



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

2609-252
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9/17/26

DIVISION MEMORANDUM

No. 738, s. 2026

08 SEP 2026

**PARTICIPATION FOR THE REGIONAL
MENTAL HEALTH ADVOCATE SUMMIT 2026**

To: Assistant Schools Division Superintendent
Chief Education Supervisor (SGOD)
School Heads of Vigan Central School, Burgos Memorial School West,
Ilocos Sur National High School and Vigan National High School East
All Others Concerned

1. In reference to Regional Memorandum 1129, s. 2026, titled "**Participants for the Regional Mental Health Advocate Summit 2026**," this Office announces the participation of the Schools Division of Vigan City in the Regional Summit to be held on October 6-9, 2026, at National Educator Academy of the Philippines-Region 1 (NEAP-R1), San Vicente, City of San Fernando, La Union.

2. The summit aims to strengthen the knowledge, skills and competencies of school personnel in promoting the mental health and psychological well-being of learners through evidence-based assessment and intervention practices.

3. The participants are the following:

NAME/POSITION/SCHOOL
Didith Ramos Guidance Counselor III, ISNHS
Jean Tablang School Counselor Associate I, VCS
Regine Marie Ramos School Counselor Associate I, BMSW
Charlene Calbero School Counselor Associate I, VNHSE

4. Participants are expected to arrive at the venue on October 6, 2026. Check-in will begin after lunch, with the afternoon snacks to be served as the first meal. Check-out is on October 9, 2026, before lunchtime, with lunch to be served as the last meal.

5. Attached is the Regional Memorandum No. 1129 s. 2026 for reference.

6. For information and guidance of all concerned.

VILMA D. EDA, CESO V
Schools Division Superintendent



Encl: None
Reference: As stated
SGOD SHNS/mkpt/DM- Participants to the Regional Mental Health Advocate Summit 2026
September 7, 2026



Address: Mena Crisologo St. corner Rivero St., Brgy. IX, Vigan City, Ilocos Sur
Telephone No: (077) 722-20-23 / (077) 632-05-33
Email Address: vigan.city@deped.gov.ph
Website: www.depedvigancity.com

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REGION I



REGIONAL MEMORANDUM

No. 1139 s. 2026

2009-356 E 1527

SEP 03 2026

**PARTICIPANTS FOR THE REGIONAL MENTAL HEALTH ADVOCATES SUMMIT
2026**

To: Schools Division Superintendents

1. This refers to Regional Memorandum No. 996, s. 2026 titled "Mental Health Advocates Summit 2026", the conduct of the three-day activity will be **on October 6 - 9, 2026 at National Educators Academy of the Philippines - Region 1 (NEAP-R1), San Vicente, City of San Fernando, La Union.**
2. The summit aims to strengthen the knowledge, skills, and competencies of school personnel in promoting the mental health and psychological well-being of learners through evidence-based assessment and intervention practices.
3. The following participants have been pre-identified and signified their attendance to the said training:
(See Enclosure No. 1 for the complete list of participants by SDO's)
4. Participants are expected to **arrive at the venue on October 6, 2026. Check-in will begin after lunch, with PM Snack as the first meal to be served. Check-out is on October 9, 2026, before lunch time, with lunch as the last meal to be served.**
5. Requests for **changes in participants or representative**, as well as **notices of withdrawal from the activity, must be submitted at least two (2) weeks before the event.** Replacement participants must preferably be of the same gender for room accommodation purposes. **Unregistered participants arriving on the day of the activity will not be accommodated.**
6. Any changes of participants or representative who withdraws from the event within one week of its commencement must submit a justification letter signed by the Schools Division Superintendent.
7. Attached is the program matrix for the Regional Mental Health Advocates Summit 2026, for your reference. **(See Enclosure No. 2)**
8. Travel and other incidental expenses of the participants, including learners, shall be charged against their respective local funds, subject to existing accounting and auditing rules and regulations.



Flores St., Catbangen, City of San Fernando, La Union
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9. Service Credits or Compensatory Time-Off (CTO) shall be granted to the participants if the activity falls on holiday, weekend, cancellation or suspension of classes and work in Government Offices due to typhoon, flooding, other weather disturbances, and calamities pursuant to the guidelines specified in DepEd Order No. 53, s. 2003 on the Updated Guidelines on Grant of Vacation Service Credits to teachers and CSC-DBM Joint Circular No. 2, s. 2004 on Non-Monetary Remuneration for Overtime Services Rendered, whichever is appropriate and applicable.
10. All other provisions of Regional Memorandum No. 996, s. 2026 shall remain in effect unless otherwise modified by this memorandum.
11. This memorandum serves as the **Official Authority to Travel** for the identified personnel.
12. For inquiries, please contact **Dr. Mae Lavern M. Sibayan-Oriña, Medical Officer IV** or **Mr. Amante C. Ofiana Jr., Technical Assistant II** for the School Mental Health Program through email: essd.region1@deped.gov.ph.
13. Immediate and wide dissemination of this Memorandum is desired.


