



Republic of the Philippines  
**Department of Education**  
 REGION I  
 SCHOOLS DIVISION OF VIGAN CITY

**DIVISION MEMORANDUM**

No. 465, s. 2026

23 JUN 2026

TO : Assistant Schools Division Superintendent  
 Chief Education Supervisors (CID & SGOD)  
 Public School Heads (Elementary and Secondary)  
 All Others Concerned

**CLARIFICATIONS ON TIME ALLOTMENT, CLASS PROGRAMMING,  
 AND LEARNING RESOURCES FOR THE STRENGTHENED  
 SENIOR HIGH SCHOOL (SSHS) CURRICULUM**

1. In response to issues, clarifications, and feedback gathered directly from schools during the Opening Block, and to ensure the smooth and effective implementation of the Strengthened Senior High School (SSHS) Curriculum under DepEd Order No. 17, s. 2026, this Office disseminates Memorandum OM-LS2026-247 titled, "Clarifications on Time Allotment, Class Programming, and Learning Resources for the Strengthened Senior High School (SSHS) Curriculum

2. The following guidelines are stipulated in the said memorandum:

**a. Time Allotment and Class Programming**

- Schools may adjust the time allotments and sample class programs prescribed in DO No. 17, s. 2026 based on their respective context and operational needs, provided that the required minimum instructional hours per subject are strictly met within the Instructional Blocks, as follows:
  - Core Subjects** – 160 hours per subject across three (3) terms,
  - Academic Electives** – 80 hours or 160 hours per subject within one (1) term,
  - Grade 11 Tech-Voc Electives** – 320 hours per subject across three (3) terms, and
  - Grade 12 Tech-Voc Electives** – 320 hours per subject within one (1) term.
- Only actual teaching and learning hours within the Instructional Blocks shall be counted in the completion of required contact hours. The Opening Block and End-of-Term Block shall not be included, except when utilized for make-up classes.
- Schools may implement blended learning modalities, as necessary, to complete required instructional hours, regardless of shift arrangements, provided that total class hours shall not exceed forty (40) hours per week.
- Schools implementing the 2016 K to 12 Senior High School Curriculum are likewise encouraged to adopt blended learning strategies to optimize instructional delivery.
- Sample class programs are provided in Annex D.2 of DO No. 17, s. 2026, with additional reference templates in Annex A of this Memorandum.



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- Teacher workload shall continue to be governed by existing policies, including Republic Act No. 4670 (Magna Carta for Public School Teachers). School heads are strongly encouraged to maintain the six (6) hours maximum actual classroom teaching load per day.
- Asynchronous learning activities shall be properly reflected in both class programs and teachers' individual teaching schedules and shall form part of their official teaching load.

**b. Learning Resources**

- The Department of Education Central Office, through the Bureau of Learning Delivery (BLD) and Bureau of Learning Resources (BLR), has developed curated Lesson Exemplars (LEs) and Learning Activity Sheets (LAS) aligned with the SSSHS Curriculum.
- These learning resources may be accessed through: <https://tinyurl.com/SSHSLEandLAS>.
- The same resources shall also be made available through the official DepEd website: <https://www.deped.gov.ph/strengthened-shs-program/>.
- The folder labeled "(Previously Released LRs for SSSHS Pilot) Core Subjects and Select Tech-Pro Electives" shall be used for reference and interim purposes only. Schools are strongly advised to adopt the updated and finalized versions once released.
- All learning resources shall be continuously uploaded and updated through the official repositories as they become available.

3. For information and guidance of all concerned.

**VILMA D. EDA, CESO V**  
Schools Division Superintendent

Encl: None

References:

OM-LS-2026-247

DepEd Order No. 17, s. 2026

CID\_pjaf/DM/Clarifications\_SSHS  
June 22, 2026





Republic of the Philippines  
**Department of Education**

OFFICE OF THE UNDERSECRETARY FOR LEARNING SYSTEMS

**MEMORANDUM**  
**OM-LS-2026-247**

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TO : **REGIONAL DIRECTORS**  
**SCHOOLS DIVISION SUPERINTENDENTS**

FROM : *Carmela C. Oracion*  
**CARMELA C. ORACION**  
*Undersecretary for Learning Systems*

SUBJECT : **CLARIFICATIONS ON TIME ALLOTMENT, CLASS**  
**PROGRAMMING, AND LEARNING RESOURCES FOR THE**  
**STRENGTHENED SENIOR HIGH SCHOOL (SSHS)**  
**CURRICULUM**

DATE : 16 June 2026

In response to feedback and questions gathered directly from schools during the Opening Block, the following guidelines are issued to support the effective implementation of the Strengthened Senior High School Curriculum under DepEd Order No. 17, s. 2026.

