



Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Advisory No. 192 s. 2026

13 OCT 2026

**PARTICIPATION IN THE STEPS FOR STATISTICS: NSM FUN WALK 2026 AND
MOVE WITH THE NUMBERS: NSM ZUMBA 2026**

In reference to the Invitation of the Provincial Statistics Committee (PSC) of Ilocos Sur, dated 09 October 2026, regarding the Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026, all SDO personnel and school personnel are invited to participate in the said activities in celebration of the **37th National Statistics Month (NSM)**.

The activities will be held on **15 October 2026 (Thursday), at 4:00 PM at Plaza Burgos, Vigan City, Ilocos Sur**. The **NSM Fun Walk** will be immediately followed by the **NSM Zumba**, promoting health, wellness, camaraderie, and inter-agency collaboration.

All SDO personnel and school personnel are encouraged to participate in both activities. Interested participants are requested to register through:
<https://tinyurl.com/37thNSMWalkZumba>

Attached is the invitation letter for reference.

School Heads and concerned SDO personnel are requested to encourage and facilitate participation in the said activities.

For inquiries, please contact:

JOHN MICHAEL S. SARABIA
PSC Secretariat
Contact number: 09171929356
Email: ilocosur@psa.gov.ph
pscilocosur2025@gmail.com

SGOD/RQRJr/gpc



Fwd: [PSC] Invitation to Participate in the Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026 on 15 October 2026

From PSA RSSO 01 Ilocos Sur <ilocossur@psa.gov.ph>

Date Mon 12/10/2026 11:13

2610-1155 E 1787

To vigan.fo@immigration.gov.ph <vigan.fo@immigration.gov.ph>; PDOHO.IS@ilocos.doh.gov.ph <PDOHO.IS@ilocos.doh.gov.ph>; Ilocos Sur PHO <pho.isur@yahoo.com>; FHSIS Ilocos Sur <phoisur.fhsis@gmail.com>; Ilocos Sur Police Provincial Office PCADB <pnpisurpcr@gmail.com>; paovigancity@gmail.com <paovigancity@gmail.com>; DEPED CANDON CITY <candon.city@depd.gov.ph>; DEPED VIGAN CITY <vigan.city@depd.gov.ph>; DEPED ILOCOS SUR <ilocos.sur@depd.gov.ph>; pswdo ilocos sur <pswdoilocosur@gmail.com>; dilgisur@gmail.com <dilgisur@gmail.com>; DILG Ilocos Sur <dilg_isur@yahoo.com>; ilocos sur provincial office ncip region1 <ncipr1ilocosur@gmail.com>; PPO- PGIS <ppo.ilocosur22@gmail.com>; Omoso, Jay Oliver S. <omosoj@philhealth.gov.ph>; mbmanto@dswd.gov.ph <mbmanto@dswd.gov.ph>; vigan@pagibigfund.gov.ph <vigan@pagibigfund.gov.ph>; SSS Vigan <vigan@sss.gov.ph>; charita galimba <charitagalimba@gmail.com>; Michelle Eirish P Cost... <mepcostales@dswd.gov.ph>

Cc Chrisselle De Mesa <c.demesa@psa.gov.ph>

 3 attachments (1 MB)

[IACCRVS] Invitation to Participate in the Steps for Statistics NSM Fun Walk 2026 and Move with the Numbers NSM Zumba 2026 on 15 October 2026.pdf; 1_Guidelines_37th NSM 2026 Provincial Fun Walk.pdf; 2_Guidelines_37th NSM 2026 Provincial Zumba.pdf;

Dear Sir/Madam:

Greetings!

The Provincial Statistics Committee (PSC) of Ilocos Sur invites your office to participate in the **Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026 on 15 October 2026 (Thursday), 4:00PM at Plaza Burgos, Vigan City, Ilocos Sur.**

Attached are the guidelines for both activities for your reference. Interested participants may register through this link: <https://tinyurl.com/37thNSMWalkZumba>

We look forward to your participation and continued support in celebrating the 37th National Statistics Month.

