



2605-36

Republic of the Philippines  
**Department of Education**  
REGION I  
SCHOOLS DIVISION OF VIGAN CITY

Office of the Schools Division Superintendent

05 MAY 2026

**DIVISION MEMORANDUM** 326 S. 2026

**Division Training on UPC (Universal Prevention Curricula) for Substance Use and RACE (Recognize, Assess, Convince and Entrust) Against Suicide**

To: Assistant Schools Division Superintendent  
Chief Education Supervisor (CID and SGOD)  
Public Elementary and Secondary Schools Heads  
All Others Concerned

1. In line with DepEd's mandate under the Mental Health Act and DepEd Order No.28 s. 2018, which promotes mental health initiatives for learners and employees, the Department of Education supports the School Mental Health Program and National Drug Education Program. In this regard, the Schools Division Office, through the School Governance Operations Division- School Health and Nutrition Section, will hold a Division Training on UPC for Substance Use and RACE Against Suicide. The event, with the theme "*RACE to Prevention: Building Drug-Free and Resilient Schools,*" will be held at the *3<sup>rd</sup> Floor Conference Hall DepEd SDO Building,* on *May 12, 2026.*
2. The activity aims:
  - a. To understand the nature and scope of suicide and self-harm among learners;
  - b. To recognize warning signs and risk factors associated with suicide;
  - c. To assess and stratify suicide risk using the 6-questions Columbia Suicide Severity Rating Scale-Screen (C-SSRS);
  - d. To obtain skills in suicide first-aid techniques for at-risk individuals;
  - e. To demonstrate knowledge of the RACE framework (Recognize, Assess, Convince and Entrust); and
  - f. To develop school-based action plans to integrate both UPC and Suicide prevention.
3. The participants are School Mental Health Program Coordinators and School National Drug Education Program Coordinators. Teaching personnel who will render service during their summer vacation shall be entitled to the grant of service credits in accordance with CSC and DepEd Joint Circular No. 2, s. 2024 and CSC-DBM Circular No. 2 s. 2015 or the Policies and Guidelines.
4. Participants are advised to bring a tumbler for hydration. Those who require maintenance medications are also advised to bring them for safety purposes
5. This memorandum will serve as locator slip to the participants.



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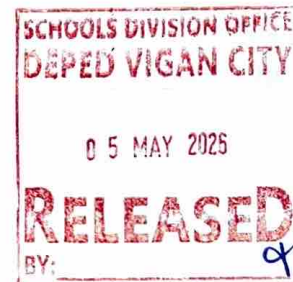


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6. Enclosures to this memorandum are the following:  
Enclosure No 1: Table 1-List of Program Management Team  
Table 2- List of Participants  
Enclosure No. 2: Program of Activities
7. For queries and concerns, please contact Dr. Arlyn D. Batulan, *Medical Officer III*, Ms. Maria Korynne P. Taborda, *Nurse II* and Ms. Laurie M. Agati, *Nurse II* at the following mobile numbers: 09771031648, 09353915611 and 09165138277, respectively.
8. Immediate and wide dissemination of this memorandum is earnestly desired.

**VILMA D. EDA, CESO V/**  
Schools Division Superintendent



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Enclosure 1 to Division Memorandum No. \_\_\_\_\_ s. 2026

**Table 1-PROGRAM MANAGEMENT TEAM**

No.	NAME	POSITION	STATION	ROLE
1.	Vilma D. Eda, CESO V	Schools Division Superintendent	SDO	Consultant
2	Annie D. Pagdilao, EdD, CESO VI	Assistant Schools Division Superintendent	SDO	Consultant
3	Rodrigo Q. Reyes, Jr	Chief Education Supervisor-SGOD	SDO	Program Head
4	Arlyn D. Batulan, MD	Medical Officer III	SDO	Assistant Program Head, OKD Programs
5	Laurie Angela M. Agati	Nurse II – Alternate NDEP & Mental Health Program Coordinator	SDO	Training Manager/ Documenter/ Secretariat/Welfare Officer
6	Maria Korynne P.Taborda	Nurse II – Division NDEP & Mental Health Program Coordinator	SDO	Training Manager/ Welfare Officer/ Secretariat/ Documenter/ Speaker
7	Racquel A. Follante	Principal II	SDO	QAME
8	Nadia Marie Adcapan	Guidance Coordinator III	ISNHS	Speaker
9	Rowena Navarro	Guidance Counselor III	ISNHS	Speaker
10	Antonio Tagorda	Master Teacher I	ISNHS	Speaker

**Table 2 -List of Participants**

1-10	<b>Program Management Team</b>	(refer to list above)		
	<b>School Participants</b>	<b>School Mental Health Coordinator</b>	<b>School National Drug Education Prevention Coordinator</b>	<b>Role</b>
11-52	Ayusan Paoa ES	Raymond Florendo	Karen Gay Cu	Participants
	Bulala Paratong ES	Jessica Rigos	Janette Epres	Participants
	Burgos Memorial School East	Vanessa Agapinan	Dina Rivad	Participants
	Burgos Memorial School West	Estrella Adolfo	Marjorie Lontoc	Participants