**1. Time Allotment and Class Programming**

Time allotments and sample class programs in DO No. 17, s. 2026 may be adjusted to fit each school's context and operational needs, provided the prescribed minimum total instructional hours per subject are met within the Instructional Blocks:

- Core Subjects – 160 hours per subject across 3 Terms
- Academic Electives – 80 hours or 160 hours per subject for 1 Term
- Grade 11 Tech-Pro Electives – 320 hours per subject across 3 Terms
- Grade 12 Tech-Pro Electives – 320 hours per subject for 1 Term

**Only teaching and learning hours within the Instructional Blocks count toward the total.** The Opening Block and End-of-Term Block shall not be considered part of the total instructional hours, unless used for makeup classes.

To complete the required number of hours without compromising learner welfare, schools may conduct blended learning activities as needed, regardless of the number of shifts, provided that class hours shall not exceed 40 hours per week. Schools that are implementing the 2016 K to 12 Senior High School Curriculum are likewise encouraged to explore blended learning activities. Sample class programs are in Annex D.2 of DO No. 17, s. 2026; additional samples are in **Annex A** of this document.

Teacher workload shall continue to be governed by existing DepEd policies, including Republic Act (RA) No. 4670 or the “Magna Carta for Public School Teachers”. All school heads are encouraged to protect the six (6) hours of actual classroom teaching load per day for all teachers. Asynchronous sessions must be reflected in both the class program and teachers' schedules as part of their teaching load.

## **2. Learning Resources**

The DepEd Central Office, through the Bureau of Learning Delivery (BLD) and Bureau of Learning Resources (BLR), has prepared a curated set of Lesson Exemplars (LE) and Learning Activity Sheets (LAS) aligned with the SSHS Curriculum. These Learning Resources may be accessed through <https://tinyurl.com/SSHSLandLAS> and shall also be made available via the official DepEd website.

Please note that the folder entitled “**(Previously Released LRs for SSHS Pilot) Core Subjects and Select Tech-Pro Electives**” is provided for reference and interim use only. Once the finalized resources are made available, the use of the updated versions is strongly recommended.

All learning resources shall be continuously uploaded to the said link and the official SSHS website (<https://www.deped.gov.ph/strengthened-shs-program/>) as they become available.

For information and guidance.

**Annex A. Additional SSHS Sample Class Program**

For the full context and other sample class programs, please refer to DO No. 17, s.2026.

**Sample Grade 11 Class Schedule for Strengthened SHS - Academic Track**

Grade 11		
1st Term	2nd Term	3rd Term
Academic Elective 1 (80 hours)	Academic Elective 2 (80 hours)	Academic Elective 3 (80 hours)
Core Subject 1 (160 hours)		
Core Subject 2 (160 hours)		
Core Subject 3 (160 hours)		
Core Subject 4 (160 hours)		
Core Subject 5 (160 hours)		

**Regular Shift - 1st Term to 3rd Term (1 hour per Core Subject, 1.5 hours per Elective)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00	Core Subject 1				
8:00-9:00	Core Subject 2				
9:00-9:15	Break				
9:15-10:15	Core Subject 3				
10:15-11:15	Core Subject 4				
11:15-12:00	Lunch Break				
12:00-1:00	Core Subject 5				
1:00-2:00	Academic Elective				
2:00-2:30					
2:30-3:30	Homeroom Guidance Program (HGP)				

**Double Shift - 1st Term to 3rd Term (1 hour per Core Subject, approx. 1.5 hours per Elective)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Core Subject 1				
7:00-8:00	Core Subject 2				
8:00-9:00	Core Subject 3				
9:00-9:15	Break				
9:15-10:15	Core Subject 4				
10:15-11:15	Core Subject 5				
11:15-12:15	Academic Elective			Academic Elective	
12:15-12:45				HGP	
Estimated total number of hours for asynchronous sessions: Academic Elective = 8.5 hours for the entire term					