Thank you very much.

Very truly yours,

AR/EnP. ESTRELITA I. RUGNAO

PSC-Chairperson

PPDC, PPDO Ilocos Sur

Sent by:

(Ms.) CHRISSELLE R. DE MESA

Statistical Specialist II

Ilocos Sur Provincial Statistical Office

For:

JEANETTE M. MARZAN

Chief Statistical Specialist

PSO - Ilocos Sur

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----- Forwarded message -----

From: **PSC Ilocos Sur** <pscilocossur2025@gmail.com>

Date: Mon, Oct 12, 2026 at 11:03 AM

Subject: [PSC] Invitation to Participate in the Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026 on 15 October 2026

To: <ilocossur@psa.gov.ph>, jm.marzan@psa.gov.ph <jm.marzan@psa.gov.ph>

Cc: <j.sarabia@psa.gov.ph>, <c.demesa@psa.gov.ph>, <ppdo.isur1@gmail.com>, <ellaflorab.00@gmail.com>

Dear Sir/Madam:

Greetings!

The Provincial Statistics Committee (PSC) of Ilocos Sur invites your office to participate in the **Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026** on **15 October 2026 (Thursday), 4:00PM** at **Plaza Burgos, Vigan City, Ilocos Sur**.

Attached are the guidelines for both activities for your reference. Interested participants may register through this link:
<https://tinyurl.com/37thNSMWalkZumba>

We look forward to your participation and continued support in celebrating the 37th National Statistics Month.

Thank you very much.

Very truly yours,

AR/EnP. ESTRELITA I. RUGNAO

PSC-Chairperson

PPDC, PPDO Ilocos Sur

Sent by:

(Ms.) CHRISSELLE R. DE MESA

Statistical Specialist II

Ilocos Sur Provincial Statistical Office

Philippine Statistics Authority

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REPUBLIC OF THE PHILIPPINES
PROVINCIAL GOVERNMENT OF ILOCOS SUR
PROVINCIAL STATISTICS COMMITTEE



Reference No. 2026-0042

09 October 2026

Ms. JEANETTE M. MARZAN

Chairperson

Interagency Committee in Civil Registration and Vital Statistics – Ilocos Sur
Vigan City, Ilocos Sur

Subject: Invitation to Participate in the Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026 on 15 October 2026

Dear Chairperson Marzan:

Greetings!

In celebration of the **37th National Statistics Month (NSM)**, with the theme "*Tuklas Pilipinas: Statistics as Beacon Towards Inclusive, Resilient, and Sustainable Tourism*," the **Provincial Statistics Committee (PSC) of Ilocos Sur**, in coordination with the Philippine Statistics Authority (PSA) Ilocos Sur Provincial Statistical Office, cordially invites your office to participate in the **Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026** on **15 October 2026 (Thursday), 4:00PM at Plaza Burgos, Vigan City, Ilocos Sur**.

The NSM Fun Walk aims to raise public awareness of the importance of statistics in promoting tourism development, preserving cultural heritage, and strengthening evidence-based governance. Through a symbolic walk around the historic City of Vigan, the activity seeks to highlight the role of reliable and relevant statistics in advancing inclusive, resilient, and sustainable tourism.

Immediately after the Fun Walk, participants are invited to join the NSM Zumba session, which aims to promote health and wellness, strengthen camaraderie, and foster meaningful partnerships among government agencies, local government units, the academe, the media, and the private sector.

In this regard, **we respectfully invite your office to send representatives to join both activities** and demonstrate your support for the celebration of the 37th NSM. Your participation will contribute to the promotion of statistical awareness, inter-agency collaboration, and a shared commitment to sustainable tourism and development in the province.

