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Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

DIVISION MEMORANDUM
No. 932, s.2025

18-DAY CAMPAIGN TO END VAW 2025

To: Assistant Schools Division Superintendent
Chief Education Supervisor (SGOD & CID)
Secondary School Heads
All Others Concerned

1. The Office disseminates the communication from the GSP Ilocos Sur Council regarding the conduct of the activity **“Girls of Strength: GAD Primer + Boundaries, Respect, and the Empowered Girl”** in support of the **18-Day Campaign to End Violence Against Women (VAW) 2025**.

2. This activity aims to enhance the girls’ understanding of gender and development, reinforce personal boundaries, and strengthen respect and empowerment among Girl Scouts. It also intends to promote awareness and leadership among participants.

3. Below are the details of the activity:

DATE & TIME	November 29, 2025 – 8:00 AM to 12:00 NN
VENUE	GSP Ilocos Sur Council Headquarters, Vigan City
REGISTRATION FEE	Free
TARGET PARTICIPANTS	80–100 Senior and Cadet Girl Scouts 10–20 Troop Leaders
ATTIRE	Girl Scouts: Official Uniform
THINGS TO BRING	Adults: Black polo shirt and jogging pants Art Materials

4. Attached to this memorandum are the Parents’ Consent Form and Program for reference. All participating Girl Scouts must submit a duly signed Parents’ Consent Form to join the activity.

5. Troop Leaders attending the activity are requested to be considered on official time, with service credits granted to the trainers, subject to existing DepEd policies.

6. Attached is the Ilocos Sur Council Circular No. 22, s. 2025 for reference.

Immediate and wide dissemination of this memorandum is desired.

VILMA D. EDA, CESO V
Schools Division Superintendent

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Your Feedback is important to us. Visit this link bit.ly/SDOViganCityCSM

SCHOOLS DIVISION OFFICE
DEPED VIGAN CITY

28 NOV 2025

RELEASED
BY: **DepEd**

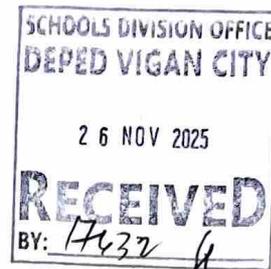
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Secondary Education





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GIRL SCOUTS OF THE PHILIPPINES
Northern Luzon Region
Ilocos Sur Council



Council Circular No. 22
Series of 2025

TO : DIVISION GS COORDINATORS
DISTRICT COMMISSIONERS
INSTITUTIONAL COMMISSIONERS
FIELD ADVISERS

FROM : COUNCIL PRESIDENT

RE : **18-DAY CAMPAIGN TO END VAW 2025**

DATE : November 26, 2025

The GSP Ilocos Sur Council will be conducting an activity entitled “Girls of Strength: GAD Primer + Boundaries, Respect, and the Empowered Girl,” in line with the 18-Day Campaign to End Violence Against Women (VAW).

This activity aims to enhance the girls’ understanding of gender and development, reinforce personal boundaries, and strengthen respect and empowerment, as we work together to promote awareness and leadership among our Girl Scouts.

Below are the activity details:

DATE & TIME	November 29, 2025 8:00 AM – 12:00 NN
VENUE:	GSP Ilocos Sur Council Headquarters, Vigan City
REGISTRATION FEE:	Free
TARGET PARTICIPANTS	80–160 Senior and Cadet Girl Scouts 10–20 Troop Leaders
ATTIRE	Girl Scouts: Official Uniform Adults: Black polo shirt and jogging pants
THINGS TO BRING:	Art Materials

Attached herewith are the Parents’ Consent Form and Program. Strictly, no participant will be allowed to join the activity without a duly signed Parents’ Consent Form.

In this regard, we respectfully request that participants be allowed to attend the activity, and that Troop Leaders be considered on official time, with service credits granted to the trainers. This circular also serves as the official travel order of the trainers.

Your continued support and favorable action will greatly contribute to the successful attainment of the Council’s goals and to the development of girls and young women.

EVA MARIE S. MEDINA
Council President

Approved:

VILMA D. EDA, CESO V
Schools Division Superintendent
& GS Commissioner on Administration

GIRLS OF STRENGTH: GAD Primer + Boundaries, Respect, and the Empowered Girl

Target Participants: Girl Scouts of the Philippines-Ilocos Sur Council Seniors, Cadets and Troop Leaders

I. RATIONALE

Girl Scouts are trained to embody courage, confidence, and character. As they grow, however, they encounter pressures: stereotypes, peer influence, online comparison, and situations where their personal boundaries are challenged. Many girls do not have accessible, age-appropriate spaces to learn about equality, fairness, and respect in a way that connects directly to their lives.

This forum provides a youth-friendly introduction to Gender and Development (GAD), helping Girl Scouts understand that empowerment begins with knowing their rights, valuing themselves, and recognizing the importance of respect in all interactions. This foundation leads naturally into the *second part of the session: Boundaries, Respect, and the Empowered Girl*, where Scouts learn practical, everyday skills in setting limits, expressing themselves firmly but kindly, respecting others' boundaries, and identifying early signs of unsafe or unhealthy behavior.

