RGC	Guidance Coordinator III	Department of Education - SDO San Fernando La Union, La Union National High School
22. Ms. Hayde M. Montero, RGC	Guidance Coordinator III	Department of Education - SDO Urdaneta City- Urdaneta National High School
23. Dr. Leilani P. Bautista, RGC	Guidance Counselor II	Department of Education - SDO Lananpin National High School
24. Ms. Rowena P. Navarro, RGC	Guidance Counselor III	Department of Education - SDO Ilocos Sur - Ilocos Sur National High School

As previously communicated, meals and board and lodging shall be covered by this Office. However, may we respectfully reiterate our request that transportation, per diems, and other incidental expenses of your participants be borne by your good office.

Mr. Erwin M. Baclig, Jr., Program Manager of the Mental Health Program, will coordinate with your staff regarding this matter. He may be reached at mobile number no. 0919-092-7454 or 0912-323-4307 and e-mail address at ned@ilocos.doh.gov.ph.

Thank you for your support and anticipated participation.

Very truly yours,


 PAULA PAZ M. SYDIONGCO, MD, MPH, MBA, CESO III
 Director IV



Republic of the Philippines
DEPARTMENT OF HEALTH
ILOCOS CENTER FOR HEALTH DEVELOPMENT



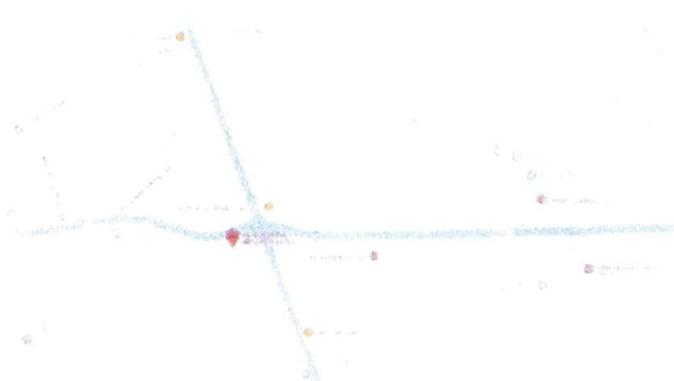
ADVISORY

TO : ALL PARTICIPANTS OF THE SUICIDE EDUCATION AND AWARENESS TRAINING

FROM : ~~JUSTIN CLYDE E. GUBATAN, MD~~
Head, Non-Communicable Diseases Unit

SUBJECT : Conduct of Suicide Education and Awareness Training at The Grand Lourds Hotel, Calasiao, Pangasinan on August 11-15, 2025

This has reference to the conduct of the Suicide Education and Awareness Training on August 11-15, 2025 organized by the Ilocos Center for Health Development. May we relay the following logistical information for your reference as one of the nominated participants in the said training:

Schedule	Check-in August 11, 2025 @ 2 PM Check-out August 15, 2025 @ 12 NN
Venue	The Grand Lourds Hotel, Calasiao, Pangasinan (<i>formerly Pangasinan Regency Hotel</i>) Address: Judge Jose de Venecia Sr, Calasiao, Pangasinan Google Maps: PANGASINAN REGENCY HOTEL https://maps.app.goo.gl/UFYWu812FYSV1JQu6 