For your reference and guidance, attached are the respective guidelines for the Steps for Statistics: NSM Fun Walk 2026 and Move with the Numbers: NSM Zumba 2026, which provide the activity details and participation mechanics. Interested participants may register through the following link: <https://tinyurl.com/37thNSMWalkZumba>

Secretariat: **Philippine Statistics Authority – Ilocos Sur Provincial Statistical Office**
3/F UNP Town Center, Tamag, Vigan City, Ilocos Sur 2700

pscilocossur2025@gmail.com/ ilocossur@psa.gov.ph ☐ Telephone: (077) 674-4201 ☐ Telefax: (077) 632-0905



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PROVINCIAL STATISTICS COMMITTEE



For any inquiries or further clarification, you may contact the **PSC Secretariat**, **Mr. John Michael S. Sarabia**, at **0968-392-3634** or via email at **ilocossur@psa.gov.ph** or **pscilocossur2025@gmail.com**.

We sincerely hope for your favorable response and active participation in these activities. Thank you for your continued support and cooperation in promoting the importance of statistics in building a more inclusive, resilient, and sustainable Ilocos Sur.

Very truly yours,

AR/EnP. ESTRELITA I. RUGNAO
PSC-Chairperson
PPDC, PPDO Ilocos Sur

JMSS/CRD

Attachments:

1. *Guidelines: 37th NSM 2026 Provincial Fun Walk*
2. *Guidelines: 37th NSM 2026 Provincial Zumba*



GUIDELINES FOR “STEPS FOR STATISTICS: NSM FUN WALK 2026”

Theme: *“Tuklas Pilipinas: Statistics as Beacon Towards Inclusive, Resilient, and Sustainable Tourism”*

I. OVERVIEW

The Steps for Statistics: NSM Fun Walk 2026 is organized by the Provincial Statistics Committee (PSC) of Ilocos Sur in coordination with the Philippine Statistics Authority (PSA) Ilocos Sur Provincial Statistical Office as part of the celebration of the 37th National Statistics Month (NSM).

The activity aims to promote public awareness on the importance of statistics in understanding and advancing tourism development, heritage preservation, and evidence-based governance. Through a symbolic walk around the historic City of Vigan, participants will demonstrate support for the NSM theme and emphasize the vital role of statistics as a guide toward inclusive, resilient, and sustainable tourism.

II. QUALIFIED PARTICIPANTS

The activity is open to the invited members and representatives of the following:

- a. Provincial Statistics Committee;
- b. Local Government Units (LGUs);
- c. National Government Agencies (NGAs);
- d. Academe;
- e. Media; and
- f. Private Sectors.

Participants may register through this link: <https://tinyurl.com/37thNSMWalkZumba>

III. ACTIVITY DETAILS

Date: 15 October 2026 (Thursday)
Assembly Time: 3:30 PM
Program Start: 4:00 PM
Start Point: Plaza Burgos, Vigan City, Ilocos Sur
Fun Walk Route: Plaza Burgos → Calle A. Reyes → Liberation Boulevard → Calle Crisologo → Plaza Burgos (See Attachment 1 for the Route Map)

(Immediately after the Fun Walk, participants shall gather at Plaza Burgos for the NSM Zumba Session.)



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IV. MECHANICS

- a. Participants shall register at the designated registration area prior to the start of the activity.
- b. Participants are encouraged to wear comfortable attire suitable for walking and physical activity.
- c. Participating agencies and organizations are encouraged to wear matching shirts, uniforms, or NSM-themed attire.
- d. Participants are encouraged to bring banners, placards, or advocacy materials promoting the 37th NSM theme and the importance of statistics in tourism and development.
- e. The Fun Walk is non-competitive and shall focus on participation, advocacy, and community engagement.
- f. Participants shall observe traffic and safety regulations throughout the route.
- g. Littering is strictly prohibited. Participants are encouraged to observe environmental responsibility during the activity.
- h. Any participant with medical conditions is advised to take necessary precautions and consult a physician before joining.

