



2610-1294

Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

14 OCT 2026

Division Memorandum
No. 896, s. 2026

**CONDUCT OF CARDIO-PULMONARY RESUSCITATION (CPR) CARAVAN AND
GLOBAL HANDWASHING ACTIVITY IN CELEBRATION OF
RED CROSS YOUTH MONTH 2026**

To: Assistant Schools Division Superintendent
Chief Education Supervisors (CID & SGOD)
Public Elementary and Secondary School Heads
All others concerned

1. In reference to the letter of Philippine Red Cross-Ilocos Sur Chapter regarding the celebration of Red Cross Youth Month this October 2026, the agency will be conducting a CPR (Cardio-Pulmonary Resuscitation) Caravan and Global Hand Washing activity in schools on **October 15, 2026 and October 19, 2026**.

2. This activity aims to promote awareness of the importance of Cardio-Pulmonary Resuscitation (CPR, basic lifesaving techniques, and proper handwashing practices. It also fosters preparedness, personal hygiene, volunteerism, and culture of safety and compassion within the school community.

3. The activity will be conducted in the following schools:

Name of School	Date	Time
Vigan National High School West	October 15, 2026	4:00 PM
Pantay Integrated School	October 15, 2026	4:00 PM
Ayusan-Paoa Elementary School	October 15, 2026	4:00 PM
Vigan National High School East	October 19, 2026	4:00 PM

4. The School Heads of the identified schools are hereby requested to extend the necessary assistance and support to facilitate the conduct of activity in their respective schools.

5. Attached is the copy of the letter of Philippine Red Cross for reference.

6. Immediate dissemination of this memorandum is desired.



Vilma D. EDA
VILMA D. EDA, CESO V
Schools Division Superintendent

SGOD/RQRJR/adb



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Website: www.redcross.org.ph

October 13, 2026

DR. VILMA EDA, CESO V

Schools Division Superintendent
Vigan City, Ilocos Sur

SCHOOLS DIVISION OFFICE
DEPED VIGAN CITY

13 OCT 2026

RECEIVED

Subject: Request for Permission to Conduct a CPR Caravan and Global Handwashing Activity in Celebration of Red Cross Youth Month 2026

Dear Madam:

Greetings of peace and service!

Throughout the Philippine Red Cross (PRC), through the Red Cross Youth Department, celebrates Red Cross Youth Month on October 2026, to recognize the vital role of young people in advancing humanitarian action, volunteer service, leadership development, health promotion, disaster preparedness, lifesaving initiatives, and community engagement.

This annual celebration provides meaningful opportunities for **Red Cross Youth (RCY)** volunteers to enhance their knowledge, skills, leadership, and commitment to humanitarian service guided by the theme: **"Red Cross Youth in Action: Ready to LEAD. Ready to SERVE. Ready to RESPOND."** This theme highlights the important role of young people as catalysts for positive change—empowered to lead with purpose, serve with compassion, and respond with confidence during times of need.

In line with this celebration, we respectfully **request permission** from your good office to conduct a **CPR Caravan and Global Handwashing Activity** in the following schools:

Name of School	Date	Time
Vigan National High School West	October 15, 2026	9:00 AM
Pantay Integrated School	October 15, 2026	2:00 PM
Ayusan Paoa Elementary School	October 15, 2026	4:00 PM
Vigan National High School East	October 19, 2026	9:00 AM

These activities aim to promote awareness of the importance of cardiopulmonary resuscitation (CPR), basic lifesaving techniques, and proper handwashing practices. These initiatives seek to foster preparedness, personal hygiene, volunteerism, and a culture of safety and compassion within the school community.

In this regard, we humbly seek your approval and support for the successful implementation of these activities. We assure you that the activities will be conducted responsibly and in coordination with the concerned school authorities, while observing applicable safety protocols and guidelines.

We sincerely appreciate your time and consideration of our request. Thank you very much.

