



Republic of the Philippines  
**Department of Education**  
REGION I  
SCHOOLS DIVISION OF VIGAN CITY

**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

No. 898, s.2025

**PANAGKAYKAYSA 2025: HEARTWORK IN ACTION**

To: Assistant Schools Division Superintendent  
Chief Education Supervisor (SGOD & CID)  
Public and Private Elementary and Secondary School Heads  
All Others Concerned

1. Pursuant to Republic Act No. 10661, declares November of every year as National Children's Month (NCM). In line with the 33rd National Children's Month theme, "OSAEC-CSAEM WAKASAN: Kaligtasan at Karapatan ng Bata, Ipaglaban!" and aiming to strengthen socio-emotional support among learners, the Schools Division of Vigan City will conduct *PANAGKAYKAYSA 2025: Heartwork in Action* at SDO Vigan City Conference Hall on November 28, 2025.

2. The objective of the training program is:

- To provide peer counseling sessions to support students' emotional and mental well-being, fostering openness and reducing stress;
- To enhance the student leaders' ability to collaboratively work with one another and effectively lead their organizations;
- To empower student leaders to apply heart-centered leadership principles in addressing social, emotional, and organizational challenges within their respective schools;
- To promote responsible digital engagement and encourage healthy, face-to-face interactions that support holistic personal growth and positive school culture; and
- To help participants gain self-awareness, confront personal issues and concerns, develop personal development plan and develop skills in self-help and helping others

3. Enclosed are the program matrix, the composition of the program management team, and the list of participants.

4. This memorandum serves as a locator slip to all identified participants while learner participants must secure their parents' permit prior to participation to the said activity.

5. Widest dissemination of this memorandum is desired.

**VILMA D. EDA, CESO V**  
Schools Division Superintendent

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Enclosure 1 to Division Memorandum No. 898, s. 2025

**PROGRAM MATRIX:**  
**Panagkaykaysa 2025: Heartwork in Action**

Time	Activity	Person involved
<b>November 28, 2025 (Friday)</b>		
8:30 AM – 9:00 AM	Registration	<b>Division Federated SSLG Officers</b>
9:00 AM – 9:40 AM	Opening Program <ul style="list-style-type: none"><li>- Acknowledgement of Participants</li><li>- Welcome Message</li><li>- Message:</li><li>- Introduction of Resource Speakers</li></ul>	<b>Division Federated SSLG Officers</b>  <b>ANNIE D. PAGDILAO, EdD CESO VI</b> Chief Education Supervisor  <b>VILMA D. EDA, CESO V</b> Schools Division Superintendent  <b>SHERWIN D. FABRE</b> Division Project Development Officer I
9:40 AM – 10:00 AM	Health Break	
10:00 AM – 11:00 AM	<b>Symposium:</b> Communication and Active Listening	<b>Nadia Marie A. Adcapan</b> Guidance Coordinator III
11:00 AM – 12:00 NN	<b>Symposium:</b> DepEd Order No. 55 s. 2013 “Implementing Rules and Regulations of Republic Act No. 10627 otherwise known as the Anti-Bullying Act of 2013”	<b>Atty. Kim R. Tagorda</b> Administrative Officer V
12:00 PM – 1:00 PM	Lunch Break: Socialization, and Networking	
1:00 PM – 2:00 PM	<b>Symposium:</b> End the Stigma of Depression	<b>Dr. Arlyn Batulan</b> Medical Officer III
2:00 PM – 4:00 PM	<b>Symposium:</b> Understanding Suicide as a Public Health Concern	<b>Rowena Navarro</b> Guidance Counsellor III
4:00 PM – 4:30 PM	Health Break	
4:30 PM – 5:00 PM	Closing Ceremony	
<b>Home Sweet Home</b>		



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Enclosure 2 to Division Memorandum No. 8018, s. 2025

