TC: 2611-2561

Republic of the Philippines
Department of Education
REGION I
SCHOOLS DIVISION OF VIGAN CITY

Division Memorandum
No. 1039, s. 2026

CONDUCT OF PROJECT SIBOL (SAFEGUARDING AND INFLUENCING OUR BIGUENIO YOUTH TOWARDS OPTIMUM LEVEL OF HEALTH)

To: Assistant Schools Division Superintendent
Chief Education Supervisors (CID & SGOD)
Public Elementary, Integrated and Secondary School Heads
All others concerned

1. In reference to the letter of LGU Vigan City regarding the implementation of Project Sibol (Safeguarding and Influencing our Biguenio Youth Towards Optimum Level of Health), a launching activity will be held at **Vigan National High School East** on **November 27, 2026 at 4:00 PM**.

2. This activity aims to promote health awareness through various activities and provide essential health services to the youth.

4. The School Heads are hereby requested to extend the necessary assistance and support to facilitate the conduct of activity in their respective schools.

5. Attached is the copy of the letter, schedule of activities and schedule of each schools for the said project.

6. For coordination, please contact Ms Mylene Amano-Bogaoan, Vigan City Health Office Personnel at cellphone number 0917-8253535.

7. Immediate dissemination of this memorandum is desired.

VILMA D. EDA, CESO V
Schools Division Superintendent

SGOD/RQRJR/adb

SCHOOLS DIVISION OFFICE
DEPED VIGAN CITY
20 NOV 2026
RELEASED
BY

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Republic of the Philippines
Province of Ilocos Sur
CITY OF VIGAN
OFFICE OF THE CITY MAYOR

2611- 2561
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November 18, 2026

MS. VILMA S. EDA, CESO V
Division Superintendent
Vigan City School Division
Barangay IX, Vigan City

Dear Superintendent EDA:

Warm Greetings!

The City Health Office of Vigan City will be implementing Project SIBOL (Safeguarding and Influencing our Bigueño Youth Towards Optimum Level of Health) and Kalusugan on Wheels: Youth Edition, which aims to promote health awareness and provide essential health services to the youth.

In line with this, we respectfully request the support and cooperation of your office in facilitating the conduct of these activities in selected schools in Vigan City. The launching activity will be held at **Vigan National High School East on November 27, 2026, at 4:00 PM**.

The program will include health education sessions, mental health awareness, adolescent health promotion, and other essential health services to encourage students to adopt healthy lifestyles and become more responsible for their overall well-being. *Attached herewith is the proposed flow of activities for your reference and guidance*.

We look forward to your favorable response and continued support for this initiative.For coordination and other details regarding the activity, **Ms. Mylene Amano-Bogaoan (09178253535)** of the Vigan City Health Office will be closely coordinating with you.

Thank you for your continued support!

Sincerely,

RANDOLF "RANDY" SINGSON
City Mayor

/CHO
/LFAR__

Project SIBOL (Safeguarding and Influencing our Bigueño Youth Towards Optimum Level of Health) and *Kalusugan on Wheels*: Youth Edition

Part I: **7:30 Onwards**

- Profiling of Adolescents
- Health Assessment (Vital Signs Taking, Height and Weight Monitoring)
- Medical Consultation (Open to Teachers, Staff, Parents, and Students)
- Laboratory/Diagnostic Services (Open to Teachers, Staff, Parents, and Students)
    - Hematocrit and Hemoglobin- ***Feeding BF (Target beneficiaries)***

Part II: **4:00 PM**

- **Launching and Caravan**
    - **Distribution of Menstrual Kits and Pogi Kits**

For succeeding schools, Part I and Part II **will be done simultaneously.** *The school will be in charge of scheduling the students to ensure that there will be no interruption of classes*

SCHEDULE

	SCHOOL	Activities
November 27	VNHS East	**SIBOL and KOW**
December 2	VNHS West	
December 7	Pantay Integrated School	
December 9	ISNHS	**SIBOL and KOW**
December 10	Camangaan Integrated School	
December 11	Ayusan-Paoa Elementary School *(PILOT for Elem School in prep for next year expansion)*	
December 14	9:00 AM Raois Elem School 10:00 AM Nagsangalan Elem School 11:00 AM San Julian Sur Elem School 11:30 AM Capangpangan Elem 1:30 PM Mindoro Elem School 2:30 PM Bulala Paratong Elem School	Distribution of Menstrual Kits to remaining Schools
December 15	9:00 AM Jose Singson Elem School 10:00 AM BMSE 11:00 AM BMSW 1:30 AM VCS	

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