**Sample Grade 12 Class Schedule for  
Strengthened SHS - Academic Track**

Grade 12		
1st Term	2nd Term	3rd Term
Academic Elective 4 (80 hours)	Academic Elective 8 (80 hours)	Academic Elective 12 (80 hours)
Academic Elective 5 (80 hours)	Academic Elective 9 (80 hours)	Academic Elective 13 (80 hours)
Academic Elective 6 (80 hours)	Academic Elective 10 (80 hours)	Academic Elective 14 (80 hours)
Academic Elective 7 (80 hours)	Academic Elective 11 (80 hours)	Academic Elective 15 (80 hours)

**Regular Shift - 1st term (1.5 hours per Elective)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00	Academic Elective 4				
8:00-8:30					
8:30-9:00	Break				
9:00-10:0	Academic Elective 5				
10:00-10:30					
10:30-11:30	Academic Elective 6				
11:30-12:00					
12:00-1:00	Lunch Break				
1:00-2:00	Academic Elective 7				
2:00-2:30					
2:30-3:30					HGP

**Double Shift - 1st Term to 3rd Term (1.5 hours per Elective)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Academic Elective 4				
7:00-7:30					
7:30-8:30	Academic Elective 5				
8:30-9:00					
9:00-9:15	Break				
9:15-10:15	Academic Elective 6				
10:15-10:45					
10:45-11:45	Academic Elective 7				
11:45-12:15					
12:15-12:45					HGP

**Sample Grade 11 Class Schedule for  
Strengthened SHS - Tech-Pro Track**

Grade 11		
1st Term	2nd Term	3rd Term
	Core Subject 1 (160 hours)	
	Core Subject 2 (160 hours)	
	Core Subject 3 (160 hours)	
	Core Subject 4 (160 hours)	
	Core Subject 5 (160 hours)	
	Tech-Pro Elective 1 (320 hours)	

**Regular Shift - 1st Term to 3rd Term (1 hour per Core Subject, 2 hours per Elective)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00			Core Subject 1		
8:00-9:00			Core Subject 2		
9:00-9:15			<i>Break</i>		
9:15-10:15			Core Subject 3		
10:15-11:15			Core Subject 4		
11:15-12:00			<i>Lunch Break</i>		
12:00-1:00			Core Subject 5		
1:00-2:00			Tech-Pro Elective 1		
2:00-3:00					
3:00-3:30					HGP

**Double Shift - 1st Term to 3rd Term (1 hour per Core subject 4x a week, 2 hours per Elective)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Core Subject 1	Core Subject 1	Core Subject 1	Core Subject 1	Core Subject 2
7:00-8:00	Core Subject 2	Core Subject 2	Core Subject 2	Core Subject 3	Core Subject 3
8:00-9:00	Core Subject 3	Core Subject 3	Core Subject 4	Core Subject 4	Core Subject 4
9:00-9:15			<i>Break</i>		
9:15-10:15	Core Subject 4	Core Subject 5	Core Subject 5	Core Subject 5	Core Subject 5
10:15-11:15			Tech-Pro Elective 1		
11:15-12:15					
12:15-12:45					HGP
Estimated total number of hours for asynchronous sessions: Core Subject - 28 hours per core subject for three terms					

**Sample Grade 12 Class Schedule for  
Strengthened SHS - Tech-Pro Track**

Grade 12		
1st Term	2nd Term	3rd Term
Tech-Pro Elective 2 (320 hours)	Tech-Pro Elective 3 (320 hours)	Work Immersion (320 hours)

**Regular Shift - 1st Term to 2nd Term (6 hours per Elective)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-8:00	Tech-Pro Elective				
8:00-9:00					
9:00-9:15	Break				
9:15-10:15	Tech-Pro Elective				
10:15-11:15					
11:15-12:00	Lunch Break				
12:00-1:00	Tech-Pro Elective				
1:00-2:00					
2:00-3:00					HGP

**Double Shift - 1st Term to 2nd Term (5.5 hours per Elective)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Tech-Pro Elective				
7:00-8:00					
8:00-8:15	Break				
8:15-9:15	Tech-Pro Elective				
9:15-10:15					
10:15-10:30	Break				
10:30-11:30	Tech-Pro Elective				
11:30-12:00					
12:00-12:30					HGP
Estimated total number of hours for asynchronous sessions: Tech-Pro Elective = 17.5 hours per Tech-Pro Elective for the entire term					