Respectfully yours,


VERONICA T. TACTAY, RMT
Chapter Administrator


0975 797 1918

Ready to LEAD. Ready to SERVE. Ready to RESPOND

PHILIPPINE RED CROSS
National Headquarters
Mandaluyong City

28 September 2026

Circular Memo No. 84
Series of 2026

FROM THE SECRETARY GENERAL

To : All Chapter Administrators / Officers-In-Charge
: All Blood Center Managers
: All NHQ Service Managers

SUBJECT : Red Cross Youth Month Celebration 2026

The Philippine Red Cross (PRC), through the Red Cross Youth Department, shall celebrate **Red Cross Youth Month throughout October 2026** in recognition of the vital role of young people in advancing humanitarian action, volunteer service, leadership development, health promotion, disaster preparedness, life-saving initiatives, and community engagement.

This annual celebration seeks to provide meaningful opportunities for Red Cross Youth (RCY) volunteers to strengthen their knowledge, skills, leadership, and commitment to humanitarian service. It also aims to encourage youth-led initiatives and active participation in addressing the needs and challenges of their communities.

For 2026, the Red Cross Youth Month Celebration shall be guided by the theme:

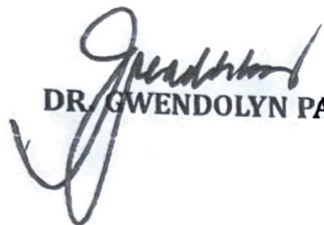
"Red Cross Youth in Action: Ready to LEAD. Ready to SERVE. Ready to RESPOND."

This theme highlights the important role of young people as catalysts of positive change—empowered to lead with purpose, serve with compassion, and respond with confidence during times of need. It is anchored on the following pillars:

- **READY TO LEAD** – Empowering young people to become responsible, capable, and compassionate leaders who inspire positive change in their communities;
- **READY TO SERVE** – Fostering a spirit of volunteerism by translating care, empathy, and humanitarian values into meaningful service for others; and
- **READY TO RESPOND** – Building preparedness, resilience, and the confidence to take action during emergencies, disasters, and humanitarian situations.

To guide the implementation of the celebration and ensure nationwide participation, a **Month-Long Activities Guide for the 2026 Red Cross Youth Month Celebration** is attached hereto. The attached activities serve as a reference for Chapters in organizing and conducting youth-focused programs, campaigns, training, volunteer engagements, and humanitarian initiatives aligned with the theme and objectives of the celebration.

Thank you for your usual support.


DR. GWENDOLYN PANG

Required Action:

Scan to acknowledge receipt of
Circular Memo No. 84
Series of 2026



The 2026 Red Cross Youth Month Celebration with the theme:

"Red Cross Youth in Action: Ready to LEAD. Ready to SERVE. Ready to RESPOND."

1. NATIONAL YOUTH CONGRESS

OBJECTIVES:

The National Youth Congress aims to:

1. Strengthen youth leadership and participation by developing the leadership, confidence, and representation of RCY volunteers.
2. Promote meaningful humanitarian service and volunteerism by engaging RCY volunteers in community service and supporting PRC Core Services..
3. Enhance youth preparedness and response capacity by equipping RCY volunteers with the knowledge, skills, and commitment to take timely and meaningful action during emergencies.

The **National Youth Congress** shall be conducted on **October 24–25, 2026 via Zoom Platform** as part of the Red Cross Youth Month Celebration 2026. It shall provide a national platform for RCY leaders and representatives to engage in leadership development, humanitarian action, youth participation, organizational development, and youth representation.

The Congress shall focus on three major thematic areas aligned with the Red Cross Youth Month 2026 theme:

- **RCY LEAD – Ready to Lead**
Focuses on strengthening youth leadership, participation, and representation, and inspiring RCY volunteers to become responsible, confident, and compassionate leaders.
- **RCY SERVE – Ready to Serve**
Highlights the role of RCY volunteers in humanitarian service, volunteerism, community engagement, and the mobilization of the RCY network in support of PRC Core Services.
- **RCY RESPOND – Ready to Respond**
Emphasizes youth preparedness, humanitarian response, compassionate leadership, and the capacity of young volunteers to take timely and meaningful action during emergencies and times of need.

The National Youth Congress shall feature plenary sessions and discussions led by invited speakers and resource persons whose expertise and roles are aligned with the **LEAD, SERVE, and RESPOND** themes.