ESTELA P. LEON-CARIÑO, EdD, CESO III
Director IV / Regional Director

Encl.: As stated
Reference: RM No. 996 s. 2026
To be indicated in the Perpetual Index
Under the following subjects:

PROGRAMS
SEMINARS

ESSD/acojr/RM_MentalHealthAdvocatesSummit2026
August 27, 2026



ESSD260759



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Enclosure No. 1 to RM No. _____, s. 2026

PARTICIPANTS		
SCHOOLS DIVISION OFFICE	NAME	DESIGNATION
ALAMINOS CITY	1. GLENN MARTIN T. RAROQUE	Nurse II
	2. KHARLO A. PASCUA	Nurse II
	3. ROSE-ANN AMORES	Nurse II
	4. JANESEA RAMISCAL	Guidance Counselor III
BATAC CITY	1. ADELAIDA P. MANGLAL-LAN	Guidance Counselor II
	2. JADE NATHALIE F. DOMINGO	School Counselor Associate I
	3. JADE AMETHYST J. PARADO	School Counselor Associate I
	4. JENENA KAYE C. AGCAOILI	School Counselor Associate I
CANDON CITY	1. VIENNA VENUS V. EGALLA	Nurse II
	2. KATHLENE MAE A. DE CASTRO	School Counselor Associate I
	3. MARK KELLY V. LAFIANO	School Counselor Associate I
	4. MARGARETH R. DE MESA	School Counselor Associate I
DAGUPAN CITY	1. EDGAR T. TIMBOL	PSDS - RGC - DIVISION GUIDANCE
	2. ALLELI JILL T. BARBERAN	Guidance Coordinator III
	3. GLENN ERICKSON T. BASTO	Nurse
	4. BETHANY VENICE S. BAUTISTA	PDO I - Youth Formation
ILOCOS NORTE	1. CAILA ANGELICA LEGARDA	School Counselor Associate I
	2. JEREMY JUDE DALERE	School Counselor Associate I
	3. LLORYANE ABCDE NACNAC	School Counselor Associate I
	4. JESREEN MAE GALUT ALEGRE	School Counselor Associate I
ILOCOS SUR	1. ELMER S. BELMONTE	Guidance Counselor III
	2. DANICA PEARL P. RICOD	School Counselor Associate I
	3. VIM VIM TABANGCURA	School Counselor Associate I
	4. ZYRELLE KRHYSS R. AYUNON	School Counselor Associate I
LAOAG CITY	1. RONALYN DONA A. CUBINAR	Nurse II
	2. ROSALIE O. LINGALING	RGC, INNHS
	3. THERESA ANGELINE F. CO	RGC, INCAT
	4. CATHERINE VALENCIA	Guidance Counselor, INCAT
LA UNION	1. LODIVINA B. BAYANI	SEPS HRD RGC
	2. BERNADETTE M. LACSAMANA	Guidance Counselor III
	3. JOY E. BOGAOAN	Guidance Counselor III
	4. LEA LEM-EW	Guidance Counselor III
PANGASINAN I	1. REYCELYN L. MAYLAS	Guidance Coordinator III
	2. ROVI SHENNA C. MANUEL	Guidance Counselor III
	3. REGINE B. LOPEZ	Guidance Counselor III
	4. ELENA C. SIOSON	Guidance Counselor III