**Regular and Double Shift - 3rd Term**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-12:00	Work Immersion (break from 12:00-1:00 PM) Schedule 1 hour HGP				
12:00-1:00					
1:00-3:00					

**Sample Grade 12 2016 K to 12 Senior High School  
Curriculum Class Schedule**

<b>Science, Technology, Engineering, and Mathematics (STEM)</b>		
<b>1st Term</b>	<b>2nd Term</b>	<b>3rd Term</b>
<ul style="list-style-type: none"> <li>• Subject 1 (80 hours)</li> <li>• Subject 2 (80 hours)</li> <li>• Subject 3 (80 hours)</li> <li>• Subject 4 (80 hours)</li> <li>• Subject 5 (80 hours)</li> <li>• Subject 6 (20 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Subject 7 (80 hours)</li> <li>• Subject 8 (80 hours)</li> <li>• Subject 9 (80 hours)</li> <li>• Subject 10 (80 hours)</li> <li>• Subject 11 (80 hours)</li> <li>• Subject 12 (20 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Subject 13 (80 hours)</li> <li>• Subject 14 (80 hours)</li> <li>• Subject 15 (80 hours)</li> <li>• Subject 16 (80 hours)</li> <li>• Subject 17 (80 hours)</li> </ul>

**Regular Shift**

**1st Term (2 hours per Subject 3x a week, 1 hour 2x a week for PE)**

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
7:00-9:00	Subject 1	Subject 1	Subject 1	Subject 2	Subject 2
9:00-9:15	<i>Health Break</i>				
9:15-11:15	Subject 2	Subject 3	Subject 3	Subject 3	Subject 4
11:15-12:00	<i>Lunch Break</i>				
12:00-2:00	Subject 4	Subject 4	Subject 5	Subject 5	Subject 5
2:00-3:00	HGP	Subject 6 (PE)	Subject 6 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 1 to 5 = 14 hours per subject for the entire term					

**2nd Term (2 hours per Subject 3x a week, 1 hour 2x a week for PE)**

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
7:00-9:00	Subject 7	Subject 7	Subject 7	Subject 8	Subject 8
9:00-9:15	<i>Health Break</i>				
9:15-11:15	Subject 8	Subject 9	Subject 9	Subject 9	Subject 10
11:15-12:00	<i>Lunch Break</i>				
12:00-2:00	Subject 10	Subject 10	Subject 11	Subject 11	Subject 11
2:00-3:00	HGP	Subject 12 (PE)	Subject 12 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 7 to 11 = 14 hours per subject for the entire term					

**3rd Term (2 hours per Subject 3x a week)**

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
7:00-9:00	Subject 13	Subject 13	Subject 13	Subject 14	Subject 14
9:00-9:15	<i>Health Break</i>				
9:15-11:15	Subject 14	Subject 15	Subject 15	Subject 15	Subject 16
11:15-12:00	<i>Lunch Break</i>				
12:00-2:00	Subject 16	Subject 16	Subject 17	Subject 17	Subject 17
2:00-3:00	HGP				
Estimated total number of hours for asynchronous sessions: Subjects 13 to 17 = 14 hours per subject for the entire term					

### Double Shift (STEM)

#### 1st Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 1				
7:00-8:00	Subject 2				
8:00-9:00	Subject 3				
9:00-9:15	<i>Break</i>				
9:15-10:15	Subject 4				
10:15-11:15	Subject 5				
11:15-12:15	HGP	Subject 6 (PE)	Subject 6 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 1 to 5 = 25 hours per subject for the entire term					

#### 2nd Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 7				
7:00-8:00	Subject 8				
8:00-9:00	Subject 9				
9:00-9:15	<i>Break</i>				
9:15-10:15	Subject 10				
10:15-11:15	Subject 11				
11:15-12:15	HGP	Subject 12 (PE)	Subject 12 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 7 to 11 = 25 hours per subject for the entire term					

#### 3rd Term (1 hour per Subject 5x a week)

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 13				
7:00-8:00	Subject 14				
8:00-9:00	Subject 15				
9:00-9:15	<i>Break</i>				
9:15-10:15	Subject 16				
10:15-11:15	Subject 17				
11:15-12:15	HGP				
Estimated total number of hours for asynchronous sessions: Subjects 13 to 17 = 25 hours per subject for the entire term					

