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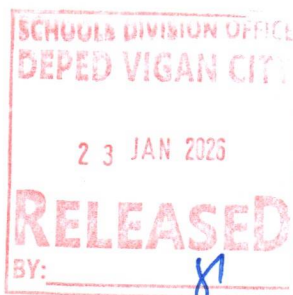
Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Division Memorandum
No. 60, s. 2026

CONDUCT OF MEDICAL AND DENTAL EXAMINATION OF ATHLETES AND COACHES FOR R1AA SY 2026

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Public and Private Elementary and Secondary School Heads
All Others Concerned

1. In preparation for the R1AA 2026, the School Health and Nutrition Section will conduct medical and dental examinations of athletes and coaches starting **January 29 to February 6, 2026 at 8:30 AM – 5:00 PM at the SDO clinic.**
2. Prior to the conduct of the activity, schools are instructed to prepare the masterlist of athletes, medical and dental forms such as MC form 1, MC form 3, MC form 3 and dental health record forms.
3. Athletes should bring with them Parent's consent and completely accomplished and signed Medical History Form (MC Form 2). **NO SIGNED OR INCOMPLETELY ACCOMPLISHED MEDICAL HISTORY FORMS, NO MEDICAL/ DENTAL CHECK UP.**
4. Athletes and coaches are expected to be ready with the required documents. **Coaches shall check the completeness and correctness of the data in the medical and dental forms.**
5. Refer to Annex A for the schedule medical/dental exam of each event.
6. Immediate dissemination of the memorandum is desired.



VILMA D. EDA, CESO V
Schools Division Superintendent



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ANNEX A

DATE	EVENTS
January 29, 2026 (AM)	Athletics (Elementary) Arnis
(PM)	Athletics (Secondary) Badminton
January 30, 2026 (AM)	Gymnastics Lawn Tennis
(PM)	Swimming Billiards
February 3, 2026 (AM)	Basketball (Secondary & 3x3)
(PM)	Basketball (Elementary) Futsal
February 4, 2026 (AM)	Volleyball (Elementary) Chess
(PM)	Volleyball (Secondary) Dance Sport
February 5, 2026 (AM)	Football
(PM)	Taekwondo Baseball
February 6, 2026 (AM)	Table Tennis Sepak Takraw Archery
(PM)	Pencak silat Wushu Wrestling Boxing
February 9, 2026 AM	Paragames – medical and dental exam will be conducted at Ilocos Sur National High School

