



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM

No. 23, s.2026

**DIVISION GYMNASTICS TRAINING IN PREPARATION TO 2026 REGION I
ATHLETIC ASSOCIATION MEET**

To: Assistant Schools Division Superintendent
Chief Education Supervisor (SGOD & CID)
School Head- APES, ISNHS, TES, BMSW, CCES and CAPES
All Others Concerned

1. The 1987 Philippine Constitution under Article XIV, Section 19, mandates all educational institutions to undertake regular sports activities throughout the country in cooperation with athletic clubs and other sectors. Also, in preparation to the 2026 Region 1 Athletic Association Meet, this office announces the conduct of the Division Gymnastics training at the Ilocos Norte Centennial Arena from January 15 to February 22, 2026.
2. The training aims to:
 1. enhance the competence level of student-athletes in their respective events;
 2. raise the overall performance in the 2026 R1AA Meet; and
 3. establish teamwork and camaraderie among members of the gymnastics team.
3. Parent's permit of athletes must be secured and submitted to the coaches before the conduct of training
4. To ensure that the "No Disruption of Classes Policy" will be observed, schools are enjoined to make necessary arrangements to preclude any disruption of classes and ensure normal school operations. Make-up classes and alternative delivery mode shall be promptly arranged by the respective school heads and homeroom advisers to ensure that learner-athletes will catch up with missed lessons and other school works". In addition, schools concerned are advised to provide Self-Learning Modules (SLMs) and Learning Activity Sheets (LASs) to the learner athletes as part of intervention measures for classes missed to be facilitated by coaches.
5. Moreover, schools are directed to administer the quarterly examinations earlier than the scheduled date to ensure continuous academic compliance.
6. Athletes, coaches, assistant coaches & chaperones are advised to bring their tumblers, eating utensils, reusable food containers and sleeping paraphernalia during the training.



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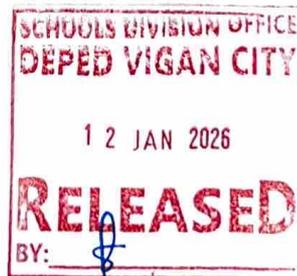
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7. Moreover, athletes and other sports officials are encouraged to source their meals from the Gulayan sa Paaralan programs of their respective schools, in support of school-based food sustainability and nutrition initiatives.
8. In strict compliance with DepEd Order No. 40, s. 2012 also known as the Child Protection Policy, coaches and assistant coaches of the individual and dual events shall accompany their athletes in going to the training venue for the safety and security of the athletes.
9. Enclosed is the schedule and participants to the gymnastics training for reference.
10. Services rendered during weekends, holidays and overtime work will be granted with service credit per DepEd Memorandum No. 35. s 2003 re Revised Guidelines on the Grant of Vacation Service Credits for Teachers.
11. Travel and incidental expenses of the teacher participants relative to their participation in the said event may be charged against school MOOE or other local funds subject to the usual accounting and auditing rules and regulations.
12. Immediate dissemination of this memorandum is desired.

VILMA D. EDA, CESO V
Schools Division Superintendent



SCHEDULE AND PARTICIPANTS TO THE GYMNASTICS TRAINING

WEEK NO.	INCLUSIVE DATES	ATHLETE/ SCHOOL	CHAPERONE	SCHOOL
1	January 15-18, 2026	1. Marlyn Jane W. Cuanico / BMSW	Rheyne Cabacungan Q.	APES
2	January 22-25, 2026		Donnalyn Carino	ISNHS
3	January 22-25, 2026	2. Cyrus Keifer Briones / APES	Antonnete Bisenio U.	TES
4	January 29 to February 1, 2026	3. Erros Ashlan R. Rabara / APES	Queenie Aslor	BMSW
5	February 5-8, 2026	4. Jilliah Kiroy A. Peralta / CAPES	Sheidahlyne Reynon	ISNHS
6	February 12-15, 2026		Josielynne Criste	CCES
7	February 19-22, 2026	5. John Wayne A. Arubio / ISNHS	Victor Apatan	ISNHS

REMARKS:

On January 15, 2026, the delegation shall depart from the Schools Division Office (SDO) Vigan City at 4:30 p.m. Thereafter, departure from the Schools Division Office Vigan City shall be at 8:00 a.m. every Thursday, with return from the Ilocos Norte Centennial Arena at 1:00 p.m. every Sunday.



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