Technical-Vocational-Livelihood (TVL)		
1st Term	2nd Term	3rd Term
<ul style="list-style-type: none"> <li>• Subject 1 (80 hours)</li> <li>• Subject 2 (80 hours)</li> <li>• Subject 3 (80 hours)</li> <li>• Subject 4 (20 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Subject 7 (80 hours)</li> <li>• Subject 8 (80 hours)</li> <li>• Subject 9 (80 hours)</li> <li>• Subject 10 (20 hours)</li> </ul>	<ul style="list-style-type: none"> <li>• Subject 11 (80 hours)</li> <li>• Subject 12 (80 hours)</li> <li>• Subject 13 (80 hours)</li> <li>• Subject 14 (<i>i.e. Work Immersion</i>) (80 hours)</li> </ul>
Subject 5 (160 hours)		
Subject 6 (160 hours)		

### Regular Shift

**1st Term (2 hours per Subject 3x a week, 2 hours per Specialized Subject 4x a week, 1 hour 2x a week for PE)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 1	Subject 1	Subject 1	Subject 2	Subject 5
9:00-9:15	Health Break				
9:15-11:15	Subject 2	Subject 2	Subject 3	Subject 3	Subject 5
11:15-12:00	Lunch Break				
12:00-2:00	Subject 3	Subject 5	Subject 6	Subject 5	Subject 6
2:00-3:00	HGP	Subject 4 (PE)	Subject 4 (PE)	Subject 6	Subject 6
Estimated total number of hours for asynchronous sessions: Subjects 1 to 3 = 14 hours per subject for the entire term					

**2nd Term (2 hours per Subject 3x a week, 2 hours per Specialized Subject 4x a week, 1 hour 2x a week for PE)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:00-9:00	Subject 7	Subject 7	Subject 7	Subject 8	Subject 5
9:00-9:15	Health Break				
9:15-11:15	Subject 8	Subject 8	Subject 9	Subject 9	Subject 5
11:15-12:00	Lunch Break				
12:00-2:00	Subject 9	Subject 5	Subject 6	Subject 5	Subject 6
2:00-3:00	HGP	Subject 10 (PE)	Subject 10 (PE)	Subject 6	Subject 6
Estimated total number of hours for asynchronous sessions: Subjects 7 to 9 = 14 hours per subject for the entire term					

**3rd Term (2 hours per Subject 4x a week, Work Immersion)**

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
7:00-9:00	Subject 11	Subject 11	Subject 11	Subject 11	Subject 14 (8 hours of Work Immersion with a break from 12:00-1:00 PM)	
9:00-9:15	Health Break					
9:15-11:15	Subject 12	Subject 12	Subject 12	Subject 12		
11:15-12:00	Lunch Break					
12:00-2:00	Subject 13	Subject 13	Subject 13	Subject 13		
2:00-3:00	HGP					

### Double Shift (TVL)

**1st Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 1				
7:00-8:00	Subject 2				
8:00-9:00	Subject 3				
9:00-9:15	Break				
9:15-10:15	Subject 5				
10:15-11:15	Subject 6				
11:15-12:15	HGP	Subject 4 (PE)	Subject 4 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 1 to 3, 5, and 6 = 25 hours per subject for the entire term					

**2nd Term (1 hour per Subject 5x a week, 1 hour 2x a week for PE)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 7				
7:00-8:00	Subject 8				
8:00-9:00	Subject 9				
9:00-9:15	Break				
9:15-10:15	Subject 5				
10:15-11:15	Subject 6				
11:15-12:15	HGP	Subject 10 (PE)	Subject 10 (PE)		
Estimated total number of hours for asynchronous sessions: Subjects 7 to 9, 5, and 6 = 25 hours per subject for the entire term					

**3rd Term (1 hour per Subject 5x a week, Work Immersion)**

AM Shift	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6:00-7:00	Subject 11	Subject 11	Subject 11	Subject 11	Subject 14 (8 hours of Work Immersion with a break from 12:00-1:00 PM)
7:00-8:00	Subject 12	Subject 12	Subject 12	Subject 13	
8:00-8:15	Break				
8:15-9:15	Subject 13	Subject 13	Subject 13	Subject 12	
10:15-11:15	HGP	Subject 11	Subject 12	Subject 13	
Estimated total number of hours for asynchronous sessions: Subjects 11 to 13 = 25 hours per subject for the entire term					