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Cabaroan Cabalangean ES	Jessa Mae Piano	Josielyn Criste	Participants
Capangpangan ES	Mark Linn Ricotoso	Dennis Aguimbag	Participants
Camangaan ES	Maylene Alcartado	Reginal Quario	Participants
Gov Evaristo Singson II MS	Analyn Rose Azada	Eric Bilgera	Participants
Jose Singson ES	Gloaida Reclusado	Leila Pacpaco	Participants
Mindoro ES	Karen Cereno	Grace Formoso	Participants
Nagsangalan ES	Willie Vanne Pre	Neil Onemig Purisima	Participants
Pantay Integrated School	Maggie Aytona	Mark Jason Raboy	Participants
Raois ES	Precy V. Yu	Oiner Rafanan	Participants
Rugsuanan Puroc ES	Lenilene Rapanut	Rutchie Abella	Participants
Salindeg Pong-ol Baracca ES	Ginalyn Aquino	Sheryl Pata	Participants
San Julian ES	Mirian Andres	Angelica Bucarili	Participants
Tamag ES	Antonette Bisenio	Nicole Gascon	Participants
Vigan Central School	Estrelita Refuerzo	Janeel Llanes	Participants
ISNHS	Gwynette Negapatan- <b>Secretariat</b>	Jerick Saupan	Participants
VNHSE	Lucrecia Roca	Ammiel Dwane Alquetra	Participants
VNHSW	Wilmarie Amongol	Jonas Cu	Participants
<b>Total: 52 participants</b>			





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Enclosure 2 of Division Memorandum No. \_\_\_\_ s. 2026

**Division Training on UPC (Universal Prevention Curricula) for Substance Use and RACE (Recognize, Assess, Convince and Entrust) Against Suicide**

**Theme:** *RACE to Prevention: Building Drug-Free and Resilient Schools,*  
 May 12, 2026, 3<sup>rd</sup> Floor DepEd SDO Vigan City Building

**PROGRAM OF ACTIVITIES**

<b>TIME</b>	<b>ACTIVITIES</b>	<b>RESPONSIBLE PERSON/S</b>
<b>DAY 1</b>		
7:30 am -8:00 am	Registration	PMT
8:00AM – 8:15 AM	Opening Program Philippine National Anthem	AVP
	Opening Prayer	AVP
	Welcome Message	<b>Annie D. Pagdilao, EdD, CESO VI</b> Assistant Schools Division Superintendent
	Acknowledgement of Participants	<b>Maria Korynne P. Taborda</b> Nurse II
8:16 AM –8:30 AM	-Inspirational Message	<b>Vilma D. Eda, CESO V</b> Schools Division Superintendent
	Preliminaries	
	<ul style="list-style-type: none"> <li>• Expectation Setting</li> <li>• House Rules</li> <li>• Groupings (by Cluster)</li> </ul>	<b>Maria Korynne P. Taborda</b> Nurse II



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	<ul style="list-style-type: none"> <li>• Presentation of Training Overview and Objectives Pre-Test</li> </ul>	
<b>TRAINING SESSION</b>		
8:30 AM-9:30 PM	Session 1: Understanding Suicide and School	<b>Nadia Marie Adcapan</b> <i>Guidance Coordinator III, ISNHS</i>
9:30 AM-9:45 AM	Health /Water/Bladder Break	
9:45-10:00AM	Continuation of Session 1	
10:00AM-11:30AM	Session 2: How to RACE Against Suicide	<b>Rowena P. Navarro</b> <i>Guidance Counselor III, ISNHS</i>
11:30 AM- 12:00	Workshop Activity using the C-SSRS	<b>Rowena P. Navarro</b> <i>Guidance Counselor III, ISNHS</i>
12:00 noon-1:00 PM	Lunch Break	
1:00PM-2:00PM	Simulation Period	<b>Nadia Marie Adcapan</b> <i>Guidance Coordinator III, ISNHS</i> <b>Rowena Navarro</b> <i>Guidance Counselor III, ISNHS</i>
2:00PM-3:00PM	Session 3: Universal Prevention Curricula for Substance Use Integration	<b>Antonio Tagorda</b> <i>Master Teacher II, ISNHS</i> <b>Maria Korynne P. Taborda</b> <i>Nurse II</i>
3:00PM-3:15PM	Health /Water/Bladder Break	
3:15 PM-4:00 PM	Action Planning and Presentation of Output	<b>Antonio Tagorda</b> <i>Master Teacher II, ISNHS</i> <b>Maria Korynne P. Taborda</b> <i>Nurse II</i>



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4:00PM-5:00PM

Post Test  
 Closing Program

- Nationalistic Song
- Closing Prayer

- Word of Challenge

- Acceptance of Challenge

- Awarding of Certificates

- Closing Remarks

**Emcees:**

**Estrella Adolfo**,  
 Teacher VI, BMSW,  
 School Mental Health  
 Program Coordinator

**Sheryl Pata**, Master  
 Teacher I, SPBES,  
 School NDEP  
 Coordinator

Assisted by:  
 Program  
 Management  
 Training Team

PMT

AVP

**Rodrigo Q. Reyes, Jr**  
*Chief Education Supervisor-SGOD*

**Maggie Aytona**  
*Principal I, PIS*  
 School Mental Health Program Coordinator

**Jerick Saupan**  
*Teacher, ISNHS*  
 School NDEP Coordinator

PMT

**Dr. Arlyn D. Batulan**  
*Medical Officer III*