**PROGRAM MANAGEMENT TEAM**

Consultants:	<b>Vilma D. Eda, CESO V</b> Schools Division Superintendent  <b>Annie D. Pagdilao, EdD, CESO VI</b> Assistant Schools Division Superintendent
Resource Speakers	<b>Nadia Marie A. Adcapan</b> Guidance Coordinator III <b>Atty. Kim R. Tagorda</b> Administrative Officer V <b>Dr. Arlyn Batulan</b> Medical Officer III <b>Rowena Navarro</b> Guidance Counsellor III
Program Managers:	<b>Rodrigo Q. Reyes Jr.</b> Chief Education Supervisor - SGOD <b>Sherwin D. Fabre</b> , PDO I-YFD
Monitoring and Evaluation:	<b>Grace F. Castaneda</b> , SP2, QAME
Welfare Officer	<b>Maria Korynne P. Taborda</b> , Nurse 2
Secretariat/ Documenter:	<b>Sherwin D. Fabre</b> , PDO I-YFD
Moderator:	<b>Alimar Ablog</b> , EPS II-SocMob



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Enclosure 3 to Division Memorandum No. 898, s. 2025

**PARTICIPANTS TO THE TRAINING**

<b>DIVISION FEDERATED SUPREME ELEMENTARY LEARNER GOVERNMENT</b>			
<b>POSITION</b>	<b>NAME</b>	<b>TEACHER ADVISER</b>	<b>SCHOOL</b>
SSLG President	1.Charles Gabriel Balanay	19.Sheila Marie Aveño	RES
SSLG President	2.Oohnaa Anarkali Napuli	20.Eva Marie P. Raquel	TES
SSLG President	3.Julianne Heart Arizala	21.Margie Bulaoat	MES
SSLG President	4.Tiffany Deane C. Arrojo	22.Giggily Ahnn Rafanan	BPES
SSLG President	5.Avi D. Paa	23.Beverly Palacpac	BMSW
SSLG President	6.Eldrich Solero	24.Lourdes Ligaya Alon	SPBES
SSLG President	7.Ruviel Joenette A. Sudaria	25.Brenda A. Tapiar	SJES
SSLG President	8.Jhake Aldrich G. Apelin	26.Maria Fatima Ponce	CCES
SSLG President	9.Ian Jhun L. Balauro	27.Manilyn Quilana	CAMES
SSLG President	10.Mariel C. Rosario	28.Alexis Ricanor	BMSE
SSLG President	11.Velinda Alexej R. Rosario	29.Janeel Llanes	VCS
SSLG President	12.Ed Raenique Allagadan Follante	30.Vangeline V. Acena	NES
SSLG President	13.John Chourdic A. Barcellano	31.Marites E. Organo	APES
SSLG President	14.Arieanne Kate G. Raguindin	32.Teresita R. Quiton	JSES
SSLG President	15.Kenna Mae R. Tabuniar	33.Sunshine L. Pagay	PIS
SSLG President	16.Erine Nicollete Altares	34.Julius Agapinan	GESIIMS
SSLG President	17.Krystal Gayle Gaan	35.Junelyn Lopez	CAPES
SSLG President	18.Maerence Fiona P. Quiday	36.Lenilene A. Rapanut	RPES

<b>DIVISION FEDERATED SUPREME SECONDARY LEARNER GOVERNMENT</b>			
<b>POSITION</b>	<b>NAME</b>	<b>TEACHER ADVISER</b>	<b>SCHOOL</b>
SSLG President	37.Kiella Brizel A. Frando	45.Renan Y. Soriano	ISNHS
SSLG Vice- President	38.Sariah Claire M. Siriban		
SSLG President	39.Russel John Arquello	46.Krizzle Joy S. Supnet	PIS
SSLG Vice- President	40.Adrian Jhay Tabunar		
SSLG President	41.Ericson P. Alambat	47.Niña Paulette F. Agsaullo	VNHSE
SSLG Vice- President	42.Cristel Alcantara		
SSLG President	43.Xyrelle Darwin A. Rutab	48. Christine M. Palacpac	VNHSW