V. TIMETABLE

Activity	Time
Registration and Assembly	3:30PM
Opening Program and Safety Briefing	4:00PM
Start of Fun Walk	4:15PM
Completion of Route	5:00PM
NSM Zumba Session	5:00PM – 5:40PM
Closing Announcements	5:40PM

VI. SAFETY AND SECURITY

- a. Participants shall follow the instructions of organizers, marshals, and security personnel at all times.
- b. Emergency response and first-aid personnel shall be stationed at designated locations throughout the activity.
- c. Participants are encouraged to stay hydrated, wear appropriate attire, and observe proper health and safety practices throughout the activity.
- d. The organizers reserve the right to suspend or modify the activity in case of unfavorable weather conditions or other unforeseen circumstances.

VII. ORGANIZERS

Philippine Statistics Authority (PSA) – Ilocos Sur Provincial Statistical Office

Should there be concerns and clarifications, kindly reach out to **Ms. Chrisselle R. De Mesa**, PSA Ilocos Sur, at **0917-139-0579**.

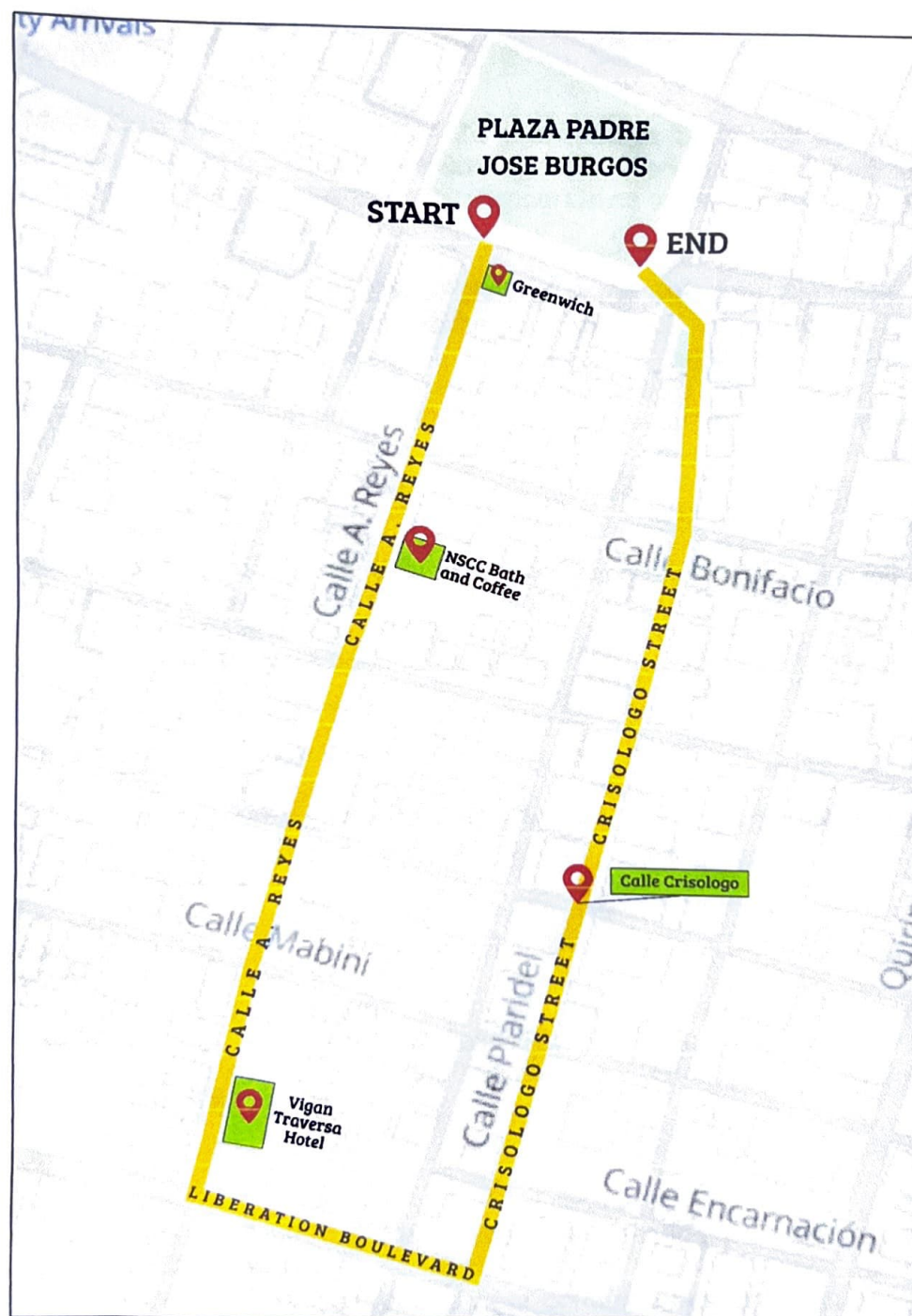


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Attachment 1

**Route Map for the 37th National Statistics Month
Fun Walk in Ilocos Sur**





GUIDELINES FOR "MOVE WITH THE NUMBERS: NSM ZUMBA 2026"

Theme: *"Tuklas Pilipinas: Statistics as Beacon Towards Inclusive, Resilient, and Sustainable Tourism"*

I. OVERVIEW

The Move with the Numbers: NSM Zumba 2026 is organized by the Provincial Statistics Committee (PSC) of Ilocos Sur in coordination with the Philippine Statistics Authority (PSA) Ilocos Sur Provincial Statistical Office as part of the celebration of the 37th National Statistics Month (NSM).

The activity will be conducted immediately after the Steps for Statistics: NSM Fun Walk 2026 and aims to promote health, wellness, camaraderie, and active participation among stakeholders. It also seeks to reinforce the importance of statistics in nation-building and tourism development while fostering stronger partnerships among government agencies, local government units, the academe, media, and the private sector.

II. QUALIFIED PARTICIPANTS

The activity is open to the invited members and representatives of the following:

- a. Provincial Statistics Committee;
- b. Local Government Units (LGUs);
- c. National Government Agencies (NGAs);