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PANGASINAN II	1. DONNA A. VOLANTE	Guidance Counselor III
	2. NIKA PAULA P. TACDOL	Guidance Counselor III
	3. MEL JOBELLE B. CERVANTES	Guidance Counselor I
	4. JANICE CHARMIN G. ALMENDARES	Nurse II
SAN CARLOS CITY	1. ANNALISA F. CRUZ	Nurse II
	2. XYLEE C. RESUELLO	Guidance Counselor III
	3. JOSELITO MIGUEL C. SIBAYAN III	Guidance Counselor II
	4. SERVILLANO B. SUDIO JR.	Guidance Counselor III
SAN FERNANDO CITY	1. EDWARD ALFON L. BACCAY	School Counselor Associate I
	2. FIONA VIANCA J. AMORCELA	School Counselor Associate I
	3. KURT B. CAPSULA	School Counselor Associate I
	4. CRIZALENE E. PALABAY	School Counselor Associate I
URDANETA CITY	1. RICARDO D. NASTOR	Nurse II
	2. HAYDE M. MONTERO	Guidance Counselor III
	3. ANDREA VERA M. NER	Guidance Counselor II
	4. JHOANNA GRACE M. OPEÑA	Guidance Counselor II
VIGAN CITY	1. DIDITH RAMOS	Guidance Counselor III
	2. CHARLENE CALBERO	School Counselor Associate I
	3. REGINE MARIE RAMOS	School Counselor Associate I
	4. JEAN TABLANG	School Counselor Associate I

PROGRAM MANAGEMENT TEAM		
OFFICE	NAME	DESIGNATION / POSITION
REGIONAL OFFICE	1. SARAH Q. CASUGA	Chief Education Supervisor Education Support Services Division
	2. MARIA TERESA M. BAUTISTA	Chief Education Supervisor Human Resource Development Division
	3. MAE LAVERN M. SIBAYAN-ORÍÑA	Medical Officer IV
	4. MARJORIE G. PUDIN	Dentist III
	5. AMANTE C. OFIANA JR.	Technical Assistant II
SDO Ilocos Sur	6. GENEVA D. ANIES	School Counselor Associate I
SDO Candon City	7. RACQUEL M. BENJAMIN	School Counselor Associate I
LEARNING FACILITATORS		
Intouch Counseling Center, Seoul, South Korea	8. SEUNG JUNG KIM	Professional Counselor
SDO Vigan City	9. NADIA MARIE A. ADCAPAN	Guidance Counselor III
SDO San Carlos City	10. SHERIDAN S. MANAMTAM	Guidance Counselor III
SDO Alaminos City	11. JENNALYN O. RABANAL	Nurse II
SDO Pangasinan II	12. ANNABELLA G. DINGWASEN	Guidance Counselor III
SDO Ilocos Sur	13. ELMER S. BELMONTE	Guidance Counselor III

MENTAL HEALTH ADVOCATES SUMMIT 2026
National Educators Academy of the Philippines – Region 1
San Vicente, City of San Fernando, La Union
October 6-9, 2026

DATE/TIME	ACTIVITY	PERSON/S IN-CHARGE
DAY 1 October 6, 2026 (Tuesday)		
8:00 AM – 12:00 PM	ARRIVAL OF PARTICIPANTS & REGISTRATION	Program Management Team <i>Education Support Services Division</i>
1:00 PM – 1:30 PM	OPENING PROGRAM - National Anthem - Opening Prayer - Region 1 Hymn - DepEd Quality Policy Statement	Program Management Team <i>Education Support Services Division</i>
1:30 PM – 1:45 PM	Welcome Remarks	DR. RHODA T. RAZON <i>Assistant Regional Director</i> DepEd Regional Office I
1:45 PM – 2:00 PM	Inspirational Message	ESTELA P. LEON-CARIÑO EdD. CESO III <i>Regional Director</i> DepEd Regional Office I
2:00 PM – 2:15 PM	Leveling of Expectations	DR. MAE LAVERN M. SIBAYAN-ORIÑA <i>Medical Officer IV</i> Education Support Services Division
2:20 PM – 3:30 PM	PLENARY 1: Understanding Student Mental Health in Modern Education	GENEVA D. ANIES <i>School Counselor Associate I</i> Quinarayan Elementary School SDO Ilocos Sur
3:30 PM – 3:35 PM	HEALTH BREAK	
3:35 PM – 4:35 PM	PLENARY 2: Mind the Gap: Bridging Generations in Mental Health Conversations	AMANTE C. OFIANA JR., RPM, CTSP <i>Technical Assistant II</i> Education Support Services Division DepEd Regional Office I
6:00 PM ONWARDS	DINNER	
DAY 2 October 7, 2026 (Wednesday)		
8:00 AM – 9:30 AM	SESSION 1: Understanding Myself & Others	Seung Jung Kim <i>Professional Counselor</i> Intouch Counseling Center, SaRang Church, Seoul, South Korea
9:30 AM – 9:45 AM	HEALTH BREAK	
9:45 AM – 11:15 AM	SESSION 2: Foundations of Counseling	
11:15 AM – 12:00 PM	WORKSHOP 1: Listening & Communication Practice	
12:00 PM – 1:00 PM	LUNCH BREAK	
1:00 PM – 2:15 PM	SESSION 3: Understanding Students' Concerns and Emotional Needs	
2:15 PM – 3:00 PM	WORKSHOP 2: Practical Counseling Activities	
3:00 PM – 3:15 PM	Health Break	
3:15 PM – 4:30 PM	SESSION 4: Responding to Students' Needs	
4:30 PM – 5:00 PM	Integration, Reflection, and Q&A	
6:00 PM ONWARDS	DINNER	
DAY 3 October 8, 2026 (Thursday)		