This forum supports the GSP mission of developing girls of courage, confidence, and character, and aligns with Rise & Roar's purpose of bridging awareness to action for women and girls.

II. OBJECTIVES

1. To introduce Girl Scouts to basic GAD concepts in a simple, relatable manner.
2. To help participants understand equality, fairness, and how stereotypes affect girls.
3. To strengthen girls' ability to set personal boundaries and recognize respectful behavior.
4. To equip Girl Scouts with practical scripts and confidence-building skills they can use daily.
5. To develop peer protectors who model empathy, respect, and empowerment.

III. PROGRAM DESIGN (2.5–3 HOURS)

A. Part 1 — GAD Primer for Girl Scouts (1–1.25 hours)

Key Topics:

- What GAD means (youth-friendly definition)
- Equality vs. gender stereotypes in school, home, and online
- Respect, fairness, and inclusion
- Personal identity and strengths
- Understanding safe spaces for girls
- How Girl Scouts can champion respect in their communities

Suggested Methodology:

Interactive discussion, scenario examples, reflective questions, troop-based sharing.

B. Part 2 — Boundaries, Respect, and the Empowered Girl (1.25–1.5 hours)**Key Topics:**

- Physical, emotional, and digital boundaries
- Understanding consent and comfort
- How to say "no" with respect
- Peer pressure and how to respond
- Friendship red flags vs. healthy relationships
- Respecting others' boundaries
- Everyday empowerment and peer protection

Suggested Methodology:

Role-play, simple scripts, scenario cards, patrol group work.

IV. EXPECTED OUTPUTS

- Participation of Girl Scouts and troop leaders in the forum
- Reflective sharing through small-group discussions
- Demonstration of boundary-setting scripts through simple role-plays
- Increased awareness of GAD principles among Scouts
- Patrol-level insights and takeaways

V. EXPECTED OUTCOMES

- Girl Scouts gain a clear understanding of equality and respect
- Participants feel more confident in asserting boundaries
- Improved awareness of safe vs. unsafe interactions
- Stronger culture of empathy, fairness, and peer protection within troops
- Empowered girls who are more prepared to lead and advocate for themselves and others

VI. IDEAL NUMBER OF PARTICIPANTS

- 80–120 Girl Scouts
- 10–20 Troop Leaders

VII. REQUIREMENTS

- Venue (GSP Building)
- LCD projector and sound system
- Tables/chairs or floor seating for patrol work
- Materials for scenario cards or short activities

PROGRAM FLOW

GIRLS OF STRENGTH

GAD Primer + Boundaries, Respect, and the Empowered Girl

Target Participants: Girl Scouts (Seniors, Cadets) & Troop Leaders

Duration: 8:00 AM – 12:00 NN (4 hours)

8:00 – 8:30 AM Registration & Arrival of Participants

- Sign-in
- Distribution of materials (ID tags, worksheets and/or activity cards)
- Light upbeat music / settling in

8:30 – 8:40 AM Opening Program

- JCI Vision, Mission and Creed | GSP Preliminaries
- Welcome Remarks from JCI Vigan
- Introduction of Rise & Roar and objectives of the forum from JCI Vigan

8:40 – 8:50 AM Setting the Tone

- Short energizer (GSP-style call and response or simple movement warmup from GSP-Ilocos Sur Council of Girl)
- Forum overview by host

8:50 – 10:00 AM PART 1 — GAD PRIMER FOR GIRL SCOUTS (UNP CGAD)

Duration: 1 hour 10 minutes

10:00 – 10:10 AM Break / Snack Time

10:10 – 11:25 AM PART 2 — BOUNDARIES, RESPECT, AND THE EMPOWERED GIRL (UNP)

Duration: 1 hour 15 minutes

11:25 – 11:45 AM Reflection Activity: “One Boundary I Will Protect” (JCI Vigan)

- Participants write a short commitment on card/post-it
- Optional sharing
- Troop leaders collect cards for follow-up reflection

11:45 – 12:00 NN Closing Program

- Synthesis of key messages
- Closing remarks by GSP
- Group photo
- Certificate distribution

Total Duration: 4 hours (8:00 AM – 12:00 NN)



GIRL SCOUTS OF THE PHILIPPINES

Northern Luzon Region

Ilocos Sur Council

PARENT'S CONSENT FORM

I, the undersigned parent/guardian of _____, student from _____, hereby give my full consent for her to participate in the **Girls of Strength: GAD Primer + Boundaries, Respect, and the Empowered Girl** to be held on **NOVEMBER 29, 2025** at the **GSP Ilocos Sur Council Headquarters, Vigan City**.

I have considered the benefits that my daughter will gain from her participation in this activity, with the understanding that the organizers will exercise due care and precaution to ensure her comfort and safety. However, I acknowledge and agree that the council, school, and organizers shall not be held liable for any untoward incident beyond their control that may arise during the activity.

I also grant permission for my daughter to be included in photographs and videos taken during the activity for documentation and official GSP publications, including but not limited to reports, presentations, and social media postings.

I have informed my daughter of the responsibilities she is expected to fulfill as a participant in this event.

Parent/Guardian's Signature Over Printed Name

Date: _____

Contact No: _____