- d. Academe;
- e. Media; and
- f. Private Sectors.

Participants may register through this link: <https://tinyurl.com/37thNSMWalkZumba>

III. ACTIVITY DETAILS

Date: 15 October 2026 (Thursday)
Assembly Time: 4:45 PM
Program Start: 5:00 PM
Venue: Plaza Burgos, Vigan City, Ilocos Sur
Duration: Approximately 30 minutes

IV. MECHANICS

- a. Participants of the NSM Fun Walk are automatically eligible to participate in the Zumba Activity.
- b. Participants are encouraged to wear comfortable sportswear, rubber shoes, or agency shirts suitable for physical activity.
- c. Participating agencies and organizations are encouraged to wear matching shirts, uniforms, or NSM-themed attire.



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- d. Participants shall follow the instructions of the designated Zumba instructor and activity facilitators.
- e. Participants are encouraged to bring drinking water and observe proper hydration throughout the activity.
- f. The activity is non-competitive and intended for recreation, wellness, and fellowship.
- g. Participants shall observe proper decorum and courtesy during the activity.

V. TIMETABLE

Activity	Time
Assembly and Warm-up Exercises	4:45PM
Opening Announcements	5:00PM
Zumba Session Proper	5:05PM
Cool Down Exercises	5:30PM
Group Photo Opportunity	5:35PM
Closing Announcements	5:40PM

VI. SAFETY AND SECURITY

- a. Participants shall perform appropriate stretching and warm-up exercises before the activity.
- b. Participants with existing medical conditions are advised to take necessary precautions and consult their physician prior to participation.
- c. Participants are encouraged to stay hydrated and exercise at their own pace.
- d. Emergency response and first-aid personnel shall be on standby during the activity.
- e. Participants who experience discomfort, dizziness, or fatigue should immediately stop and seek medical assistance.
- f. The organizers reserve the right to suspend or modify the activity in case of unfavorable weather conditions or unforeseen circumstances.

VII. ORGANIZERS

Philippine Statistics Authority (PSA) – Ilocos Sur Provincial Statistical Office

Should there be concerns and clarifications, kindly reach out to **Ms. Chrisselle R. De Mesa**, PSA Ilocos Sur, at **0917-139-0579**.