The Plenary Sessions:

Session	Theme	Topic
Plenary Session #1	RCY LEAD	<i>"RCY Volunteers to Global Leaders"</i>
Plenary Session #2	RCY SERVE	<i>"Mobilizing the RCY Network as the Catalyst for Community Resilience through RC 143 and PRC Core Services"</i>
Plenary Session #3	RCY RESPOND	<i>"Enabling the Youth: Leading with Compassion through humanitarian action"</i>
DepEd Talk	DepEd-PRC Partnership	RCY <i>"Keeping the DepEd-PRC RCY Pulse Alive Amidst Changing Lives"</i>
NYC Election	Youth Leadership and Representation	<i>"Driving Change Through Voice and Vote"</i>

The Congress shall also include an **Opening Program**, **National Youth Council Election**, and **Closing Program**, providing opportunities for participants to engage in youth leadership, representation, organizational discussions, and recognition of youth contributions.

There shall be **no registration fee** for the National Youth Congress. Chapters may participate through the online platform and may gather RCY delegates and observers in one venue or Chapter facility with reliable internet connectivity. Chapters shall support and provide meals and snacks for participating RCY delegates.

2. CHAPTER YOUTH ASSEMBLY

All PRC Chapters are encouraged to facilitate the conduct of their respective **Chapter Youth Assemblies** as part of efforts to strengthen meaningful youth participation and leadership within the organization.

The Chapter Youth Assembly shall provide young people with a platform to express their views, identify priorities, strengthen youth representation, and participate in organizational processes and decisions affecting youth and humanitarian action.

The Chapter Youth Assembly shall be implemented across PRC Chapters from **October to December 2026**, with the guidance and support of the concerned offices and in coordination with the Red Cross Youth Department.

3. CHAPTER- AND SCHOOL-BASED RCY ACTIVITIES

Chapters and School-Based RCY Councils are encouraged to conduct activities throughout **October 1-31, 2026**, aligned with the three pillars of **Ready to Lead, Ready to Serve, and Ready to Respond**, and responsive to the current needs of their respective communities.

The activities include:

Leadership and Council Development

- One Volunteer Database;
- 4Rs Orientation to RCYAL and Advisers, CYC Officers, Youth Instructors, and RCY Volunteers;
- Mass Organization of RCY Councils;
- Election of Officers and Process Council Accreditation;
- Council Management Training; and
- Mass RCY Registration for MAAB.

Humanitarian, Health, Safety, and Welfare Activities

- Pledge 25 Program Blood Donation and Symposium Program;
- Support to Health Caravan Activities;
- CPR Caravan in Schools;
- Junior First Aiders Program;
- Child Friendly Space;
- Mental Health and Psychosocial Support (MHPSS) Session;
- Health Session on Leptospirosis and posting of information materials in schools and barangays; and
- Clean-Up Drive and activities supporting dengue prevention.

Disaster Risk Reduction, Climate, and Environmental Activities

- DRR Virtual Summit;
- Tree and/or Mangrove Planting through **RC 143 Project Luntian**; and
- Other appropriate climate, environmental, and community preparedness activities.

The above activities are suggested activities for Chapters and School-Based RCY Councils and may be implemented based on the needs, capacity, and context of the respective Chapter, school, and community.

HIGHLIGHTED OCTOBER ACTIVITIES

Chapters and RCY Councils are encouraged to maximize relevant October observances and celebrations as opportunities for youth engagement and humanitarian action.

The following dates may be highlighted:

Date	Highlighted Activity/Observance
October 5, 2026	World Teachers' Day
October 13, 2026	International Day of Disaster Risk Reduction
October 15, 2026	Global Handwashing Day
October 17, 2026	Mental Health Awareness Month

Chapters may organize appropriate RCY activities in support of these observances, consistent with the objectives and three pillars of the Red Cross Youth Month Celebration 2026.

IMPLEMENTATION

The Red Cross Youth Month Celebration shall involve Chapter-based, school-based, community-based, and online activities, depending on the nature and requirements of each activity.