	
Accommodation	<ul style="list-style-type: none"> • Meals and accommodation will be shouldered by Ilocos CHD. Other expenses incurred other than these shall be charged to the participants. • Rooms are for triple sharing. Kindly ask the hotel lobby for your room assignment. • Afternoon snacks and dinner will be served on August 11, 2025.
Attendance	<p>Requests for change of participant or representative, as well as notices of withdrawal from participation, must be submitted at least two (2) weeks prior to the scheduled activity. Please be advised that unregistered participants who arrive on the day of the activity will not be accommodated.</p>
Attire	<p>Smart Casual (comfortable clothes for activities)</p>
Certificate of Completion	<p>The Certificate of Completion will be issued after successful completion of the training. In case of failure to finish the training, a Certificate of Attendance will be issued.</p>
Reminders	<ol style="list-style-type: none"> 1. Participant's transportation, per diem, and other allowance expenses shall be charged to the sending office. 2. Kindly bring your proof of identity, masks, alcohol, insect repellent, water bottle, and any other personal essentials such as medications, etc. Access to the facilities should adhere to the hotel's established rules and regulations.
Messenger Group Chat for Communication	<p>For ease of communication during the duration of the training, please join us in the messenger group by following these instructions:</p> <ol style="list-style-type: none"> 1. Download the messenger app in your phone. 2. Input this link in your mobile browser or scan the QR code: <p style="text-align: center;">Link: https://m.me/j/AbY-2e1A710sUuyL/</p> <div style="text-align: center;">  </div> <p style="text-align: center;">Scan to join the SEAT messenger group</p>

Advisory
Conduct of Suicide Education and Awareness Training at The Grand Lourds Hotel
Calasiao, Pangasinan on August 11-15, 2025

Concerns/ Inquiries	For questions/inquiries regarding the training, kindly refer to the following contact details: Mr. Erwin M. Baclig, Jr./ Ms. Ena Rika G. Sanvictores 0919-092-7454/0912-323-4307 Email: ncd@ilocos.doh.gov.ph
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Thank you for your anticipated support.

For dissemination.



Republic of the Philippines
Department of Education
 REGION I



REGIONAL MEMORANDUM

No. 864 s. 2025

SUICIDE EDUCATION AND AWARENESS TRAINING

To: Schools Division Superintendents
 Division School Health Personnel

1. The Department of Education Regional Office I through the Department of Health - Ilocos Center for Health Development shall conduct a **Suicide Education Awareness Training** on **August 11-15, 2025** in **Calasiao, Pangasinan**.

2. In this regard, we respectfully request your office to designate representative/s from your division – preferably a guidance counselor, school health personnel or mental health focal to attend the said training. **We highly recommend that the participants who will join have close contact with the Learners to ensure effective knowledge transfer and practical application of the training.**

3. Please refer to the table below for the required number of participants for the training:

SCHOOLS DIVISION OFFICES	NUMBER OF PARTICIPANTS
Ilocos Norte	2
Laoag City	1
Batac City	1
Ilocos Sur	1
Vigan City	1
Candon City	1
La Union	2
San Fernando City	2
Pangasinan I	1
Pangasinan II	1
Dagupan City	2
San Carlos City	2
Urdaneta City	2
Alaminos City	1

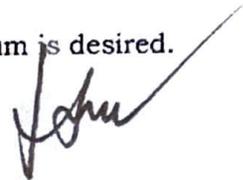
4. The training aims to equip education stakeholders with necessary knowledge and skills to recognize, prevent, and respond effectively to suicide risks – particularly among children and adolescents.



5. Kindly confirm your participation and submit your representative's name on or before **July 9, 2025**, via this link: <https://forms.gle/8msFWUyNBz4xwxCH6>. Board and lodging will be covered by the Department of Health. Transportation, per diems, and other incidental expenses are to be shouldered by your office subject to the usual accounting and auditing rules and regulations.

6. For inquiries, please contact **Mr. Amante C. Ofiana Jr.**, Technical Assistant II of the School Mental Health Program via email at amante.ofiana@deped.gov.ph or by phone at 0951-734-9662.

7. Immediate and wide dissemination of this Memorandum is desired.



TOLENTINO G. AQUINO
Director IV



Encl: As stated
Reference: Memo_REC2508005
Memo_REC2508045
To be indicated in the Perpetual Index
under the following subjects:

ORIENTATION
SEMINARS

ESSD/acojr/RM_SuicideEducationAndTraining
July 4, 2025



Flores St., Catbangen, City of San Fernando, La Union
Telephone Nos.: (072) 607-8137/682-2324
DepEd Region I - region1@deped.gov.ph
www.depedregion1.com

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