6:00 AM – 7:45 AM	BREAKFAST	
7:45 AM – 8:00 AM	PRELIMINARIES ▪ Nationalistic Song ▪ Opening Prayer ▪ Energizer	Program Management Team <i>Education Support Services Division</i>
8:00 AM – 9:30 PM	SESSION 5: The Importance of Mental Health Assessment in School Settings	RACQUEL M. BENJAMIN, RPM, CHRA <i>School Counselor Associate I</i> <i>Candon National High School</i> <i>SDO Candon City</i>
9:30 AM – 9:45 AM	HEALTH BREAK	
9:50 AM – 11:00 AM	SESSION 6: Overview to Children & Adolescents Risk Screener (CARS) in Schools	NADIA MARIE A. ADCAPAN, RGC <i>Guidance Coordinator III</i> <i>Ilocos Sur National High School</i> <i>SDO Vigan City</i>
11:00 AM – 12:00 PM	SESSION 7: Administration, Scoring, and Implementation of Children & Adolescents Risk Screener (CARS) – Part 1	SHERIDAN S. MANAMTAM, RGC <i>Guidance Counselor III</i> <i>Speaker Eugenio Perez National Agricultural School</i> <i>SDO San Carlos City</i>
12:00 PM – 1:00 PM	LUNCH	
1:00 PM – 1:15 PM	ENERGIZER	
1:15 PM – 2:15 PM	SESSION 7: Administration, Scoring, and Implementation of Children & Adolescents Risk Screener (CARS) – Part 2	SHERIDAN S. MANAMTAM, RGC <i>Guidance Counselor III</i> <i>Speaker Eugenio Perez National Agricultural School</i> <i>SDO San Carlos City</i>
2:15 PM – 3:15 PM	SESSION 8: Overview to RAPID & COMPREHENSIVE HEEADSS Assessment Tool (Part 1)	JENNALYN O. RABANAL <i>Nurse II</i> <i>SDO Alaminos City</i>
3:15 PM – 3:30 PM	HEALTH BREAK	
3:30 PM – 4:30 PM	SESSION 8: Overview to RAPID & COMPREHENSIVE HEEADSS Assessment Tool (Part 2)	JENNALYN O. RABANAL <i>Nurse II</i> <i>SDO Alaminos City</i>
6:00 PM ONWARDS	DINNER	
DAY 4 October 9, 2026 (Friday)		
6:00 AM – 7:45 AM	BREAKFAST	
7:45 AM – 8:00 AM	PRELIMINARIES ▪ Nationalistic Song ▪ Opening Prayer ▪ Energizer	Program Management Team <i>Education Support Services Division</i>
8:00 AM – 9:00 AM	SESSION 9: Overview to Columbia-Suicide Severity Rating Scale (C-SSRS) – Part 1	ANNABELLA G. DINGWASEN, RGC, LPT <i>Guidance Counselor III</i> <i>Benigno V. Aldana National High School</i> <i>SDO Pangasinan II</i>
9:00 AM – 10:00 AM	SESSION 9: Overview to Columbia-Suicide Severity Rating Scale (C-SSRS) – Part 2	ELMER S. BELMONTE <i>Guidance Counselor III</i> <i>Tagudin National High School</i>
9:30 AM – 9:45 AM	HEALTH BREAK	
9:50 AM – 11:00 AM	CLOSING REMARKS	DR. SARAH Q. CASUGA <i>Chief Education Supervisor</i> <i>Education Support Services Division</i>
11:00 AM – 12:00 PM	CLOSING CEREMONY AND AWARDING OF CERTIFICATES	Program Management Team <i>Education Support Services Division</i>
12:00 PM – 1:00 PM	LUNCH BREAK	
1:00 PM ONWARDS	DEPARTURE	
HOME SWEET HOME		