All Chapters, through their respective Chapter Service Representatives-RCY/Focal Persons, are requested to:

1. Disseminate the Red Cross Youth Month Celebration 2026 activities and opportunities to RCY volunteers, schools, communities, and youth partners;
2. Encourage and facilitate the participation of RCY volunteers in the various activities of the celebration;
3. Support and facilitate the conduct of the Chapter Youth Assembly within the prescribed implementation period;
4. Encourage youth volunteers and RCY Councils to undertake meaningful humanitarian and community-based initiatives;
5. Coordinate with concerned PRC offices, schools, communities, partners, and other stakeholders, as appropriate; and
6. Ensure proper documentation and reporting of activities conducted during the celebration.

The implementation of the Red Cross Youth Month Celebration shall follow the prescribed activities and timelines, while allowing Chapters to undertake additional initiatives appropriate to their local context.

TARGET PARTICIPANTS

The celebration shall involve the following:

- Red Cross Youth volunteers;
- RCY Council officers and members;
- RCY Chapter Service Representatives/ Focal Persons;
- RCY advisers and youth instructors;
- Children and youth in schools and communities;
- Community members and volunteers;
- Schools and educational institutions;
- Partner communities and organizations; and
- Other stakeholders supporting Red Cross Youth activities.

The celebration aims to create opportunities where more young people can **participate, learn, volunteer, and contribute to humanitarian action**, with young people at the center of the celebration.

IMPLEMENTATION TIMELINE

The following activities shall guide the implementation of the Red Cross Youth Month Celebration 2026:

Period	Activity
September 29–30, 2026	Dissemination of Circular Memo and Concept Note
September 30, 2026	CSR-RCY/Focal Meeting and related coordination
1st–2nd Week of October 2026	Registration and confirmation of National Youth Congress participants and candidates for submission to NHQ RCY for review and resource mapping
2nd–3rd Week of October 2026	Finalization and follow-up of Chapter participation
October 24–25, 2026	National Youth Congress Proper
1st–4th Week of October 2026	Monitoring and Evaluation

- Chapter Youth Assembly shall likewise be conducted across PRC Chapters from October to December 2026.

REPORTING AND REPORTING

The Red Cross Youth Department shall consolidate the accomplishments of the Chapters and participating RCY Councils based on the required reports for the activities conducted during the celebration.

All Chapters shall submit their accomplishment reports for activities conducted during **October 2026** in **Excel format** to rcy@redcross.org.ph, with a copy furnished to nyc@redcross.org.ph, no later than **5:00 PM, October 30, 2026**.

Reports shall include, as applicable:

1. Number of participants;
2. Number of participating RCY Councils;
3. Activities conducted and dates;
4. Number of persons trained or reached;
5. Blood donation accomplishments;
6. Climate and environmental action accomplishments;
7. RCY Council monitoring data;
8. Training and webinar participation;
9. Community preparedness activities; and
10. Photo documentation and other supporting documents.

The **RCY Month 2026 Reporting Template** may be accessed through:

tinyurl.com/RCYMonth2026-Reporting

The consolidated report shall serve as the basis for documenting the reach and accomplishments of the 2026 Red Cross Youth Month Celebration and for identifying areas for improvement in succeeding RCY activities.

SUSTAINABILITY

The Red Cross Youth Month Celebration shall not be limited to activities conducted during October. Chapters and RCY Councils are encouraged to sustain initiatives developed during the celebration, particularly in the areas of blood donation advocacy, life-saving education, climate and environmental action, youth leadership, health promotion, learning activities, and community disaster preparedness.

The results, experiences, partnerships, and lessons generated from the celebration shall likewise contribute to succeeding RCY programs, capacity-building initiatives, and youth engagement strategies of the Philippine Red Cross.

The celebration is intended to serve as a platform for sustained youth action beyond October and to strengthen the spirit of volunteerism and humanitarian action among young people and their communities.

All Chapter Administrators/Officers-in-Charge are requested to extend their full support and ensure the effective dissemination and implementation of the Red Cross Youth Month Celebration 2026 within their respective Chapters.

For questions and clarifications, please coordinate with the **Red Cross Youth Department - National Headquarters** through **rcy@redcross.org.ph**, with a copy furnished to **nyc@redcross.org.ph**.